

# CLUBS & ORGANIZATIONS

## ART, DANCE & SOCIAL

A Capella Plus	Val Duthie	754-1094
Art Gallery/Nanaimo	www.nanaimogallery.ca	740-6350
Art Gallery/Nanaimo Downtown	www.nanaimogallery.ca	754-1750
Art Group of Nanaimo	Dorothy Sevcov	758-8496
Arts Alive	Vince Katnich	390-1466
Arts Festivals Society/V.I.	Kim Smythe	754-3378
Ballroom Dance Society/Nanaimo	Keith Wilson	751-1899
Beta Sigma Phi	Ali MacMillan	751-6510
Brigadoon Academy	info@brigadoonacademy.com	756-3661
Celtic Arts/Piping, Dance & Music	Carolyn Cusson	758-0208
Celtic Dance/Glengarry School of	Carolyn Cusson	758-0208
Children's Festival/International/V.I.	Kim Smythe	754-3378
Circles & Squares	Marge Nestibo	248-8711
Cloggers/Bastion City	Larry & Barb Guenette	722-2953
Crimson Coast Dance Society	Holly Bright	716-3230
Duplicate Bridge Club/Nanaimo	Henry Lust	756-6135
EveryBodySings! (EBS!)	Shirley Whitelaw	729-6135
Federation of Canadian Artists	Helen Webster	758-8641
Folk Festival/International	Subhardra Ghose	758-3585
Fiddlers/Nanaimo	Trish Clair-Peck nanaimofiddlers@me.com	
Gladiola & Dahlia Society/Nanaimo	Vern & Judy Stephens	755-1412
Highland Dance Association	Sue White	753-3833
Island Bel Canto Singers	www.islandbelcanto.com	756-2228
Island Consort	Bruce Farquharson	729-8910
Island Gems Round Dancing	Pauline Morgan	751-3021
JuBellation Hand Bell Choir	Cara Beirnes	758-6977
Machine Knitting/Nanaimo Club	Pat Fitzpatrick	756-6163
Malaspina Choir	Sara Frisch	245-1466
Mid-Island Early Music	Deborah zan der Goes	722-7122
Music Festival/Upper Island	(www.nanaimomusicfestival.com)	758-6961
Nanaimo Arts Council	www.nanaimoartscouncil.ca	729-3947
Nanaimo Chamber Orchestra	Bruce Farquharson	722-2047
Nanaimo Community Band	Ted Dawe	722-3088
Nanaimo Concert Band	Shari Barker	741-1977
www.nanaimoconcertband.com/nanaimoconcertband@gmail.com		754-4611
Nanaimo Conservatory of Music	www.nanaimo.designnerds.org	
Nanaimo Design Nerds Society	Sue Irwin	753-5552
Nanaimo Folk Connection	Bryan Stovell	390-4149
Nanaimo Musicians Association Big Band	ntg@nanaimotheatregroup.com	758-7246
Nanaimo Theatre Group	www.ukecircle.ca	754-4982
Nanaimo Ukulele Circle	harhourcitynewcomers.ca	
Newcomers Club/Harbour City	Bev Morrison	758-5361
Orchid Society/Central V.I.	Tickets/Admin	754-8550/754-4555
Port Theatre (www.porttheatre.com)	www.nanaimopottery.com	
Pottery Cooperative/Nanaimo	harbourcityprobud@gmail.com	
Probus Club/Harbour City	Anna Reeves	758-9739
Probus Club/Nanaimo North	Shirley Herritt	758-1760
Quilter's Guild	http://nanaimoscd.com/wp/	756-6182
Scottish Country Dancers/Nanaimo	John Bruce	616-3353
Scottish Pipes & Drums/Nanaimo	Linda Dier	729-8676
Singers/Bel Canto	Lynda Sizeland	591-2544
Singers/Camerata	Marjorie Yarish, President	591-6565
Square Dance/Amalgam-Eighters	Vicky Dewar	594-5264
Stitchery Group/Island	Shirley Nicholson	722-3233
Sweet Adelines/Hearth of the Island	www.vancouverislandsymphony.com	754-0177
Symphony/Vancouver Island	www.theatreone.org	754-7587
Theatre One	Mike Patterson	585-3700
Tidesmen Barbershop Chorus	Maureen Beardsley	245-4867
Tozan Cultural Society	Wendy Halsall	390-4501
Traditional Rug Hooking	David Wilbur	758-9328
Travelling Squares	Trish Clair	www.crosscanadafiddle.com
VanIsle fiddlers	Jeanne Rudy	758-1561
Vesna Ukrainian Dancers		

Weavers and Spinners Guild/Mid Island	http://miwsguild.blogspot.com
Word Strong Society of the Arts	Ann Walker anngrahamwalker@gmail.com
Widows Support Group/Nanaimo	Mary / Joan 758-4843 / 722-3353
Yellowpoint Community Choir	Peggy 758-9799
Yellowpoint Drama Group (www.geocities.com/yellowpointdramagroup)	245-7882

