

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-1
 Fire Fighter I, 4.1.2

Donning Personal Protective Clothing

Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, and helmet. The evaluator will need a stop watch.

Task: Donning personal protective clothing within one (1) minute.

Performance Outcome: The candidate shall be able to properly don personal protective clothing in one (1) minute.

Candidate Directive: “Properly don the personal protective clothing within one (1) minute.”

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Place your equipment in a logical order for donning.				
2.	Place your protective hood over your head and down around your neck.				
3.	Put on your boots, and pull up your protective pants. Place the suspenders over your shoulders, and secure the front of the pants.				
4.	Put on your protective coat, and close the front of the coat.				
5.	Place your helmet on your head and adjust the chin strap securely. Turn up your coat collar, and secure it in front.				
6.	Put on your gloves.				
7.	Have your partner check your clothing.				

Retest Approved By: _____ Retest Evaluator: _____

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-2
 Fire Fighter I, 4.1.2

Doffing Personal Protective Clothing					
Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, and helmet. The candidate will have already donned the PPE.					
Task: Doffing personal protective clothing.					
Performance Outcome: The candidate shall be able to properly doff personal protective clothing.					
Candidate Directive: "Properly doff the protective clothing."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Remove your gloves.				
2.	Open the collar of your protective coat.				
3.	Release the helmet chin strap, and remove your helmet.				
4.	Remove your protective coat.				
5.	Remove your protective pants and boots.				
6.	Remove your protective hood.				
Retest Approved By: _____			Retest Evaluator: _____		

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Candidate Comments: _____

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ID#: _____

Skill Drill 3-3
 Fire Fighter I, 4.3.1

Donning an SCBA from an Apparatus Seat Mount					
Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE. The evaluator will need to have a stop watch.					
Task: Donning SCBA from an apparatus seat mount.					
Performance Outcome: The candidate shall be able to properly don SCBA from an apparatus seat mount in one (1) minute.					
Candidate Directive: "While wearing PPE, properly don SCBA from an apparatus seat mount in one (1) minute."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Don your protective hood, pants, boots, and coat. Safely mount the apparatus, and sit in the seat. Place your arms through the SCBA shoulder straps. Partially tighten the shoulder straps; do not fully tighten them.				
2.	Fasten your SCBA waist belt.				
3.	Fasten your seat belt. When the apparatus stops at the emergency scene, release the seat belt, and release the SCBA from its brackets. If the apparatus has an SCBA locking device, detach the SCBA from the locking device.				
4.	Carefully exit the apparatus. Maintain three points of contact with the vehicle while exiting.				
5.	Cinch down the SCBA waist belt.				
6.	Adjust shoulder straps until they are snug.				
7.	Open the main cylinder valve. Activate the air saver/donning switch to prevent the flow of air, if needed.				
8.	Don the face piece, and check for leaks. Pull the protective hood up over your head, put the helmet on, and secure the chin strap.				
9.	If necessary, connect the regulator to the face piece or attach the low-pressure air supply hose to the regulator. Activate the air flow and ensure that the PASS device alarm is operating.				
Retest Approved By: _____			Retest Evaluator: _____		

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

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Skill Drill 3-4
 Fire Fighter I, 4.3.1

Donning an SCBA from an Apparatus Compartment Mount

Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE. The evaluator will need to have a stop watch.

Task: Donning an SCBA from an Apparatus Compartment Mount

Performance Outcome: The candidate shall be able to properly don SCBA from a side-mounted compartment or bracket in one (1) minute.

Candidate Directive: “While wearing PPE, properly don SCBA from a side-mounted compartment or bracket in one (1) minute.”

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Stand in front of the SCBA bracket, and fully open the air cylinder valve.				
2.	Turn your back toward the SCBA, slide your arms through the shoulder straps, and partially tighten the straps.				
3.	Release the SCBA from the bracket, and step away from the apparatus.				
4.	Attach the waist belt, and tighten it.				
5.	Adjust the shoulder straps. Fully open the main air cylinder valve. Activate the air saver/donning switch to prevent the flow of air, if needed.				
6.	Don the face piece, and check for an adequate seal.				
7.	Pull the protective hood into position, don your helmet, and secure the chin strap.				
8.	If necessary, connect the regulator to the face piece or attach the low-pressure air supply hose to the regulator. Activate the air flow and ensure that the PASS device alarm is operating.				

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Retest Evaluator: _____

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

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Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-5
 Fire Fighter I, 4.3.1

Donning an SCBA Using the Over-the-Head Method

Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE. The evaluator will need a stopwatch.

