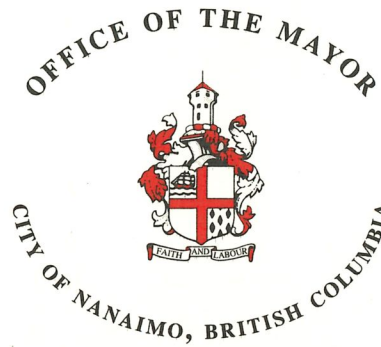




PROCLAMATION

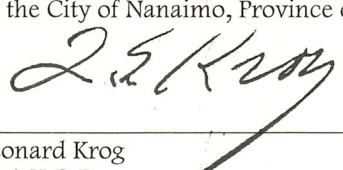
TALK TO A STRANGER WEEK November 23 ~ 29, 2026

- WHEREAS: Talk To A Stranger Week, taking place from November 23 ~ 29, 2026, is a national campaign led by GenWell, Canada's Human Connection Movement, that raises awareness of the benefits of talking to strangers and encourages Canadians to make these everyday interactions happen; and
- WHEREAS: talking to strangers provides an opportunity to build connection and community, while encouraging Canadians to look beyond their usual social circles and engage with the people around them; and
- WHEREAS: Talk To A Stranger Week gives Canadians the opportunity, excuse, and permission to take a simple action that can make a positive difference in their own lives and the lives of others by saying hello, smiling, or striking up a conversation with someone they do not know; and
- WHEREAS: conversations with strangers can contribute to increased well-being, greater happiness and optimism, stronger empathy and compassion, higher levels of trust, and a heightened sense of connection with others
- WHEREAS: talking to strangers can also help reduce feelings of social isolation, disconnection, and loneliness, while creating more opportunities for people to feel connected to their communities; and
- WHEREAS: opportunities to talk to strangers can happen throughout everyday life, including while waiting in line, visiting a local business, enjoying public spaces, attending community activities, or simply sharing a moment with someone new; and
- WHEREAS: the City of Nanaimo recognizes the value of everyday social connection and encourages residents to build healthier connection habits by creating more opportunities to talk with people they do not know; and
- WHEREAS: the City of Nanaimo encourages residents to participate in Talk To A Stranger Week from November 23 ~ 29, 2026, by taking a moment to say hello, ask a question, or start a conversation with a stranger.

NOW, THEREFORE, I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim September 23 ~ 29, 2026 as:

TALK TO A STRANGER WEEK

in the City of Nanaimo, Province of British Columbia.


Leonard Krog
MAYOR

Dated this 28th day of September 2026