## COMMUNITY SERVICES

A.L.S. Society/BC (Lou Gehrig's Disease)	Glenda Reynolds	244-3791
Alcoholics Anonymous Nanaimo	753-7513	www.nanaimoaa.org
Addiction Services/Discovery Youth & Family		739-5790
AIDS Vancouver Island/Nanaimo		753-2437
Alzheimer Society of BC	Jane Hope	734-4170
Archives Society/Nanaimo Community	Christine Meutzner	753-4462
Arthritis Society		1-800-321-1433
Autism Society of BC - Nanaimo Branch	www.autismbc.ca	250-714-0801
AVI Health Centre		754-9111
BC Gov't Retired Employees	Lawrence Johnson	760-0113
BC Old Age Pensioners Branch 4	oap4@shaw.ca	585-5748
Better Breathers Club & BC Lung Assoc.	Bernie Lafrance	753-2529
Block Watch	Cst. Gary O'Brien	754-2345
Brain Injury Society/Nanaimo	www.nbis.ca	753-5600
Building Better Babies	admin@tillicumhaus.ca	753-6578
C.P.R. Society	Trish Crumpton	758-0777
Canadian Calorie Counters	Lorraine Cosmacini	754-7693
Canadian Cancer Society	www.cancer.ca	741-8180
Canadian Mental Health Association	Anne Hodge	244-4042 Ext. 153
Cedar Family Playgroup	Michelle Hartwich	722-2162
Cedar Heritage Centre	Darlene Plaxton	722-2100
Cedar Women's Institute	Janice Grinnell	745-4016
Chase River Community Association	Mike Parker	754-5592
Child Development Centre	www.nanaimocdc.com	753-0251
Chronic Pain Support Group	James Carr	802-7749
Citizen's Advocacy	D.R.J. McGladrey	753-2321
CNIB (Canadian National Institute for the Blind)		751-2342
Clay Tree Society for People with Developmental Disabilities		753-5322
Coast Emergency Communications Association	www.va7eca.ca	
Community Gardens	Jessica Snider	722-2292
Community Kitchens (www.nanaimocommunitykitchens.org)		753-7470
Community Policing/Crime Prevention	Community Policing Officer	755-3208
Cooperative Auto Network	Chad Henderson	754-2554
Counselling/Island Counselling	islandcounselling@shaw.ca	754-9988
(Anxiety Support Group/Women's Support)		
Counselling/Island Counselling Soc.	www.islandintegratedcounselling.com	
Crisis Pregnancy Centre of Nanaimo	cpncs@islandnet.com	714-2191
Crossroads Crisis Pregnancy Centre	pregnancynanaimo@gmail.com	716-1633
CVI Multicultural Society	Hilde Schlosar	753-6911
Cystic Fibrosis Foundation	Debra Tuck	753-1597
Deaf & Hard of Hearing/Island	Roxanne Beatty	753-0999
Deaf Association/Mid Island	Message Service	1-800-855-0511
Diabetes Association/Nanaimo & District	www.diabetes.ca	758-4223
Disability Resource Centre	info@ndrc.info	758-5547
Dragon Boat Society/Nanaimo	Bonita Price	248-8802
Epilepsy Support Group/Nanaimo	Kelsey	618-7034
Edgewood Chemical Dependency	Jerry Blackburn	751-0111
FASD Society (Fetal Alcohol Spectrum Disorder)		758-8525
Fibromyalgia Support Group	James Carr	802-4863
First Open Heart Society/Vancouver Island	Susan Berube	753-0143
Foodshare Society/Nanaimo	Jen Cody	753-9393
Foster Parent Support Services Society	www.fosterhope.ca	390-9686
Gardens/Beban Learning Gardens	pat.w@shaw.ca	
Grandparents Raising Grandchildren Support	www.parentsupportbc.ca	1-800-345-9777
Greater Nanaimo Cycling Coalition	www.bikesense.org	244-3418
Green Communities Nanaimo	Chad Henderson	754-2554
Grief Support Program for Kids (Rainbows)	www.rainbowsnanaimo.ca	751-7888

To update your listing, please call 250-755-7510 or email [askpre@nanaimo.ca](mailto:askpre@nanaimo.ca)