Task: Donning SCBA using the over-the-head method within one (1) minute.

Performance Outcome: The candidate shall be able to properly don SCBA using the over-the-head method in one (1) minute.

Candidate Directive: "While wearing PPE, properly don the SCBA using the over-the-head method in less than one (1) minute."

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Lay out the SCBA so that the cylinder is resting on the floor or ground, the backplate is facing up, and the air cylinder valve is facing away from you. Move the shoulder straps to the sides.				
2.	Fully open the main air cylinder valve. Activate the air saver/donning switch to prevent the flow of air, if needed.				
3.	Bend down and grasp the SCBA backplate with both hands. Using your knees to support and lift the extra weight, lift the SCBA up and over your head. Once the SCBA clears your head, rotate it 180 degrees so that the waist belt straps are pointed toward the ground.				
4.	Slowly slide the pack down your back. Make sure that your arms slide into the shoulder straps. Once the SCBA is in place, tighten the shoulder straps, and secure the waist belt.				
5.	Don the face piece, and check for an adequate seal. Pull your protective hood into position on your head, don your helmet, and secure the chin strap.				
6.	If necessary, connect the regulator to the face piece, or attach the low-pressure air supply hose to the regulator. Activate the air flow, and ensure that the PASS device alarm is operating.				

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Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

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Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-6
 Fire Fighter I, 4.3.1

Donning an SCBA Using the Coat Method					
Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE. The evaluator will need a stopwatch.					
Task: Donning SCBA using the coat method within one (1) minute.					
Performance Outcome: The candidate shall be able to properly don SCBA using the coat method in one (1) minute.					
Candidate Directive: “While wearing PPE, properly don the SCBA using the coat method in less than one (1) minute.”					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Lay out the SCBA so that the cylinder is resting on the floor or ground, the backplate is facing up, and the air cylinder valve is facing towards you. Move the shoulder straps to the sides. Fully open the air cylinder valve. Activate the air saver/donning switch to prevent the flow of air, if needed. Place your dominant hand on the opposite shoulder strap. For safety reasons, be sure to grasp the strap as close to the backplate as possible.				
2.	Lift the SCBA, and swing it over your dominant shoulder, being mindful of people or objects around you.				
3.	Slide your other hand between the SCBA cylinder and the corresponding shoulder strap.				
4.	Tighten the shoulder straps.				
5.	Attach the waist belt, and adjust its tightness.				
6.	Don the face piece, and check for an adequate seal.				
7.	Pull the protective hood into position on your head, don your helmet, and secure the chin strap. If necessary, connect the regulator to the face piece, or attach the low-pressure air supply hose to the regulator. Activate the air flow, and ensure that the PASS device alarm is operating.				
Retest Approved By: _____				Retest Evaluator: _____	

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

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Skill Drill 3-7
 Fire Fighter I, 4.3.1

Donning a Face Piece

Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE as well as SCBA.

Task: Donning a face piece.

Performance Outcome: The candidate shall be able to properly don a face piece and have an adequate seal.

Candidate Directive: "While wearing PPE and SCBA, properly don a face piece."

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Fully extend the straps on the face piece.				
2.	Rest your chin in the chin pocket at the bottom of the face mask. Fit the face piece to your face, bringing the straps or webbing over your head.				
3.	Tighten the lowest two straps. To tighten them, pull the straps straight back, rather than out and away from your head. Check the head harness net to make sure it is lying flat against the back of your head. Tighten the pair of straps at your temple, if these straps are present. If your model has additional straps, tighten the top strap(s) last.				
4.	Check for a proper seal. This process depends on the model and type of face piece you use. Confirm that your nose fits in the nose cup.				
5.	Pull the protective hood into position on your head. Make sure it does not get under your face piece or obscure your vision.				
6.	Don your helmet, and secure the chin strap.				
7.	If needed, attach the regulator to your face piece, or attach the low-pressure air supply hose to the regulator.				
Retest Approved By: _____		Retest Evaluator: _____			

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-8
 Fire Fighter I, 4.3.1

Doffing an SCBA

Evaluator Instructions: The candidate shall be provided with the following personal protective equipment (PPE): boots, pants, coat, hood, gloves, helmet, SCBA, and face piece. The candidate will have already donned PPE and SCBA.

Task: Doffing the SCBA.

Performance Outcome: The candidate shall be able to properly doff the SCBA.

Candidate Directive: “While wearing PPE and SCBA, properly doff the SCBA.”

