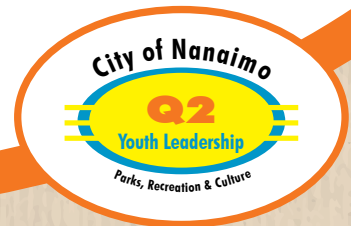
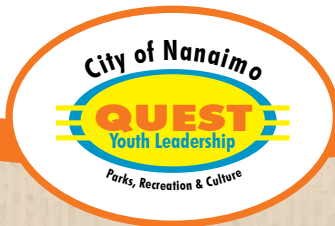
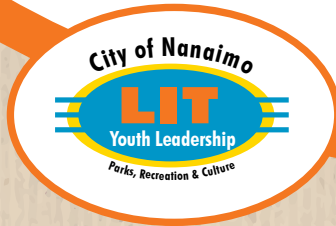


YOUTH LEADERSHIP

Over 40 Years of Creating Community Leaders



LIT (Leaders in Training) 13-18 YEARS

(Must be at least 13 years old by December 31, 2025 and starting Grade 8 in September 2025)

Receive training on what it means to be a leader and have a job, as well as how to work with children. After completing the orientation, you will attend "LIT University" and delve into the specifics of leading games, working as a team, painting faces and basic resume writing and interview skills. Once you have completed training, you will choose from a variety of placement options and volunteer a minimum of 60 hours.

(Note: All volunteer placements must be completed by August 31, 2025.)

PARENTS: Check out our "Frequently Asked Questions" www.nanaimo.ca/goto/LIT



How to Join:

1. Register for LIT using barcode 138595. Cost is \$175.
2. Register your parents for the [Free Parent Info Night](#) held on Wednesday, May 7, 6:30-7:30pm (barcode 138598) OR if unable to make it, receive our new informational video from our LIT Coordinator. This is where your parents will find out what you will be doing at this program and what the expectations are. *(If you are on the fence, we strongly recommend registering for LIT before the Parent Information Night as this program fills up quickly.)*
3. Register for the [LIT University Workshops](#). You must register for all four - no exceptions (see box below).
4. Attend [Orientation](#) on Sunday, June 1, 11 am-3 pm at Beban Park Social Centre.
5. View and sign up using the online [Placement Sign-Up](#).
6. Go to your [Placements](#) to volunteer, learn new skills, make new friends and have fun!

- Earn hours towards high school graduation requirements
- Get hands-on work experience in a variety of different settings
- Develop your leadership skills
- Learn about creating an effective resume and cover letter
- Contribute to your community
- Have the opportunity to work as a team
- Meet other volunteers and make new friends

LIT University Workshops (take place at Beban Park):

Children 101

- Mon, Jun 2, 6:30-9 pm 138610
- Mon, Jun 9, 6:30-9 pm 138612

On the Job 101

- Tue, Jun 3, 6:30-9 pm 138617
- Tue, Jun 10, 6:30-9 pm 138621

Clowning 101

- Wed, Jun 4, 6:30-9 pm 138625
- Wed, Jun 11, 6:30-9 pm 138626

Teamwork 101

- Thu, Jun 5, 6:30-9 pm 138630
- Thu, Jun 12, 6:30-9 pm 138631



QUEST

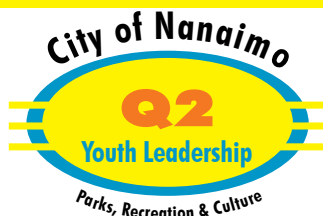
14-18 YEARS

Have you completed the Leaders in Training (LIT) Program and want to continue developing your leadership skills. If so, try our Quest program!

How to Join:

1. Register for Quest using barcode [138597](#). Cost is \$175.
2. Attend [Orientation](#) on Sunday, June 1, 9 am-3 pm at Beban Park Social Centre. At Orientation, you can choose to remain in Quest Community or specialize in Arenas, Aquatics or Environment. In Quest Environment, you will help develop an environmental initiative team spearheading change in the community while completing some aspects of the traditional Quest Community program.
3. Attend 1-2 [LIT University Sessions](#) to help train the LITs. You don't have to pre-register, but please make note of the dates and ensure you have some evening availability on those weeks (see previous page for dates).
4. View and sign up using the online [Placement Sign-Up](#).
5. Go to your [Placements](#) to volunteer, learn new skills, make new friends and have fun!

- Further develop your leadership skills
- Get an opportunity to assist with training the LIT volunteers
- Have more responsibility
- Get your first choice at volunteer placement sign-up
- Define your area of interest



**Are you ready to take your leadership skills to the next level?
Join our transformative youth leadership program where you
will embark on a journey of personal and professional
growth like never before!**



14-19 years

- Further develop your leadership skills
- Engage in professional development and take away various certifications
- Lead a passion project close to your heart and make a real impact
- Create a plan for your future
- Receive guidance from industry experts to shape your future
- Network with professionals and peers in your field of interest
- Learn about community engagement

The next intake for Q2 is Fall 2025. See our website for more information.



cityofnanaimo



prc_nanaimo (#ilovemyparksandrec)

YOUTH WEEK

May 1-7, 2025



Join us as we celebrate youth in Nanaimo!
Check out the YOUth Nanaimo Facebook page
for more information on this year's events.