Harewood Community Schools	<a href="http://schools.sd68.bc.ca/hfcs">http://schools.sd68.bc.ca/hfcs</a>	740-2026	Seniors Society/Paradise Isle		754-9566
Harewood Neighbourhood Association	Heather Campbell	<a href="mailto:jc7125@telus.net">jc7125@telus.net</a>	Smoking Intervention Clinic/Central Island	Derek Poteryko	714-9164
Hepatitis C Society/Mid-Island	Bryan	729-0315	South End Community Services	Douglas Hardie	754-0677
Haven Society/Haven House Shelter	Office/Crisis	756-2452/756-0616	St. John Ambulance Society	Bill Bass	729-8889/954-1774
Health Unit/Central V.I.		755-6200	T.O.P.S. (Take Off Pounds Sensibly)	Wilma	390-1943
Heart & Stroke Foundation	Marica Benvin	1-888-754-5274	Team Nanaimo	Camela Tang	758-6860
Heart Fitness Club	Bob Uden	753-4597	Telephone Visiting Society	<a href="http://www.ntvs.ca">www.ntvs.ca</a>	756-9455
Home Learners/Nanaimo	<a href="http://www.nanaimocommunityhomelearners.org">www.nanaimocommunityhomelearners.org</a>		The Compassionate Friends (for bereaved parents)		756-1842
Home Support Association	Office	754-3351	United Way ( <a href="http://www.uwcvi.ca">www.uwcvi.ca</a> )	Office	591-8731
Island Crisis Care Society	Violet Hayes	778-441-4227	Vancouver Island Crisis Society	<a href="http://www.vicrisis.ca">www.vicrisis.ca</a>	753-2495/1-888-494-3888
John Howard Society/Nanaimo Region	Barbara Rumney	754-1266	Volunteer Nanaimo	Marjorie	758-7121
Kidney Foundation of Canada	Ron Walker	756-4338	War Brides/Nanaimo	Alma Legg	756-4909
La Leche League	Bridget Deighton	754-5853	Welcome Wagon	Linda Sendey	756-9794
Library/V.I. Regional Harbourfront branch	Anthony Martin	753-1154	Wellington Community Association	Dave Scott	758-9812
Library/V.I. Regional Wellington branch	Lara Wright	758-5544	Western Canada Wilderness Committee	Annette Tanner	716-9292
Literacy Nanaimo	<a href="http://www.literacynanaimo.org">www.literacynanaimo.org</a>	754-8988	Women's Centre/Nanaimo	Charlene Riches	753-0633
Loaves & Fishes Community Food Bank		754-8347	Youth Employment Services	<a href="http://www.nysa.bc.ca">www.nysa.bc.ca</a>	754-1989
Meals on Wheels	Sandra Coulter	753-1300			
Mental Health Centre	Office	755-3361			
Morrell Nature Sanctuary	Paul O'Dell	753-5811			
MS Society/Client Services		722-2214	<b>CULTURAL CLUBS</b>		
MS Society/Central Island Chapter		754-6321	African Heritage Society	<a href="http://www.nanaimoafricanheritagesociety.com">www.nanaimoafricanheritagesociety.com</a>	729-9332
Museum/Nanaimo District	Debbie Trueman	753-1821	British Club	<a href="mailto:nanaimobritishclub@gmail.com">nanaimobritishclub@gmail.com</a>	751-1688
NOVI - Social Support Group for the Vision Impaired	<a href="mailto:novi-group@shaw.ca">novi-group@shaw.ca</a>		Cavalotti Italian Lodge	Frank Casagrande	753-1085
Nanaimo & Area Land Trust	Gail Adrienne	714-1990	Chinese Cultural Society/The Nanaimo	Limin Yu	739-0162
Nanaimo & District Hospital Foundation	<a href="mailto:ndhf@viha.ca">ndhf@viha.ca</a>	755-7690	Danish Canadian Club/Vancouver Island	<a href="https://danishclubnanaimo.weebly.com">https://danishclubnanaimo.weebly.com</a>	
Nanaimo Assoc. for Community Living	<a href="mailto:nacl.office@nanaimoacld.com">nacl.office@nanaimoacld.com</a>	741-0224	First Filipino Cultural Society	Tessie Fumerton	390-1230
Nanaimo Auxilliary to N.R.G.H.	Dianne Ross	751-0335	Francophones/L'Association Des		729-2776
Nanaimo Family Life Association	Deborah Hollins	754-3331	German Culture/Canadian Society of	Ron Schuster	756-3855
Nanaimo Foundation	<a href="http://www.nanaimofoundation.com">www.nanaimofoundation.com</a>	753-1124	Hungarian Cultural Society	Joe Simon	741-1627
Nanaimo Citizens on Patrol (COPS)-	<a href="http://www.nanaimocops.com">www.nanaimocops.com</a>		Nanaimo Aboriginal Centre	Chris Beaton	754-3215
Nanaimo Community Hospice Society	<a href="http://www.nanaimohospice.com">www.nanaimohospice.com</a>	591-8811	Sneneymuxw First Nations	Dean White	754-1300
Nanaimo Harbour Watch	Cst Diane Floyd	754-2345	Sons of Norway	Kathy Furuness	756-9830
Nanaimo Org. of the Vision Impaired	<a href="http://www.novi-aebc.ca">www.novi-aebc.ca</a>	716-9053	Tillicum Lelum	Management Team	753-6578
