

## PROCLAMATION

## "WORLD MENTAL HEALTH DAY" OCTOBER 10/2014

WHEREAS: over 450 million individuals around the world are living with mental illness that could benefit from early diagnosis and appropriate and adequate treatment and support; and

WHEREAS: fewer than one-half of those who could benefit from early diagnosis and treatment for mental illness receive any treatment or care at all; and

WHEREAS: mental illness such as anxiety disorders, major depressive disorder; bipolar disorder; and schizophrenia are leading causes of poor work performance, family disruption, and even suicide, and contribute greatly to the global burden of disease; and

WHEREAS: these startling health statistics and the human toll they represent are often given little attention or concern by the general public, the general healthcare system, and elected and appointed public policy makers, resulting in inadequate priority being given those disorders; and

WHEREAS: the World Federation for Mental Health has designated the these for World Mental Health Day 2014 and urges increased effort and action intended to improve mental health services and ready access to services by those experiencing serious mental health problems and disorders.

NOW, THEREFORE, I, John Ruttan, Mayor of the City of Nanaimo, do hereby proclaim that October 10<sup>th</sup>, 2014, be known as:

"WORLD MENTAL HEALTH DAY

in the City of Nanaimo.

John Rutta

John Ruttan MAY OR

DATED THIS 6TH DAY OF OCTOBER, 2014.