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Remove the regulator from your face piece, or disconnect the low-pressure air supply hose from the regulator.				
2.	Close the air cylinder valve, or fully depress the air saver/donning switch to stop the flow of air.				
3.	Release your waist belt.				
4.	Loosen the shoulder straps, and remove the SCBA harness. If you have not already done so, close the air cylinder valve.				
5.	Bleed the air pressure from the regulator by opening the regulator purge/bypass valve.				
6.	Ensure that the PASS device is turned off. Place the SCBA in a safe location. Clean your SCBA as soon as possible, following the manufacturer’s instructions.				
7.	Remove your gloves. Remove your helmet, and pull your protective hood down around your neck. Loosen the straps on your face piece.				
8.	Remove your face piece.				
Retest Approved By: _____		Retest Evaluator: _____			

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-9
 Fire Fighter I, 4.5.1

Visible SCBA Inspection					
Evaluator Instructions: The candidate shall be provided with SCBA.					
Task: Visible inspection of SCBA.					
Performance Outcome: The candidate shall be able to properly complete a visible inspection of SCBA.					
Candidate Directive: "Properly inspect SCBA using visible inspection criteria."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Visually inspect the air cylinder and valve assembly for dents and gouges. Look for black or discoloured areas that indicate exposure to flame.				
2.	Check the cylinder for the current hydrostatic test date and date of manufacture. Check the air-cylinder pressure gauge to be sure it is full.				
3.	Inspect hose and rubber parts for damage or deterioration.				
4.	Inspect the SCBA harness, webbing, buckles, fasteners, and cylinder retention system for damage.				
5.	Verify that the SCBA has been cleaned according to the manufacturer's and department's recommendations. Inspect the regulator for intact gaskets and visible damage.				
6.	Inspect the face piece for damage and worn components. Look for damage to the lenses and check for the presence of a nose cup.				
7.	Inspect the head harness to confirm that all parts are present and working properly.				
8.	Check the quick disconnects and the RIC UAC to make sure they are not damaged, they are operating properly, and that the dust cap is in place.				
Retest Approved By: _____			Retest Evaluator: _____		

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-10

Fire Fighter I, 4.5.1

SCBA Operational Inspection					
Evaluator Instructions: The candidate shall be provided with SCBA.					
Task: Operational inspection of SCBA.					
Performance Outcome: The candidate shall be able to properly complete an operational inspection of SCBA.					
Candidate Directive: "Properly inspect SCBA using operational inspection criteria."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check the regulator purge/bypass valve to be sure it is closed.				
2.	Depress the air saver/donning switch, if present, to start the flow of air.				
3.	Slowly open the air cylinder valve. Check for proper operation of the heads-up display and of the low-battery indicator. Confirm that the low-air alarm and PASS devices are working.				
4.	Check the remote pressure gauge for proper operation.				
5.	Don the face piece. Adjust it to obtain a good seal. Inhale sharply to start the flow of air. Breathe normally to check for proper operation.				
6.	Remove the regulator or face piece; air should flow freely.				
7.	Depress the air saver/donning switch to stop the flow of air.				
8.	Open the regulator purge/bypass valve to check for air flow.				
9.	Close the regulator purge/bypass valve to stop the flow of air.				
10.	Rotate the air cylinder valve to close it.				
11.	Open the regulator purge/bypass valve slightly to vent residual air pressure from the system. Watch the heads-up display to verify its proper operation as the air pressure is exhausted.				
12.	Once the air flow stops, close the regulator purge/bypass valve. Complete any reporting that is required.				
Retest Approved By: _____				Retest Evaluator: _____	

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

Retest Evaluator: _____ Date: _____ Retest Candidate Date: _____

Candidate: _____

Date: _____

ID#: _____

Skill Drill 3-11
 Fire Fighter I, 4.3.1

Replacing an SCBA Cylinder					
Evaluator Instructions: The candidate shall be provided with an SCBA and spare cylinder.					
Task: Replacing an SCBA cylinder.					
Performance Outcome: The candidate shall be able to properly replace an SCBA cylinder.					
Candidate Directive: "Properly replace an SCBA cylinder."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Place the SCBA on the floor or a bench.				
2.	Close the air cylinder valve.				
3.	Open the regulator purge/bypass valve to bleed off the pressure.				
4.	Disconnect the high-pressure supply hose. Keep the ends clean.				
5.	Release the air cylinder from the SCBA harness, and remove the depleted air cylinder.				
6.	Slide a full air cylinder into the SCBA harness. Align the outlet to the supply hose. Lock the air cylinder in place.				
7.	Check that the "O" ring is present and in good shape.				
8.	Connect the high-pressure hose to the air cylinder. Hand-tighten only.				
9.	Open the air cylinder valve. Check the air-cylinder pressure gauge and the remote pressure gauge.				
Retest Approved By: _____			Retest Evaluator: _____		

