



## Health Services




### Medical Clinics


#### AIDS VANCOUVER ISLAND

|           |   |
|-----------|---|
| Phone     | 250-754-9111 or toll free at 1-877-311-7400   |
| Hours     | Monday 9 am- 2 pm<br>Tuesday- Thursday 9 am- 5 pm   |
| Address   | <a href="#">102- 55 Victoria Road</a>   |
| Services  | Provides integrated services such as education, advocacy, and client support to individuals with HIV/AIDS, Hepatitis C, and other communicable diseases. Provides education and harm reduction information to schools, the broader community, and target populations. |
| Website   | <a href="http://www.avi.org">www.avi.org</a>  |
| Bus Route | #7, #70, #78  |


#### CANADIAN CANCER SOCIETY

|          |  |
|----------|--|
| Phone    | 1-888-939-3333   |
| Email    | <a href="mailto:info@cancer.ca">info@cancer.ca</a> (for information and support) or <a href="mailto:connect@cancer.ca">connect@cancer.ca</a> (general inquiries)   |
| Services | Provides emotional and practical support and assistance to cancer patients, arranges out-of-town transport for cancer patients during treatment. Wigs, hats, scarves, bras, prosthesis, brochures, books, videos, and appointments for the wig and hair stylist are available at no cost. Register for the Look Good Feel Better Program online ( <a href="http://lookgoodfeelbetter.ca">lookgoodfeelbetter.ca</a> ) or by telephone 1-800-914-5665. |
| Website  | <a href="http://www.cancer.ca">www.cancer.ca</a>   |
| Social   |   |

#### CANADIAN DIABETES ASSOCIATION

|          |   |
|----------|---|
| Phone    | 1-800-226-8464  |
| Hours    | Monday- Friday 10 am- 2 pm  |
| Services | Diabetes Canada is the nation's most trusted provider of diabetes education, research, resources, and services. |
| Website  | <a href="http://www.diabetes.ca">www.diabetes.ca</a>  |
| Social   |                              |

#### PRINCESS ROYAL FAMILY CENTRE HEALTH UNIT (SOUTH END PUBLIC HEALTH)

|           |   |
|-----------|---|
| Phone     | 250-739-5845  |
| Hours     | Monday- Friday 8:30am - 4:30pm, hours may vary  |
| Address   | <a href="#">80 Chapel Street</a>  |
| Services  | Offers a range of services to promote health and wellness in the community including dental health, nutrition programs, prenatal and parenting education, access to a Public Health Nurse, immunizations, parent and child support services, sexual health, youth support and speech and language services. |
| Website   | <a href="http://www.islandhealth.ca">www.islandhealth.ca</a>  |
| Bus Route | #1, #20, #20A, #25, #30, #72  |
| Social    |    |



### Medical Clinics

#### COMMUNITY OUTREACH DENTAL ENDEAVOUR (CODE)

|           |   |
|-----------|---|
| Phone     | 250-591-0771  |
| Email     | <a href="mailto:codedental@shaw.ca">codedental@shaw.ca</a>  |
| Address   | <a href="#">201- 489 Wallace Street</a>   |
| Services  | Not for Profit Dental Clinic. Patients are asked to make a donation to the clinic for their treatments. Check website or call for hours of operation. |
| Website   | <a href="http://www.connective.ca">www.connective.ca</a>  |
| Bus Route | #5, #6  |

#### COMMUNICABLE DISEASE CLINIC

|           |  |
|-----------|--|
| Phone     | 250-740-2615   |
| Hours     | Monday- Friday 8:30 am- 4:30 pm  |
| Address   | <a href="#">1665 Grant Avenue</a>  |
| Services  | Counselling and treatment for sexually transmitted infections, testing and referral for communicable diseases and TB, and central island viral hepatitis service. Appointments required. |
| Bus Route | #30  |

#### HEALTH INSURANCE BC

|          |  |
|----------|--|
| Phone    | 1-800-663-7100   |
| Services | General information about the Medical Services Plan and PharmaCare benefits and services |
| Website  | <a href="http://www2.gov.bc.ca">www2.gov.bc.ca</a>                                       |

