

# **Community Resources and Services**



# **Services for People with Diverse Abilities**

### NANAIMO BRAIN INJURY SOCIETY

Phone 250-753-5600 or Text Line: 250-268-3959

Email info@nbis.ca

Monday- Thursday 9 am- 4 pm (closed 12- 1 pm) Hours

Address #101-235 Bastion Street

Provides assistance to persons with an acquired brain Services

injury, their families and/or caregivers through education,

advocacy, and community rehabilitation support.

Website www.nbis.ca

**Bus Route** #40





# NANAIMO DISABILITY RESOURCE CENTRE (NDRC)

Phone 250-758-5547

Email reception@ndrc.info

Hours Monday- Friday 9 am- 12 pm & 12:30- 3:30 pm

Address #2-4166 Departure Bay Road

Services Provides support, resources, and opportunities for

> empowerment, which allow people living with disabilities and seniors to make informed choices about their lives.

Website www.ndrc.info

**Bus Route** #1, #20

Social A

### NANAIMO SUPPORTIVE LIFESTYLES PROGRAM

250-753-0332 Phone

supportstaff@nanaimosl.ca Email

Hours Monday-Friday 9 am-5 pm

Address #2- 1601 Bowen Road

Training in social and personal skills for adults with Services

> developmental disabilities. All referrals for service accepted directly from Community Living BC.

**Bus Route** #30, #40

#### REDUCING POVERTY INITIATIVE

Phone 778-421-0821 ext 214

Email reducingpoverty@nidmar.ca

Services Occupational Rehabilitation Initiative aims to support

> individuals who have acquired a physical or mental health impairment and their employers in the return-to-work

journey.

www.reducingpoverty.nidmar.ca Website

## SEMI-INDEPENDENT LIVING PROGRAM

Phone 250-754-5015

Monday- Friday 9 am- 4:30 pm Hours

Address #307-235 Bastion Street

Services Training and support for adults with developmental

disabilities who live on their own. Teaches skills required to

live independently.

**Bus Route** #40



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### SPECIAL OLYMPICS BC - NANAIMO

Phone 250-208-5402 or 1-888-854-2276

Email nanaimo@specialolympics.bc.ca

Through the power of sport, Special Olympics BC Services

> transforms the lives of individuals with intellectual disabilities and those who support them. SOBC-Nanaimo offers a wide selection of Summer and Winter sport

programs for athletes of all ages and abilities.

Website www.specialolympics.bc.ca

### SUPPORTING ADVOCATES IN LEADERSHIP

Phone 250-753-1907

Hours Monday- Friday 9 am- 5 pm

Address 271 Pine Street

Supports adults with diverse abilities to have their voices Services

> heard, look for solutions, take positive actions, learn, educate others and raise awareness to help create a more inclusive society for all, funded by Community Living BC.

**Bus Route** #5, #25, #40

### VANCOUVER ISLAND VOCATIONAL & REHABILITATION SERVICES

Phone 250-753-4225

Email office@vivrs.ca

Monday-Friday 8:30 am- 4:30 pm Hours

Address #203-155 Skinner Street

Vocational and life skills services for persons with Services

disabilities or barriers to employment who wish to

achieve employment, access training, or attain community

attachment.

Website www.vivrs.ca

**Bus Route** #40

