

## PROCLAMATION

## WORLD PULMONARY HYPERTENSION (PH) DAY May 5, 2023

- WHEREAS: Pulmonary hypertension (PH) is a rare but very complex and serious lung disease, which is progressive and potentially fatal. PH is defined by high blood pressure in the lungs, which leads to enlargement and weakness of the right side of the heart-a serious type of heart failure. PH can strike people of all backgrounds, ages, and genders; and
- WHEREAS: common symptoms of PH (shortness of breath, bluish hands, feet and lips, chest pain, light-headedness, and extreme tiredness) are often misdiagnosed, delaying appropriate treatment; and
- WHEREAS: it is estimated that approximately 5,000 Canadians have been diagnosed with pulmonary hypertension, but as many as 10,000 may be affected by the condition; and
- WHEREAS: while there is currently no cure for PH, thanks to available treatments, many patients are living longer, healthier lives.

NOW, THEREFORE, I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim May 5, 2023 as:

## WORLD PULMONARY HYPERTENSION (PH) DAY

in the City of Nanaimo, Province of British Columbia.

25Km

Leonard Krog M A Y O R

Dated this 15<sup>th</sup> day of March 2023