Evaluator Comments: _____

Candidate Comments: _____

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ID#: _____

Skill Drill 3-12
 Fire Fighter I, 4.3.1

Replacing an SCBA Cylinder on Another Fire Fighter					
Evaluator Instructions: The candidate shall be provided with an SCBA and a spare cylinder.					
Task: Replacing an SCBA cylinder on another fire fighter without removing the SCBA.					
Performance Outcome: The candidate shall be able to properly replace an SCBA cylinder on another fire fighter without removing the SCBA.					
Candidate Directive: “Properly replace an SCBA cylinder on another fire fighter without removing the SCBA.”					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Remove the regulator from the face piece, or remove the face piece so that the fire fighter can breathe ambient air.				
2.	Close the air cylinder valve on the used air cylinder.				
3.	Open the regulator purge/bypass valve to bleed off pressure from the high-pressure supply line.				
4.	Disconnect the high-pressure supply line.				
5.	Release the SCBA air cylinder from the SCBA harness, and set it aside.				
6.	Slide the full SCBA air cylinder into the SCBA harness.				
7.	Check for the presence and satisfactory condition of the “O” ring.				
8.	Lock the SCBA air cylinder into place.				
9.	Connect the high-pressure line to the SCBA cylinder.				
10.	Open the air cylinder valve, and notify the fire fighter that the SCBA cylinder change is complete. State the pressure reading of the SCBA air cylinder to the fire fighter.				
Retest Approved By: _____			Retest Evaluator: _____		

Evaluator Comments: _____

Candidate Comments: _____

Evaluator: _____ Date: _____ Candidate Date: _____

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Skill Drill 3-13
 Fire Fighter I, 4.5.1

Refilling SCBA Cylinders

Evaluator Instructions: The candidate shall be provided with the following: cascade system, SCBA bottles that need to be filled, local SOP or manufacturer’s recommendation for using cascade system, and system for recording cylinder filling.

Task: Given a cascade system, cylinder-filling SOP or manufacturer’s recommendations, and SCBA cylinders with low air pressure, the candidate shall safely fill SCBA cylinders from a cascade system according to the SOP/manufacturer’s recommendations.

Performance Outcome: The candidate shall be able to clean and maintain equipment according to manufacturer’s or departmental guidelines, maintenance will be recorded and equipment will be placed in a ready state or reported otherwise.

Candidate Directive: “Safely fill SCBA cylinders from a cascade system.”

No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Complete the fill record form, including the date, hydrostatic test date, and air cylinder serial number.				
2.	Ensure the air cylinder is safe to fill by checking its date of manufacture and the hydrostatic test date.				
3.	Check the air cylinder for visible damage. Follow the compressor or cascade system filling procedures. Secure the system after use according to system procedures.				

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Skill Drill 3-14

Fire Fighter I, 4.5.1

Cleaning an SCBA					
Evaluator Instructions: The candidate shall be provided with an SCBA, face piece, clean water, stiff brush, soft brush, mild soap, and a 5-gallon bucket.					
Task: Cleaning and sanitizing an SCBA and face piece.					
Performance Outcome: The candidate shall be able to properly clean and sanitize an SCBA and face piece.					
Candidate Directive: "Properly clean and sanitize an SCBA and face piece."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Rinse the entire unit using a hose with clean water. Inspect the SCBA for any damage that might have occurred before cleaning.				
2.	On some models, the regulator also can be removed from the SCBA harness. Detach the SCBA air cylinder from the harness.				
3.	Using a stiff brush, along with a mild detergent/soap-and-water solution, scrub the SCBA air cylinder and harness. Rinse and set these pieces aside to dry.				
4.	In a 5-gal (19-L) bucket, make a mixture of mild detergent/soap-and-water solution; alternatively, use the manufacturer's recommended cleaning and disinfecting solution and water. Submerge the SCBA face piece in the soapy water or cleaning solution. For heavier cleaning, allow the face piece to soak.				
5.	Clean the regulator with the soapy water or cleaning solution, following the manufacturer's instructions. Use a soft brush, if necessary, to scrub contaminants from the face piece and regulator.				
6.	Completely rinse the face piece and the regulator with clean water. Do not submerge the regulator. Set them aside and allow them to dry. Reassemble and inspect the entire SCBA before placing it back in service.				
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Evaluator Comments: _____

Candidate Comments: _____

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