Nanaimo Ratepayers Association	Jim Taylor	753-6019	Ukrainian Catholic Women's League	Donna Kaminsky	756-2536
Nanaimo Search and Rescue	Kevin McNeill	591-3336 (SAR Hall)	Ukrainian Cultural Society	<a href="mailto:leona.ca@shaw.ca">leona.ca@shaw.ca</a>	754-2646
Nanaimo Unique Kids Assoc.	Teresa	585-6856			
Narcotics Anonymous	<a href="http://www.na.org">www.na.org</a>	1-888-265-7333	<b>FRATERNAL &amp; SERVICE CLUBS</b>		
Native Alcohol/Drug Support	Stephanie	740-2337	Altrusa Club/Nanaimo	<a href="mailto:nanaimo.altrusa@gmail.com">nanaimo.altrusa@gmail.com</a>	740-0215
Nob Hill Community Association	<a href="http://nobhillcommunityassociation.ca">nobhillcommunityassociation.ca</a>	755-1014	Ashlar Masonic Lodge #3	Jason Barudin	668-2203
Old City Quarter Association	<a href="http://www.oldcityquarter.com">www.oldcityquarter.com</a>	754-8787	CFUW Nanaimo	<a href="http://www.cfuwnanaimo.org">www.cfuwnanaimo.org</a>	
Options for Sexual Health ( <a href="http://www.optionsforsexualhealth.org">www.optionsforsexualhealth.org</a> )		753-9511	Fraternal Order of Eagles	Office	753-8023
Overeaters Anonymous	<a href="mailto:oanaimo@gmail.com">oanaimo@gmail.com</a>	<a href="http://www.oa.org">www.oa.org</a>	Fraternal Order of Eagles/L.A.	Thelma Redmond	390-9098
PDQ Flyers (Radio Controlled Model Aircraft)	<a href="http://www.PDQFlyers.com">www.PDQFlyers.com</a>		Gyro Club of Nanaimo	<a href="http://www.nanaimogyro.com">www.nanaimogyro.com</a>	
Pacific Gardens Co-Housing Community	Judy Delogne	754-3060	I.O.O.F. Black Diamond Lodge #5	Sheldon Smith	758-9635
PacificCARE Childcare Resource & Referral	Dianne Nagor	756-2022	Kiwanis Sunrises	<a href="mailto:nanaimo.sunrises@gmail.com">nanaimo.sunrises@gmail.com</a>	
Paraplegic Association/BC	Bert Abbott	741-9889	Knights of Columbus Holy Trinity #9990		390-2612
Parent Assoc. for School & Comm. Living	Gudrun Cave	756-2983	Knights of Columbus Mid-Island #3842	Greg Large	753-6091
Parent Support Circles	<a href="http://www.parentsupportbc.ca">www.parentsupportbc.ca</a>	1-877-345-9777	Lioness Club/Harbour Lites	Linda Wiltse	390-3725
Parkinson's Support Group	Janet Irvine	754-2129	Lions Club/Cedar	Dennis Sauer	754-1357
Post Polio Awareness Group	Janet Mason	758-5463	Lions Club/Hub City	Peter Thomas	754-2729
Protection Island Ratepayers	Liam Taylor	714-0989	Lions Club/Nanaimo	Larrie Taylor	954-3814
RCMP Cedar Community Police Office	<a href="http://www.rcmp.ca">www.rcmp.ca</a>	722-3486	Lions Club/Protection Island	Shawne Wasilieff	753-5102
RCMP Community Centre (Downtown/Harbourfront)		753-3777	Loyal Order of the Moose	Ron Yaskow	754-2853
Recovery Inc.	Phyllis Slatnik	751-3798	Newcastle Women's Institute	Phillis Lamoureux	390-3837
Recycling Exchange Society	Mike Schellinck	758-7777	Order of the Eastern Star	Marilyn Prichard	758-2852
Red Cross Medical Equipment Loans	Diane Marwick	756-9363	Order of the Eastern Star/Crescent Chapter #10	Diane	758-8155
Red Cross Society		756-9363	Rotary Club/Lantzville	Barry Sparkes	<a href="mailto:brsparkes@telus.net">brsparkes@telus.net</a>
S.P.C.A.	<a href="http://www.spc.bc.ca/nanaimo">www.spc.bc.ca/nanaimo</a>	758-8444	Rotary Club/Nanaimo	<a href="mailto:secretary@daybreakrotary.ca">secretary@daybreakrotary.ca</a>	
Salvation Army Church	Maj. Martin & Joan McCarter	753-8834	Rotary Club/Oceanside	Robert Dodds	327-8333
Salvation Army Community Services	Office	753-8021	Royal Canadian Legion Branch 10	Office	753-4442
Samaritan House	Ronell Bosman	753 1474	Royal Canadian Legion Br. 257	Anne Marie Smith	390-2108
Schizophrenia Society/BC	Office	753-9923	Serauxmen Service Club	Mike Harrison	714-4781
Search & Rescue Society	Carole Wright	390-2595	Shrine/Nanaimo & District	Ralph Rayner	756-4952
Search & Rescue/CASARA	Rick Henry	754-4993	Travellers/Associated Canadian	Fred Graves	758-2057
Seniors/Nanaimo Harbour City		755-7501	Women of the Moose	Kathy Dodds	754-9607
Seniors Outreach Team		755-3301	Women's Aglow	Joan Williams	754-6568
Seniors Society/Nanaimo Community		754-1708	Zonta/Nanaimo	Corinne Stewart	754-5226

