

Curbside Packaging & Printed Paper Recycling and Green Bin Guide

Please note that bi-weekly garbage collections remain unchanged

Inside Your Green Bin

Food Waste Including

- ✓ Baked goods
- ✓ Baking ingredients, herbs, spices
- ✓ Bones
- ✓ Bread, cereal, grains
- ✓ Candy
- ✓ Coffee grounds, filters, tea bags
- ✓ Dairy products, butter, mayonnaise
- ✓ Egg shells
- ✓ Fruit and vegetable scraps
- ✓ Meat, fish/seafood, poultry
- ✓ Nuts and shells
- ✓ Pasta, rice



Soiled Paper:

- ✓ Paper towels and tissues
- ✓ Cardboard (including waxed)
- ✓ Paper plates
- ✓ Paper fast food packaging
- ✓ Paper food packaging (unlined)
- ✓ Waxed paper, parchment paper

Soiled Paper Packaging:

(May be placed in Green Bin if used to store food waste or if heavily soiled)

- ✓ Ice cream and milk and cream cartons
- ✓ Gable top juice and soy milk cartons (plastic spouts removed)
- ✓ Paper cups

Other:

- ✓ Compostable bags (must have certified compostable logo)
- ✓ Houseplants, cut and dried flowers

Do Not Include:

- ✗ Plastic, metal or Styrofoam
- ✗ Biodegradable, oxy-degradable or plastic bags
- ✗ Drink boxes or Tetra Pak containers
- ✗ Yard and garden waste, feminine hygiene products, pet feces or cat litter

Inside Your Curbside Recycling Containers



Container Recyclables

- ✓ Paper hot and cold beverage cups, milk and cream cartons, aseptic boxes and cartons, e.g. soups, sauces; frozen dessert boxes, e.g. ice cream
- ✓ Metal cans and lids
- ✓ Aerosol cans (empty) and caps e.g. food, air freshener, shaving cream, deodorant, hairspray
- ✓ Spiral wound paper cans and lids
- ✓ Aluminum foil wrap, aluminum take-out and baking containers
- ✓ Plastic clamshells, e.g. for baked goods, fruit, eggs; tray and tops; tubs and lids
- ✓ Plastic cold drink cups and lids
- ✓ Plastic garden plant pots and seedling trays
- ✓ Plastic pails, e.g. for laundry detergent, ice cream, must be less than 25L

Do Not Include:

- ✗ Glass containers, plastic bags, film plastic or foam plastic (Styrofoam) **Take to MMBC Drop-Off Depot**
- ✗ Straws, non-paper insulating wraps
- ✗ Foil-lined cardboard lids
- ✗ Aerosol cans that contained paint, waxes, polishes, lubricants, solvents, pesticides or hazardous wastes
- ✗ Motor oil, lubricants, wax, solvents, flammable product or paint containers
- ✗ Metal pots, coat hangers, scrap metal or appliances
- ✗ Chip or foil bags, blister packs

Remember to:

- Empty and rinse containers
- Remove and recycle caps and lids
- Take deposit beverage containers to Return-It Depots

Paper Recyclables

- ✓ Newspapers, inserts, flyers, catalogues, magazines, telephone books
- ✓ Household paper, envelopes, paper gift wrap, greeting cards
- ✓ Corrugated cardboard
- ✓ Boxboard boxes, cereal, pizza boxes
- ✓ Moulded boxboard, e.g. egg cartons, beverage carry-out trays
- ✓ Paper bags with single and multiple paper layers, e.g. pet food bags without foil or plastic layers
- ✓ Shredded paper

Do Not Include:

- ✗ Hardcover or paperback books; non-paper gift wrap, e.g. foil, ribbons or bows; musical greeting cards with batteries; padded envelopes; boxes with wax coatings, e.g. shipping boxes for groceries; foil or plastic-lined paper or bags, e.g. for cookies and some pet food; paper towel, napkins or tissues

Remember to:

- Empty and rinse containers
- Flatten large corrugated boxes and tie in bundles no larger than 8" thick (20 cm) x 30" wide (78 cm) x 30" tall (78 cm); staples and tape accepted; place beside recycling containers
- Remove plastic wrap from cardboard flats
- Place shredded paper in a tied, clear plastic bag (no opaque, coloured or black bags)

Green indicates new material added to curbside recycling program.



WHAT IS MMBC?

