



## Personal Preparedness

Take the short [Are You Prepared](#) quiz. Find out how ready you are to survive if a disaster hits Nanaimo.

Print off The [Guide to Personal, Family and Home Preparedness](#) for information on getting prepared for you and your loved ones for the first 72 hours after a disaster. It provides information on how to make a family disaster plan, water storage, home safety preparedness and much more. [72 hours](#)

The [Emergency Supplies Checklist](#) provides a good start on what to stock up on to make it through the critical 72 hours after an emergency.

Don't forget an important member of your family - your pets! The [Emergency Planning for Your Pet](#) information sheet gives concrete ideas on advance planning for your pets and their needs.