



Top Walking Destinations (easy to moderate level)

Beban Park - Nanaimo's premier recreation hub has the Participark with meandering soft surface trails totalling 2.1 kilometres or a perimeter trail of 1 kilometre. A paved trail is found encircling the artificial turf fields and the golf course which is approximately 1.2 kilometres.

In Nanaimo, we love exploring our parks and trails! Below we have listed a few of our most

in the list below. It will correspond with the icons on the map & amenities grid locating that

listed destination. Take a moment to discover Nanaimo's parks and trails!

popular places, including some suggested walking destinations. Look at the symbol and number

- 2 Bowen Park one of Nanaimo's main destination parks, trails of various types are found throughout, including paved and gravel. Approximately distance from one end of the park to the other is approximately 3 kilometres (from parking lot off Wall Street to Bowen West Field)
- Colliery Dam Park located in Nanaimo's south end, trails are found around both the Upper Lake (0.9 kilometres) and Lower Lake (1.2 kilometres).
- 4 E&N Trail located along the E&N Rail Corridor and along the Island Highway, this paved, multi-use trail is approximately 8 kilometres.
- Lost Lake Park the distance around the lake is 1 kilometre with boardwalks and some stairs.
- **Neck Point Park** the trail from the parking lot around the park is approximately 3 kilometres. Parts of the trail are flat while other parts have stairs. Beach access available from the
- **Parkway Trail** following along the Parkway, challenge yourself with this distance trail of over 20 kilometres from end to end. The entire trail is paved.
- **Pipers Lagoon Park** the trail distance is 1.6 kilometres that includes accessible beach access.
- 9 Waterfront arguably the most popular walking destination, the waterfront trail is paved, flat and accessible. It extends 2.2 kilometres from around Cameron Island, through Maffeo Sutton Park, across the Lion's Great Bridge and along the Queen Elizabeth II Promenade towards the Nanaimo Yacht
- 10 Westwood Lake Park the perimeter trail is approximately 5.6 kilometres with several trail off-shoots found throughout

- Beban Park
- **Deverill Square Park** Forest Drive Gyro Park
- Groveland Park Barney Moriez Park

Top Family Playground Destinations

1 Barney Moriez Park

Search Amenities

For more detail, please visit our

use our "parks search tool".

website at www.nanaimo.ca and

Amenities

- 2 Altrusa Playground at Beban Park, 3 Harewood Centennial Park
- 4 Harbourside Playground at Maffeo Sutton Park
- 5 Oliver Woods Playground
- Water / Spray Parks
- 1 Departure Bay Park 2 Deverill Square Park
- 3 Harewood Centennial Park 4 Mansfield Park

Nanaimo Pools

- 1 Beban Park Pool (lane pools, wave and leisure area, slides, child area, hot tub) 2 Kin Pool at Bowen Park (outdoor pool)
- 3 Nanaimo Aquatic Centre (largest indoor facility with full amenities)

Nanaimo Ice Arenas

- 1 Frank Crane Arena at Beban Park (arena with full amenities)
- 2 Cliff McNabb Arena at Beban Park 3 Nanaimo Ice Centre (2 ice sheets)

Community Gardens

- 1 The Beaufort Park Commons
- 2 Beban Urban Garden Society (BUGS)
- 3 Forest Drive Gyro Park 4 Pawson Park
- 5 Smugglers Park, Protection Island

Numbers correspond with icon numbers on the activity grid to the right & the <u>map</u> on the reverse side. ₂

Nanaimo's 23 Sportsfields

- **Barney Moriez Park**
- 2 Merle Logan Field at Beban Park (1st Syn. Turf Sport Field)
- **2nd Syn. Turf Sport Field** at Beban Park
- Gyro Sport Fields (4) at Beban Park
- 5 Bowen West Field
- 6 Caledonia Sports Field
- 7 Comox Park All Weather Field
- 8 Departure Bay Sports Field
- 9 Deverill Square Park
- 10 Diver Lake Park
- 11 Elaine Hamilton Park
- 13 Harewood Centennial Park Sherry Fields 14 Harry Wipper Sports Field
 - 15 Mansfield Park

12 Groveland Sports Field

- 16 May Richards Bennett Pioneer Park 17 McGirr Sports Fields
- 18 Pleasant Valley Park
- 19 Robins Park Sports Field
- 20 Rotary Bowl
- 21 Serauxmen Stadium
- 22 Sid Clark Gyro Sports Fields
- 23 Third Street Park Serauxman Sport Fields

5 | Diver Lake

Lake Access

VARDROPPER PARK

👺 Dog Parks

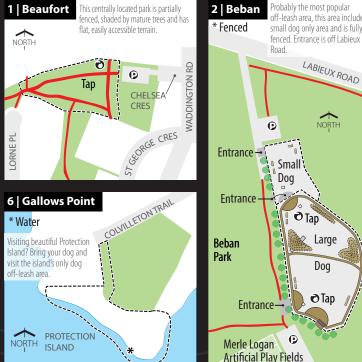
10 | St.George Ravine

ark is suitable for smaller dogs.

