



N A N A I M O

Grab 'N Go Kit

A separate Grab 'n Go kit for your home, office and vehicle can supplement your family emergency preparedness supply. These kits should be readily available in the circumstance of having to leave your car or premises quickly.

Your kit should contain:

- An extra set of keys to your house and vehicles, safe deposit box etc.
- Copies of your identification papers (licenses, birth certificates, health cards)
- Cash and banking information
- Flashlights with batteries
- AM/FM battery powered radio with batteries
- Required medication and prescription drug information
- Information and pet supplies if taking pets along
- Things to keep children busy
- Some non perishable food items
- Bottled water and
- Contact list: family friends doctors names and phone numbers.



Emergency Management Division – 250-753-7311

Preparedness is Everyone's Responsibility