



## **PROCLAMATION**

### **CELIAC AWARENESS MONTH May 2026**

WHEREAS: Celiac Disease (CD) is an autoimmune disorder that occurs when gluten—a protein found in wheat, rye and barley triggers an immune system reaction that damages the lining of the small intestine, thus impairing absorption of nutrients required to stay healthy; and

WHEREAS: an estimated 1% of people in Canada have CD, but the majority of these people are undiagnosed; and

WHEREAS: it is important for all British Columbians to be aware that CD is not a rare disease and that, if left untreated, CD can lead to malnutrition, causing anemia, osteoporosis and gastrointestinal cancer; and

WHEREAS: the Canadian Celiac Association offers information and support networks for people living with CD in British Columbia and across Canada.

NOW, THEREFORE, I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim May 2026 as:

### **CELIAC AWARENESS MONTH**

in the City of Nanaimo, Province of British Columbia.

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Mayor Leonard Krog  
City of Nanaimo

Dated this 14<sup>th</sup> day of January 2026