To update your listing, please call 250-755-7510 or email [askpre@nanaimo.ca](mailto:askpre@nanaimo.ca)

## SPECIAL INTEREST

Amateur Radio Assoc./Nanaimo	Alan Little	245-3019
Amnesty International Group	Deborah Ferens	247-8335
Astronomy Society/Nanaimo	www.nanaimoastronomy.com	740-0472
Archaeological Society of BC/Nanaimo	www.asbcnanaimo.nisa.com	753-7541
Bastion City Probus Club	www.bastioncityprobusclub.org	
Beagle/VI Beagle Association	Zach join us on Facebook	
Bee Club/Nanaimo	www.nanaimobeekeepers.com	722-3849
Beekeepers Club of Nanaimo	Kathleen Silvey	716-0695
Boat Modellers/Nanaimo	John Pineau	753-2594
Bobbin Lacemaking	Melanie Morrison	753-2941
Buttertubs Marsh Committee/Nanaimo Field	Naturalists	758-1801
Camra Nanaimo Campaign for Real Ale	Stephen Burchart	751-8717
Car Club/Central Island Old English	Al Thompson	756-0452
Car Club/Island Dwarf	John Peter	754-4363
Chaine Des Rotisseurs	Stephen Burchart	751-8717
Coin Club/Mid Island	www.midislandcoinclub.com	
Computer Club/Nanaimo	Steve Wawrykow	754-3650
Corrie Club (Fans of Coronation Street)	Jackie Russell realbrit@shaw.ca	
Duke of Edinburgh Awards	Mitzi Arthur	753-0464
Empire Days Celebration Society	Ron Hopper	758-1608
Executive Association/Nanaimo	Don Bonner	741-8483
Equestrian/Nanaimo Assoc.	www.nanaimoequestrians.com	619-9983
Family History Society/Nanaimo	www.members.shaw.ca/nfhs	751-8731
Fish and Game Club/Nanaimo & District	www.nanaimofishandgame.com	
Fish Pond & Water Garden Assoc./Nanaimo	Nicole Gosselin	756-9761
Flyfishers/Island Waters	Bob Leverman	756-1998
Georgia Strait Alliance	www.georgiastrait.org	
Global Village	gvnanaimo@gmail.com	
Historical Society/Nanaimo	Daphne Paterson	758-5757
Horticultural Society/Nanaimo	www.nanaimohort.org	
Int. Asso. of Administrative Professionals	Linda Brandmeier	753-4146 (221)
Kennel Club of Nanaimo	www.nanaimokennelclub.ca	
Loyal Nanaimo Bathing Society	www.bathtubbing.com	
Makerspace Nanaimo	materspacenanaimo.org	
Mid Isl. Vintage Tractor & Equipment Club	Will Simon	722-3072
Motorcycle Cruisers/Nanaimo	http://cmcnanaimo.com	619-7861
Nanaimo Ambassador Program	Gloria Stevens	754-9772
Nanaimo Downtown		
Farmer Market Society (www.nanaimofarmersmarket.com)		753-3070
NanGo Grannies	Donna Anthony	741-0462
Newcastle Island Marine Park	www.newcastleisland.ca	754-7893
Photography Club/Harbour City	www.hcpclub.ca	
Pony Club/Harbour City	Mern Pinneo	758-0615
Power Squadron/Nanaimo	www.nanaimocps.org	758-6707
Real estate Investors Club/Nanaimo	Jeff White http://www.nanaimorei.com	
Rhododendron Society	Paul Lawry	390-2370
Rid Roads of Impaired Drivers	www.rrid.org	753-8836
Sidewinders 4-Wheel Drive Club (http://nanaimosidewinders.com)		756-4462
Tangled Threads (Youth Embroidery Guild)	Carol Grant-Powell	716-0580
T-Bird Club/Island Vintage	Joe Fort	754-7138
Toastmasters/Chamber Sunrisers	Harvey Drdul	751-5204
Toastmasters/Enterprising	Eileen Hooyberg	758-3668
Toastmasters/Harbour City	Cathy Torhjem	753-5778
Toastmasters/Hub City	Jack Tieleman	753-2362
Toastmasters/Ladysmith	Chris Iverson	246-2899
Toastmasters/On the Hill	Julian La Flam	758-3227
Toastmasters/Malaspina	Harvey Drdul	751-5204
Toastmasters/Mid-Island Advanced	Eileen Hooyberg	758-3668
Toastmasters/Uplands Lunch Bunch	PJ Brooks	729-0904
Toastmasters/Woodgrove	A.J. Murch	758-4587
United Services Institute of Nanaimo	W.J. McCullough	756-0223
Vancouver Island Jack Russell Terrier Club	www.vjrtc.com	751-8252