Multi-Material BC is a not-for-profit organization funded by industry to collect and process printed paper and packaging through curbside collections and the provision of depot drop-off facilities.

For local information about Packaging and Printed Paper (PPP) Recycling: visit www.recycling2014.ca or contact Nanaimo Public Works at 250.758.5222.

For more information about MMBC, the province's PPP recycling program, please visit www.recyclinginbc.ca.



MMBC Depot Recycling Guide

The following items are not taken in curbside collections and can only be recycled at MMBC depots:



Plastic Bags and Overwrap

- ✓ Clear or opaque plastic bags for groceries, dry cleaning, bread, newspapers and flyers
- ✓ Outer bags and wrap for diaper and feminine hygiene products, paper towels, tissues, bulk paper products and soft drinks can flats
- ✓ Bags for produce, pre-washed salad, dry bulk foods and frozen vegetables
- ✓ Bags for water softener, salt, wood pellet and garden product bags
- ✓ Overwrap on mattresses, furniture and electronic equipment

Remember to:

- Cut off or remove metal grommets, rope drawstrings and non-plastic items from plastic bags

Do Not Include:

- ✗ Crinkly cellophane wrap (e.g. for tea, floral arrangements)*
- ✗ Plastic bags labelled biodegradable or compostable
- ✗ Zipper-lock bags; potato chip or snack bags*
- ✗ Kitchen plastic wrap or stretch wrap for meat, poultry, fish or cheese*
- ✗ Lumber or construction wrap*
- ✗ Plastic shipping envelopes
- ✗ Bubble packaging*
- ✗ Multi-layer or laminated plastic packaging (e.g. for bacon, deli meats, cheese slices, etc.)*

*item can be recycled at NRE



Glass Bottles and Jars

- ✓ Clear and coloured non-deposit glass bottles and jars

Remember to:

- Empty and rinse
- Recycle lids
- Take deposit containers to depot for deposit return

Do Not Include:

- ✗ Drink glasses; dishes; cookware; whole or broken window glass or mirrors; ceramic products



Styrofoam and Plastic Foam Packaging

- ✓ Plastic foam containers, trays for food and cushion packaging used to protect electronics, small appliances, etc.

Remember to:

- Remove labels, tape, paper and cardboard
- Please separate colours and white plastic foam

Do Not Include:

- ✗ Packing chips, peanuts or foam noodles
- ✗ Blue or pink foam board insulation

Nanaimo Multi-Material BC Drop Off-Depots

Drop off non-deposit glass containers, plastic bags and overwrap and Styrofoam plastic for recycling at the following locations:

Nanaimo Recycling Exchange

Open Mon - Sun, 7 am - 7 pm
2477 Kenworth Road, Nanaimo
Ph: 250.758.7777

Alpine Disposal & Recycling

Open Mon - Sat, 8 am - 4:30 pm
2250 McGarrigle Road, Nanaimo
Ph: 250.751.1089

Regional Recycling

Open Mon - Sat, 8:30 am - 5:30 pm &
Sun, 10 am - 4 pm
• 1805 Freemont Road, Nanaimo
• 2375 Hayes Road, Nanaimo
Ph: 250.751.2358

Please note these depots also accept all other packaging and printed paper materials accepted through the curbside recycling program, as well as other items. For more information on Packaging and Printed Paper recycling, visit www.recycling2014.ca



NANAIMO RECYCLING EXCHANGE - Still your one-stop-shop for recycling - MMBC Materials and more!

Product Stewardship Materials - The NRE accepts all products covered under BC Stewardship programs, except medications that can be returned to local pharmacies for recycling. Product stewardship materials collected for recycling at the NRE include electronics (TVs, computers, home audio equipment), small appliances and power tools, lighting products, batteries, paints, solvents and pesticides, and electronic toys. Please note these materials are not accepted in household garbage. Please note the NRE also accepts non-MMBC materials, including bubble wrap, ziploc bags, books and hard plastic.

Yard Waste Drop-off - The NRE provides a convenient yard waste drop-off service for the Nanaimo area. There is a \$5 minimum charge for small loads, \$10 for a pick-up truck or van, and \$15 for a large truck or trailer. It's best to come early to avoid peak periods.

Community Market - The NRE accepts donations of good, reusable household items including clothing, books, magazines, small electronics and furniture.

For more information on NRE services and programs visit www.recycling.bc.ca or call 250.758.7777.



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