



PROCLAMATION

MITOCHONDRIAL DISEASE AWARENESS WEEK September 14 - 20, 2026

WHEREAS: The human body is fuelled by trillions of microscopic powerhouses called mitochondria. Present in almost every cell in our bodies, these tiny but mighty, energy-producing structures generate the energy we need to survive. When there is dysfunction with these important structures in one or more parts of our bodies, we see Mitochondrial Diseases appear; and

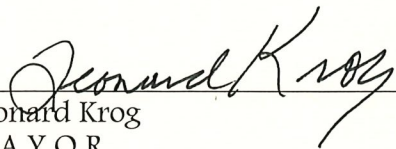
WHEREAS: There are hundreds of mitochondrial diseases, and because mito is very hard to diagnose, many people don't realize that they have these diseases. There is a strong need for more mitochondrial disease research to support those living with and caring for a loved one with mito, and for clinicians to be able to diagnose and treat Canadians living with mito; and

WHEREAS: World Mitochondrial Disease Week this year is from September 14th - 20th. The goal of this week is to raise awareness for mitochondrial health and diseases on a global scale. The initiative helps to raise awareness for mitochondrial diseases in Canada, and across the globe, which can be crucial for the development of treatments, research on the disease, and providing support to those living with Mito.

NOW THEREFORE, I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim September 14 - 20, 2026 as:

MITOCHONDRIAL DISEASE AWARENESS WEEK

in the City of Nanaimo, Province of British Columbia.


Leonard Krog
MAYOR

Dated this 14th day of May 2026