Vancouver Island Exhibition	info@viex.ca	758-3247
Velo/Mid Island Association (MIVA)	www.bikeracing.ca	
Vintage Car Club/Nanaimo Chapter	Ray Koch	616-6317
Young Professionals of Nanaimo	Adam Hawryluk info@YPNanaimo.com	

## SPORTS GROUPS

Aikikai (Aikido) Club of Nanaimo	Mike Provencher	758-0143
Badminton Club/Nanaimo	Janice Walker	756-0727
Badminton Club/Oddfellows	Vaughan Allin	756-1426
Badminton/Tuesday Night	kelvinmarnie@shaw.ca	
Basketball/Mid Island Wheelchair	Tania Brzovic	740-2792
Baseball/Nanaimo Minor Association	Dawn Borrelli	756-4615
Basketball Association/Nanaimo (NBA)	Faress Barraquais	797-9519
Basketball/Friday Nite	www.athletesinaction.com/fnbl	
Basketball/Ladies Rec. League/Nanaimo	Bert Abbott	741-9889
BC Senior Games - Zone 2	Hung Tang	755-7806
Bicycle/Nanaimo Low Rider Club	Sheila Solmie	390-2954
Blind Sports and Recreation Assoc./BC	Bradley Stuart	753-8855
BMX Club/Nanaimo	Shirley Cole	758-1266
Boxing/Nanaimo Amateur Club	Barry Creswell	756-1087
Canoe & Kayak Club/Nanaimo Paddlers	Joan Hume	390-2350
Canoe & Kayak Club/Nanaimo	nkc.ca	758-6258
Cricket Club/Nanaimo	Craig Hasell	758-4052
Curling Club/Nanaimo (www.nanaimocurlingclub.com)	Rob Williams	752-7300
Curling Club/Nanaimo Visually Impaired	Leo Boon	753-3474
Cycling/Greater Nanaimo Coalition	w-ranch@shaw.ca	
Dragon Boat Festival Society/Nanaimo	www.bikesense.org	
Dragonboating/Breast of Life	nanaimodragonboat.com	668-4521
Dragonboating/Ergondragons	Pat Lough	756-0439
Boating & Fitness Club	Maureen	729-8683
Fastball & Softball - Nanaimo Breakers	www.ergondragons.club	
Fastball/Ladies Rec. League/Nanaimo	www.nanaimobreakers.com	
Fastball/Men's Senior League	Camille Smith	751-5994
Fastball/Nanaimo & District Minor	Gord Mainwaring	
Field Hockey/Nanaimo Women's	www.nanaimofastball.org	
Football Nanaimo	Eiko Eby	758-0658
Gymnastics/Nanaimo School	Rick Keen	390-4417
Gymnastics/Rhythmics Sportive	www.nanaimogymnastics.ca	
Hiking/Island Mountain Ramblers	Eileen Hooyberg	758-3668
islandmountainramblers	http://sites.google.com/site/	
Hiking/Tuesday Hikers	George Stewart	758-7705
Hockey/Female	www.nanaimoislanders.com	
Hockey/Nanaimo & District Minor	nifhakim@shaw.ca	
Hockey/Nanaimo Casual League	www.hockeynanaimo.com	
Hockey/Nanaimo Clippers Jr. A	Kevin Vokins	618-6186
Hockey/NOHL 35+ & 45+ League	Liza Taylor	751-0593
Hockey/Old Timer's	nohl@shaw.ca	www.nohl.ca
Hockey/Recreational League	nohl@shaw.ca	www.nohl.ca
Hunter/Jumper Association	www.nohl.ca	www.nohl.ca
I Can Swim Program	Debbie Forbes	758-8297
Jiu Jitsu/Arnis/Frederiksen Combative	Scott Flood	714-1800
Judo Club/Nanaimo	Ole Frederiksen	619-9349
Judo/Vancouver Island Academy	Ivor Cura	729-8914
Karate/Renshikan/Cedar	www.vija.ca	751-2018
Karate/Shito-ryu Trad. Japanese Karate	www.nanaimokarate.com	722-7020
Karate/Shotokan Do	Robert Sheeley	751-5519
Karate/Shima School	www.nska.ca	585-4771
Kickboxing/Boxing/Tomari Club	Brenda Nordli	756-1055
Lacrosse/Field	Don Arnott	751-3657
Lacrosse/Men's Field	Tammy McDougall	751-0944
Lacrosse/Nanaimo & District Minor	Joel Cocarvell	618-3882
Lacrosse/Nanaimo Masters	www.nanaimolacrosse.ca	722-7067
Lawnbowling Club/Beban Park	Farren Ferguson	758-8971
Lawnbowling Club/Nanaimo	Harvey Hodgins	758-2718
Lawnbowling Club/Visually Impaired	Paul Roughton	390-0379
	Shirley Cole	758-1266



