

Creating **SUMMER MEMORIES** and **EXPERIENCES** that will last a lifetime!

CAMP: Girls Get Active!

WEEK: August 10-14

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
8:30-10:00 Sign in and Free Play	8:30-10:00 Sign in and Free Play	8:30-10:00 Sign in and Free Play	8:30-10:00 Sign in and Free Play	8:30-10:00 Sign in and Free Play
10:00-10:15 Circle Time	10:00-10:15 Circle Time	10:00-10:15 Circle Time	10:00-10:15 Circle Time	10:00-10:15 Circle Time
10:15-10:30 Snack Time	10:15-10:30 Snack Time	10:15-10:45 Snack Time	10:15-10:30 Snack Time	10:15-10:30 Snack Time
10:30-11:30 Science Experiments!	10:30-12:00 Yoga and Mindfulness	10:45-11:30 Playground 11:30-12:30 Lunch	10:30-12:00 Playground and Outdoor Games	10:30-11:30 Group Art Project
11:30-12:30 Lunch	12:00-1:00 Lunch	12:30-3:30 Van Gogh Experience @ Conference Centre	12:00-1:00 Lunch	11:30-12:30 Lunch
12:30-1:30 Playground	1:00-2:00 Dance Games		1:00-3:00 Egg Drop Competition	12:30-3:30 Swimming @ Beban Park Pool
1:30-3:30 Driving Range	2:00-3:30 Playground		3:00-3:30 Just Dance!	3:30-5:00 Free play and Sign Out
3:30-5:00 Free play and Sign Out	3:30-5:00 Free play and Sign Out	3:30-5:00 Free play and Sign Out	3:30-5:00 Free play and Sign Out	

CAMP LEADERS: Sadie, Makenna, Natasha, Lexi

CAMP CELL PHONE: 250-268-6612

CAMP LOCATION: Beban Park Social Center

CAMP NOTES:

- Please bring to camp EVERY DAY: healthy, nut-free lunch/snacks, refillable water bottle, sunscreen, bathing suit, towel, walking shoes and a positive attitude. **LET'S HAVE SOME FUN!** (Schedule is subject to change.)