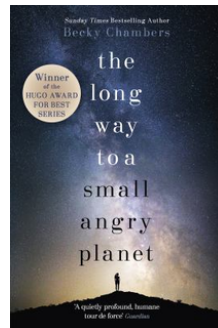


What You Are Looking for Is in the Library

Michiko Aoyama
FIC AOY

Translated from its original Japanese, this novel is about one magical librarian and the discovery of connection. This inspirational tale shows how, by listening to our hearts, seizing opportunity and reaching out, we too can live a more connected and rich life.



The Long Way to a Small, Angry Planet

Becky Chambers
SF CHA

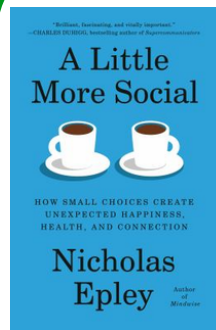
This science fiction novel is about a human newcomer, Rosemary, to a spaceship's crew. The crew is a mishmash of species and personalities, and Rosemary slowly finds herself adopted into their found family. Social connection — even with aliens — is important and rewarding!



Cantoras

Carolina De Robertis
FIC DER

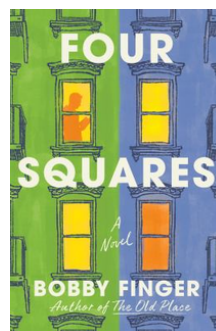
This radical novel is about five different women who, in the midst of the Uruguayan dictatorship, find each other as lovers, friends, and ultimately, family. *Cantoras* is a breathtaking portrait of queer love, community, forgotten history, and the strength of the human spirit.



A Little More Social

Nicholas Epley
ANF 158.2 EPL

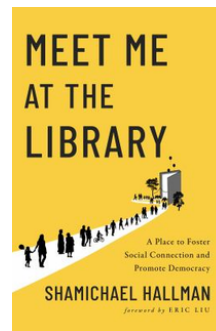
This book transmits a life-changing message for our lonely age about why we often avoid what makes us happiest — connecting with other people — and how we can build wiser social habits through small and simple acts. These changes can create unexpected happiness, health, and connection.



Four Squares

Bobby Finger
FIC FIN

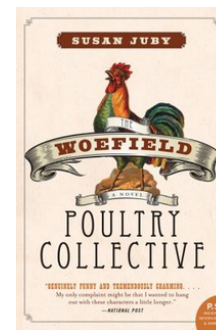
Stretching across the 90s and the present day, *Four Squares* is an intimate and profound look at what it means to create community. When an unexpected injury lands a lonely writer at the local queer senior centre, he discovers it's never too late for a second chance at truly living.



Meet Me at the library

Shamichael Hallman
ANF 021.2 HAL

Hallman argues that the public library may be our best hope for bridging today's divides and creating strong communities. In the face of an epidemic of loneliness and isolation, libraries are the ideal place to foster connection accessibly and inclusively.



The Woefield Poultry Collective

Susan Juby
FIC JUB

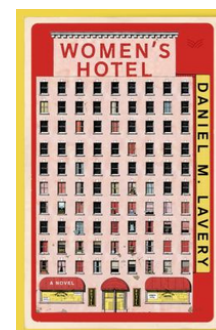
Full of off-beat charm and characters you won't soon forget, this heart-warming novel is about a group of oddballs all sharing space on a farm on Vancouver Island. Despite their differences, they learn to work together and even love each other.



The Art and Science of Connection

Kasley Killam
ANF 158.2 KIL

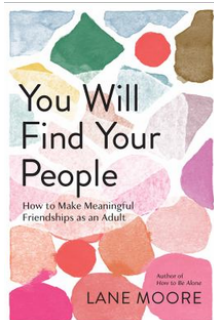
This groundbreaking work of nonfiction redefines what it means to be healthy. It introduces the need for social health — the part of wellbeing that comes from feeling connected — to truly flourish.



Women's Hotel

Daniel M. Lavery
FIC LAV

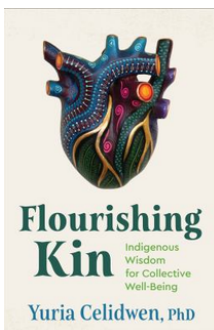
This poignant and funny slice-of-life novel is about the residents of a single women's hotel in 1960s New York City. Each woman in the hotel has her own struggles and unique background. As they navigate the social world of the hotel and the city, they chart new waters together as a group and individually.



You Will Find Your People

Lane Moore
ANF 177.62 MOO

Part memoir, part self-help book, *You Will Find Your People* uncovers the complex, frightening, and mysterious worlds of friendship and community. Moore challenges heteronormative Western ideas of friendship and teaches us how to finally — and fearlessly — accept the friendships we know we deserve.



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Flourishing Kin

Yuria Celidwen
ANF 305.8 CEL

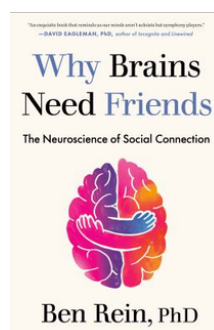
When facing the challenges of our world, it can feel natural to tune out the bad and focus on our mental health. But the Indigenous perspective is that individual happiness is not enough — we must expand our view to include our kinship with others, from our neighbours to the Earth.



Someday, Maybe

Onyi Nwabineli
FIC NWA

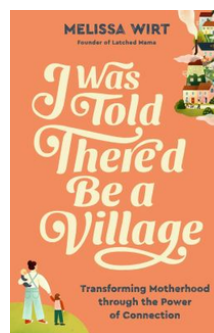
After her husband dies by suicide, a young woman named Eve goes through an incredibly emotional journey. In the face of unimaginable loss, she is pulled along by her tight-knit Nigerian family and a posse of new friends.



Why Brains Need Friends

Ben Rein
ANF 302 REI

In this non-fiction book about the neuroscience of social connection, Dr. Ben Rein delves deep into the science of social interaction, revealing how our brains are wired for connection and why modern life is challenging our ancient instincts.



I Was Told There'd Be a Village

Melissa Wirt
ANF 306.8743 WIR

This book is about transforming motherhood through the power of connection. Using stories from moms across the US, it provides actionable steps to transform oppressive, solitary parenting into a connected, collective (even joyful) endeavor.

LEGEND

I

Indigenous Author



Canadian Author



2SLGBTQIA+ Content



Audiobook



eBook



Large Print



Award Winner/ Nominee

Books about Social Connection



Check out these fiction and non-fiction books about the importance of social connection and community!

