

PROCLAMATION

HEART MONTH FEBRUARY/2015

WHEREAS: every seven minutes, someone dies from heart disease or stroke in

Canada. Help create more survivors; and

WHEREAS: the Heart and Stroke Foundaton's Mission is to prevent disease, save lives

and promote recovery. As a volunteer-based health charity, we strive to tangibly improve the health of every Canadian family, every day; and

WHEREAS: February is Heart Month in Canada, during which the Heart and Stroke

Foundation Person-to-Person Campaign takes place, to support on-going

heart disease and stroke life-saving programs and research; and

WHEREAS: we applaud and commend the thousands of volunteers, staff and

researchers of the Heart and Stroke Foundation for their dedication and

commitment and wish them continued success.

NOW THEREFORE, I, Bill McKay, Mayor of the City of Nanaimo, proclaim that the month of February be observed as "Heart Month" in the City of Nanaimo and I urge all citizens to contemplate their own heart health and to give as generously as they can to the Heart and Stroke Foundation *Person to Person* Campaign. Together, we can give Canadians more time and more life.

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DATED THIS 22ND DAY OF DECEMBER, 2014.