ST GEORGE STREET

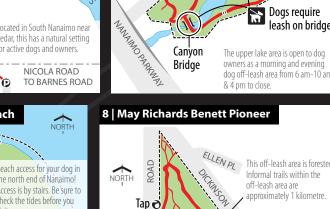
BEBAN ALTRUSA PLAYGE

The City of Nanaimo's parks and trails are multi-use and are for everyone. There are 12 established off-leash locations to exercise dogs leash free. Each site has unique characteristics.

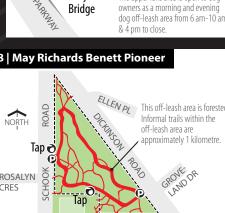


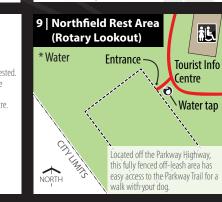
Joan Point Cable Bay cated in South Nanaimo Cedar, this has a natural settin for active dogs and owners. NICOLA ROAD TO BARNES ROA 7 | Invermere Beach

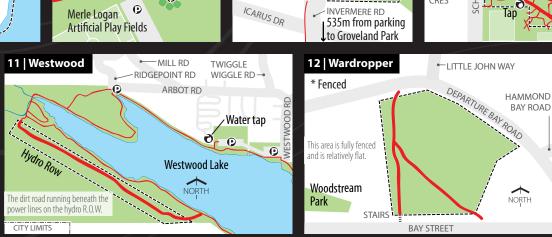
-INVERMERE RD



4 | Colliery Dan







Please be responsible by:

- Being considerate 2. Honouring bylaw rules Allowing your dog off-leash only within the designated off-leash areas
- Walking restricted dogs Limiting aggressive

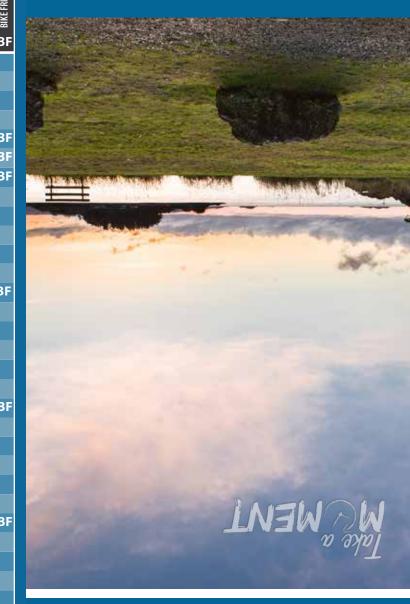
signal commands.

- 7. Picking up after your dog and depositing into a
- 8. Protecting your dog with vaccinations and safely depositing feces 9. Holding back dogs from
- chasing wildlife 10. Carrying a leash on Training your dog to every walk respond to voice and
 - 11. Sharing on-leash parks and trails with others

* Popular destinations 拉片大学 墨沙兰 月月 才 APPLEGREEN PARK BARNEY MORIEZ PARK * BOWEN PARK CHASE RIVER ESTUARY PARK ISLAND HIGHWAY SOUTH **COLLIERY DAM PARK** j & CRYSTAL BROOK PARK 2449 CRYSTAL BROOK WAY FOREST DRIVE GYRO PARK 2035 FOREST DRIVE 638 SARUM RISE WAY 1 **HAWTHORNE PARK** KINSMEN PARK **LINLEY VALLEY** LOST LAKE TRAIL * MANSFIELD PARK NANAIMO AQUATIC CENTRE 741 THIRD STREET NANAIMO ICE CENTRE **NECK POINT PARK** 1055 MORNINGSIDE DR * NOB HILL OCEANVIEW PARK 生 挑 大 🧀 OLIVER WOODS COM. CENTRE 6000 OLIVER ROAD **₹** %-3849 JINGLE POT RD **ROCKRIDGE PARK** Icon numbers correspond with <u>listed destinations</u> to the left & <u>locations on the</u> map on the reverse side. 2957 DEPARTURE BAY ROAD

WATERFRONT WALK





PARKS & TRAILS

Nanaimo Parks, Recreation and Environment

Welcome to our Parks and Trails...

Some of Nanaimo's most popular destinations are its parks and trails. With over 800 hectares of parkland and over 170 kilometres of trails, the City has an abundance of places to visit. Take a moment to walk, hike, cycle, roller blade,

beachcomb or picnic and to discover Nanaimo's exceptional beauty, unique characteristics and abundance of nature found within an urban setting. Take a moment to explore the

many parks and trails found all around you!

Things to Know

* October to March 6 am to 11 pm

- * April to September 6 am to dusk
- * Please know that many of our parks are gated and will be

locked at the closing times.

Feeding Wildlife

* Wildlife doesn't need handout to survive. In fact, when you

feed them it can cause overcrowding and disease.

* Portable BBQs are permitted in picnic areas EXCEPT during

* All City of Nanaimo parks, playgrounds, community centres, fields, beaches and other city-managed public spaces are smoke free.

Alcohol:

* The consumption of alcohol is prohibited.

Leave nothing but footprints

Please remember to tread lightly

Take nothing but photos





For further information, contact City of Nanaimo Department of Parks, Recreation & Environment

250.756.5200 www.nanaimo.ca askpre@nanaimo.ca