

News Release

FOR IMMEDIATE RELEASE

Youth Contribute over 10,000 Volunteer Hours *Another Successful Summer for the LIT & Quest Programs*

Nanaimo BC, September 13, 2017

This summer 115 energetic youth participated in the Leaders in Training and Quest programs with the City of Nanaimo, following in the footsteps of local youth since 1982. This dedicated group contributed more than 10,000 volunteer hours in the community at day camps, the playground program, family fun nights, community special events and so much more.

LIT and Quest Leader Lauren Rogers describes the programs as a win/win situation. “The Leaders in Training (LIT) and Quest programs are enriching, not only for their participants, but for the community as a whole. As LITs and Quests, the youth gain leadership experience, build confidence in themselves, make friends and develop employable skills to set them up for success as adolescents. By volunteering at a variety of placements, community members and organizations benefit by having a team of volunteers that are determined to lead effectively and help.”

Megan Lum, Recreation Coordinator, would like to remind Nanaimo youth that registration is now open for the 2017/2018 season and encourages those interested in LIT or Quest to sign up early as the programs can fill up quickly. She adds, “the participants earn volunteer hours which can be used for high school graduation requirements. The many experiences they receive help shape them into positive and engaged citizens.” Megan would also like to take the opportunity to thank Coast Capital Savings. “We were thrilled this year to receive a \$4,000 grant to put towards these programs and would like to acknowledge their support”.

If you would like more information on the LIT and Quest programs please email youth@nanaimo.ca or check out the [youth section](#) in the 2017 Fall/Winter Activity Guide.

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