Martial Arts/Kenpo [www.kenpo-martial-arts.com](http://www.kenpo-martial-arts.com)  
 Martial Arts/Nanaimo Mixed John Punt 741-1624/618-3327

## SPORTS GROUPS...con't

Martial Arts/Nanaimo School of Internal	Josh Crossley	753-7241
McGirr Sports Fields	Sandra Tellman	756-1173
Motorcross Association/Nanaimo	<a href="http://www.nanaimobmx.com">www.nanaimobmx.com</a>	
Mountain Bike Club/Nanaimo	Bill McMillan	758-9904
Nanaimo Ultimate Association	Amy Tabata	740-5241
Nanaimo Paddling Centre	<a href="http://www.nanaimopaddling.com">www.nanaimopaddling.com</a>	754-1991
PacificSport Regional Sports Centre	Drew Cooper	740-6572
Pony Club South/Nanaimo (Ages 6-21)	<a href="http://www.canadianponyclub.org">www.canadianponyclub.org</a>	
Quarterhorse Club	Debbie MacLean	390-2080
Ringette Association/Nanaimo	Jill Christie	739-2327
Rock Climbing Club/Romper Room	Aaron Hamilton	751-7625
Roller Derby/Brass Knuckle Derby Dames	Bridgette Duckett	751-5810
Roller Derby/Candy Crushers Junior	Amanda Gould	751-0096
Roller Derby/Harbour City Rollers	<a href="http://harbourcityrollers.com">harbourcityrollers.com</a>	714-4821
Rowing Club/Nanaimo	Don Rinald	756-0570
Rugby/Nanaimo Hornets	<a href="http://www.nanaimohornetsrsc.ca">www.nanaimohornetsrsc.ca</a>	
Rugby/Nanaimo Hornet Mini Youth	Christine De Vries	722-4682
Running/Bastion Club	<a href="http://www.bastionrunning.ca">www.bastionrunning.ca</a>	
Sailing Co-op/Van Isle	<a href="http://www.visail.ca">www.visail.ca</a>	751-1016
Skating Club/Nanaimo	<a href="http://www.nanaimoskatingclub.com">www.nanaimoskatingclub.com</a>	668-4758
Ski Club/Mt. Washington	Patricia Adams	758-5935
Slo Pitch/Men's & Mixed	Mike Woods	756-4627
Slo-Pitch Recreational League 50+	Hans Larsen	390-2353
Sno-Blazers Association/Mid Island	Blake Erickson	758-5440
Soccer/Adult Co-ed	<a href="http://www.nanaimorecsoccer.com">www.nanaimorecsoccer.com</a>	
Soccer/Nanaimo & District Youth Assoc.	Shawn Fiddick	729-9400
Softball/Nanaimo Mixed	Duane Spencer	754-6840
Softball & Fastball - Nanaimo Breakers	<a href="http://www.nanaimobreakers.com">www.nanaimobreakers.com</a>	
Soccer/Nanaimo United	Al Jorgansen	740-7206
Soccer/Upper Island Assoc.	<a href="http://www.uisoccer.ca">www.uisoccer.ca</a>	
Softball/Ladies' Coffee League	Teri-Dawn Wells	245-1341
Softball/Nanaimo & District	Doug Cawthorne	754-1677
South-side Minor Football Assoc	Rob Stevenson	716-1697
Special Olympics	Sylvia Taylor	758-0630
Squash Club/Nanaimo	<a href="http://www.nanaimosquash.com">www.nanaimosquash.com</a>	754-3123
Swim Club/Diamonds Synchronized	Jillian Bartle	756-3601
Swim Club/Master Ebbitides	Steve Ricketts	751-1506
Swim Club/Riptides	Scott Flood	714-1800
Swim Club/White Rapids	<a href="http://www.nanaimowhiterapids.ca">www.nanaimowhiterapids.ca</a>	753-8176
Swim Team/BC Senior Games Zone 2(55+)	Jim Scantland	756-4849
Table Tennis Club of Nanaimo	Dan Ford	756-2147
Tae-Kwon-Do Club of Nanaimo		751-1585
Tae-Kwon-Do/World Academy	Young Kim	760-0119
Tai Chi/Mid-Island Club of Nanaimo	<a href="http://www.midislandtaichi.org">www.midislandtaichi.org</a>	778-971-9233
Tai Chi/Taoist Society	<a href="http://www.taoist.org">www.taoist.org</a>	753-6905
Tennis Club/Bowen Park	Harvey Jenkins	754-9716
Todo Kai Iaido Club	<a href="mailto:sds007@shaw.ca">sds007@shaw.ca</a>	<a href="http://www.todokai.ca">www.todokai.ca</a>
Triathlon Club/Harbour City	Ross Palfery	758-9242
Track & Field/Nanaimo Club	Sue Little	754-9266
Ultimate Frisbee Assoc./Nanaimo	<a href="http://www.nanaimoultimate.ca">www.nanaimoultimate.ca</a>	740-5241
VIU Athletic Dept. - Mariners	<a href="http://www.mala.ca/mariners">www.mala.ca/mariners</a>	740-6402
VIU Campus Recreation	Don Cohen	753-3245 (2480)
VIU Fitness Centre	Tina McComb	740-6431
Volleyball/Mariners Club	<a href="http://www.marinersvolleyballclub.ca">www.marinersvolleyballclub.ca</a>	
Volleyball/Men's Int. (Noon Group)	Reg Warren	758-7653
Volleyball/Nanaimo Sport	<a href="http://nanaimosport.com">nanaimosport.com</a>	751-2605
Volleyball/Nanaimo Women's Association	Janet Savrtka	754-1484
Walking Club/Bastion City Wanderers Club	<a href="http://www.volkssportingbc.ca">www.volkssportingbc.ca</a>	756-9796
Wallyball League/Mid Island	Michael Kossey	390-9038
Warriors Kung Fu & Tai Chi Club	<a href="http://www.warriors.us">www.warriors.us</a>	716-1007
Weightlifting Club (Crossfit Nanaimo)	<a href="mailto:info@nanaimocrossfit.ca">info@nanaimocrossfit.ca</a>	667-5937
Wheelchair Sport Club/Mid Island	Bert Abbott	741-9889

