

Fun Ways to Celebrate!

Family Day

MONDAY, FEBRUARY 19

FAM JAM AT OLIVER WOODS

Drop in for FREE family play time from 9 am-3 pm! We will have gym play, bouncy castles, arts, crafts, face painting, scavenger hunt, Story Time with Miss Lynn and Family Yoga with Gypsy (please pre-register for Story Time and Yoga).

STORY TIME

- 10-10:30 am (116033)
- 10:45-11:15 am (116037)
- 11:30 am-12 pm (116038)
- 12:30-1 pm (116039)
- 1:15-1:45 pm (116040)
- 2-2:30 pm (116041)

FAMILY YOGA

- YOGA BUGS (3-6 yrs): 10:15-11:05 am (116043)
- YOGA FOR KIDS (6-12 yrs): 11:15-11:45 am (116044)
- YOGA BUGS (3-6 yrs): 12-12:20 pm (116045)
- YOGA FOR KIDS (6-12 yrs): 1-1:30 pm (116046)
- YOGA BUGS (3-6 yrs): 1:45-2:05 pm (116047)
- YOGA FOR KIDS (6-12 yrs): 2:15-2:45 pm (116048)

STORYWALK®

A different Story Walk® at Oliver Woods, Frank Crane Arena and Nanaimo Aquatic Centre. Read them all!

OPEN GYM AT OLIVER WOODS

All ages are invited to play in the gyms!

- HOOPS (basketball): 9-11 am
- STICKS & BALLS (hockey & soccer): 11 am-1 pm
- OPEN GYM: 1-3 pm



SKATING AT FRANK CRANE

- 11:30 am-1 pm (FREE Stick 'n' Puck)
- 1:15-3:15 pm (FREE Everyone Welcome)

Everyone Welcome skate sponsored by Lisa Marie Barron, MP Nanaimo-Ladysmith

SWIMMING & FAMILY FUN AT NANAIMO AQUATIC CENTRE

Join us for swimming and other family fun activities onsite in the Jack Little Room.

- 12-5 pm (FREE Everyone Welcome)

All FREE events proudly supported by the Province of British Columbia.

recreation.nanaimo.ca
250-756-5200