Please note that pre-registration is required
for the events listed below with an *;
space is limited.

Call 250-756-5200 or visit recreation.
nanaimo.ca for details or to
reserve your spot.

Thursday, May 1

• Youth Lounge 3-7 pm FREE Drop-in Nanaimo Aquatic Centre

Friday, May 2

• Youth Lounge Pizza Party 2-9 pm FREE Drop-in Nanaimo Aquatic Centre
• GrooveAbility Youth Dance* 7-9 pm \$5 Drop-in Bowen Auditorium
• Youth Pool Party 9:30-11 pm FREE Drop-in Nanaimo Aquatic Centre

Saturday, May 3

• Environment Work Party* 10 am-12 pm FREE 139469 Westwood Lake
• Babysitter Training* 9 am-4:30 pm \$60 138780 VI Conference Centre
• Glow Basketball 6:30-8:30 pm \$5 139485 Oliver Woods

Sunday, May 4

• Stick 'n' Puck 1:45-2:45 pm \$5.40 Drop-in Cliff McNabb
• Twoonie Skate 3-4:30 pm \$2 Drop-in Cliff McNabb

Monday, May 5

• Spare Blox 5-6:30 pm FREE Drop-in Park Avenue Elementary
• Spare Blox 7-8:30 pm FREE Drop-in Fairview Elementary
• Paddle Basics Bootcamp* 6-7:30 pm \$25 139495 Long Lake/Loudon Park
• Doodle & Dive* 7:30-9 pm \$5 139482 Nanaimo Aquatic Centre

Tuesday, May 6

• Spare Blox 6-7:30 pm FREE Drop-in Uplands Elementary
• Rescue Ready* 6-8 pm \$25 139496 Long Lake/Loudon Park
• Spare Blox 6:30-8 pm FREE Drop-in Oliver Woods

Wednesday, May 7

• Teen Paddle Quest* 6-8 pm \$25 139497 Long Lake/Loudon Park
• Everyone Welcome Skate 6:30-8 pm \$5.40 Drop-in Frank Crane Arena
• Spare Blox 8:30-10 pm FREE Drop-in John Barbsy School

GrooveAbility Youth Dance *

This fun dance night will provide youth with diverse abilities an opportunity to connect with peers and enjoy a night out grooving to their favourite songs. Snacks and drinks will be provided.

Environment Work Party *

Join like-minded individuals and meet your neighbours while tackling invasive plants during one of our work parties. All necessary equipment and training provided.

Doodle & Dive *

Join us for a fun night of crafting where you can get creative with your peers followed by a swim to cap off the night!

Paddle Basics Bootcamp *

Rescue Ready *

Teen Paddle Quest *

See page 46 for course descriptions and for more teen paddling options.

FREE!

Youth

SPARE BLOX



Spare Blox is brought to the community as a partnership between the City of Nanaimo and Nanaimo Ladysmith Public Schools.



The ultimate place to have some fun with other youth in your community. It's free, and you can get some exercise while meeting people and making friends. Four age groups to choose from. Please note that all sites are drop-in and are on a first come, first serve basis. Space is limited.

AGE 10 TO 14

Mon, Mar 31-Jun 9
5-6:30 pm
Park Avenue Elem.

AGE 11 TO 15

Mon, Mar 31-Jun 9
7-8:30 pm
Fairview Comm. School

AGE 10 TO 13

Tue, Apr 1-Jun 10
6-7:30 pm
Uplands Elem. School

AGE 13 TO 17

Tue, Apr 1-Jun 10
6:30-8 pm
Oliver Woods

AGE 13 TO 17

Wed, Apr 2-Jun 11
8:30-10 pm
John Barsby School

AGE 10 TO 14

Thu, Apr 3-Jun 12
6-7:30 pm
Chase River School

PLEASE NOTE: Program cancelled on pro-d days, statutory holidays or other school closures (i.e. snow days or spring break). Check our YOUth Nanaimo Facebook page for other updates.

FREE!
11-18 yrs

YOUTH LOUNGE

Hang out at Nanaimo Aquatic Centre!

Thursday until June 26, 3-7 pm (#129089)

Fridays until June 27, 2-9 pm (#129090)*

- PLAY STATION 5 • VIRTUAL REALITY STATIONS • CHARGING STATION
- PIZZA & SNACKS • MUSIC • SWIMMING & SKATING • FREE WIFI • MUCH MORE!



**Friday Youth Lounge is proudly supported through the NYRS & BSC funding.*



Youth Lounge is proudly brought to you by the City of Nanaimo and BGC of Central Vancouver Island.

PLEASE NOTE: Program cancelled on pro-d days, statutory holidays or other school closures (i.e. snow days or spring break). Check our YOUth Nanaimo Facebook page for other updates, changes or cancellations.



cityofnanaimo



prc_nanaimo (#ilovemyparksandrec)