## YOUTH CLUBS

4-H Club/Gabriola Island	Sue Boulton	247-9202
Air Cadets/Nanaimo	Captain Susan Morgan	390-2289
Al-Anon Alateen		754-3909
Basketball/Friday Nite	Joan Hiemstra	758-3773
Boys and Girls Club/Central V.I.	Ian Kalina	754-3215
Canadian Girls In Training	Janice Grinnell	245-5016
Canadian Scottish (2422) Army Cadets		755-5361
Canoe/Kayak Club, Junior Racing Team	Ashley Rowe	758-4052
Central Island Youth Soccer Academy	Nick Brandstaetter	<a href="mailto:info@ciysa.ca">info@ciysa.ca</a>
Choir/Nanaimo Youth	Marian Smith	758-2861
Curling Club/After School Junior Program		753-3474
Explorers/Cedar (8-11 yrs)	Janice Grinnell	245-4016
Girl Guides/Nanaimo	Elenor Hirst	753-1283
Job's Daughters/International Order of	Jane Bourke	753-5203
Mind's Eye Youth Newspaper	<a href="mailto:mindseye@nysa.bc.ca">mindseye@nysa.bc.ca</a>	754-1989 Ext. 239
Nanaimo Breakers Softball & Fastball	<a href="http://www.nanaimobreakers.com">www.nanaimobreakers.com</a>	
Nanaimo Unique Kids Organization (Special Needs)	<a href="http://www.nuko.ca">www.nuko.ca</a>	585-6856
Navy League Cadets	<a href="mailto:65jpbell@gmail.com">65jpbell@gmail.com</a>	758-3797
Rock Climbing Club/Romper Room	Aaron Hamilton	751-7625
Royal Canadian Army Cadets	Commanding Officer	755-5361
Scouts of Canada		1-888-726-8876
Sea Cadets of Nanaimo (12-18 yrs)	<a href="mailto:136sea@cadets.gc.ca">136sea@cadets.gc.ca</a>	753-3797
St. John Ambulance Cadets		729-8889
Tillicum Lelum Aboriginal Friendship Center	<a href="mailto:educationcentre@tillicumlelum.ca">educationcentre@tillicumlelum.ca</a>	
Volleyball Club/Youth Girls/Nanaimo	<a href="http://members.shaw.ca/nanaimovolleyball/">http://members.shaw.ca/nanaimovolleyball/</a>	
Young Naturalists Club/Nanaimo	Elke Wind	716-1119
Youth Services/One Stop	<a href="http://www.nysa.bc.ca">www.nysa.bc.ca</a>	754-1989



**Please note: Help us keep this list accurate and up-to-date by notifying us of any contact changes within your club or organization.**

**Please call 250-755-7510 to have your non profit club or organization listing updated or [parksandrecreation@nanaimo.ca](mailto:parksandrecreation@nanaimo.ca).**