



## Japan to Nanaimo Earthquake Forum

Nanaimo Fire Rescue and the Nanaimo News Bulletin held an earthquake forum to provide information to the citizens of Nanaimo on how they can prepare for a similar event. The forum was filmed by Shaw Cable as their contribution to the effort. [A video stream is available](#). The information distributed at the forum can be found below as well as other vital information links.

- [EP Kit Shopping List](#)
- [32 Weeks to Being Emergency Prepared!](#)
- [Emergency Management BC: Earthquake Personal Safety, Drop Cover and Hold](#)
- [City of Nanaimo: Guide to Personal, Family and Home Emergency Preparedness](#)

Nanaimo Fire Rescue would like to provide you with some links and information to assist you in being prepared.

- Your Emergency Preparedness Guide - Is your family prepared? [72 Hours](#)
- Emergency Management <http://www.publicsafety.gc.ca/prg/em/index-eng.aspx>
- Main Government of Canada website with the most up-to-date information - [http://www.international.gc.ca/humanitarian-humanitaire/japan\\_earthquake\\_japon\\_seisme.aspx?lang=eng](http://www.international.gc.ca/humanitarian-humanitaire/japan_earthquake_japon_seisme.aspx?lang=eng)
- World Health Organization – <http://www.who.int/>
- Ministry of Health <http://www.gov.bc.ca/health/> - Statement from the Provincial Health Officer (March 14) Radiation from Japan poses no health risks in BC
- Canadian Nuclear Safety Commission <http://nuclearsafety.gc.ca/eng/>
- Government of Canada - [Earthquakes - What to do?](#) and [Power Outages - What to do?](#)
- Fortis BC - Read about [whether to turn off the gas after an earthquake](#). Consider leaving the gas on if you do not smell or hear gas escaping. If you think you smell gas or hear gas escaping, act fast!