#### HEALTH LINK BC

|          |  |
|----------|--|
| Phone    | 811  |
| Services | Free-of-charge provincial health information and advice phone line available in British Columbia |
| Website  | <a href="http://www.healthlinkbc.ca">www.healthlinkbc.ca</a>                                     |

#### HEALTH MATTERS CLINIC

|           |  |
|-----------|--|
| Phone     | 250-753-6759   |
| Hours     | Monday- Thursday 8:30 am- 5:30 pm  |
| Address   | <a href="#">103- 1450 Waddington Road</a>  |
| Services  | Provides free and confidential STI, Hep C, and Rapid HIV testing and treatment. The clinic is located on the main floor at the end of the hall on your left side in suite #103. Call or Text: 250-753-6759 for an appointment. |
| Bus Route | #30  |

#### MOBILE HEALTH OUTREACH

|           |  |
|-----------|--|
| Phone     | Toll free 1-844-482-4239 or text 250-510-3637  |
| Hours     | Friday and Saturday 1:30 pm- 9:30 pm   |
| Services  | Free and confidential safer sex and drug use supplies, HIV testing, referral, overdose prevention and harm reduction. Mobile Health Outreach provides harm reduction supplies, information and referral on a confidential basis in the Cowichan Lake, Duncan, Ladysmith, Nanaimo and Parksville areas. |
| Website   | <a href="http://www.narsf.org">www.narsf.org</a>   |
| Bus Route | #1, #20, #30, #50  |




## Health Services




### Medical Clinics



#### NANAIMO PUBLIC HEALTH UNIT

|           |  |
|-----------|--|
| Phone     | 250-755-6200   |
| Email     | <a href="mailto:NanaimoPublicHealth@islandhealth.ca">NanaimoPublicHealth@islandhealth.ca</a>   |
| Hours     | Monday- Friday 8:30 am- 4:30 pm  |
| Address   | <a href="#">1665 Grant Avenue</a>  |
| Bus Route | #30  |
| website   | <a href="http://www.islandhealth.ca">www.islandhealth.ca</a>   |
| Social    |   |
| Service   | <div>Public Health Nursing 250-755-3388</div> <div>Primary Care Memory Clinic 250-755-3301</div> <div>Immunization Appointments 250-755-3342</div> <div>Adult &amp; Youth Health Clinic 250-755-3345</div> <div>Infant, Child &amp; Family Intake 250-755-3388</div> <div>Postpartum Depression Support 250-755-3388</div> <div>Hearing Services Appointment 250-755-6269</div> <div>Speech Services 250-739-6827</div> <div>Dental Health Program 250-739-5845</div> <div>Nutrition Services 250-739-5845</div> |

#### NANAIMO REGIONAL GENERAL HOSPITAL

|           |   |
|-----------|---|
| Phone     | 250-755-7691  |
| Hours     | 24/7  |
| Address   | <a href="#">1200 Dufferin Crescent</a>  |
| Website   | <a href="http://www.islandhealth.ca">www.islandhealth.ca</a>  |
| Bus Route | #30   |
| Social    |   |

#### OPTIONS FOR SEXUAL HEALTH

|           |   |
|-----------|---|
| Phone     | 250-753-9511  |
| Hours     | Monday- Wednesday 5 pm- 8 pm  |
| Address   | <a href="#">#8- 1599 Dufferin Crescent</a>  |
| Services  | Reproductive health services including birth control information and supplies, fertility awareness, pregnancy testing information and counselling, sexually transmitted infections testing and treatment. Appointments preferred. |
| Bus Route | #30   |
| Social    |     |

#### BC CANCER SCREENING

|           |  |
|-----------|--|
| Phone     | 250-716-5904   |
| Hours     | Monday- Thursday 8:30 am- 4 pm<br>Friday 8:30 am- 3:30 pm<br>Every Second Saturday 8:30 am- 12:35 pm |
| Address   | <a href="#">Unit B 1804 Bowen Road</a>   |
| Website   | <a href="http://www.bccancer.bc.ca">www.bccancer.bc.ca</a>   |
| Bus Route | #30  |

#### VIU DENTAL CLINIC

|           |   |
|-----------|---|
| Phone     | 250-740-6240  |
| Services  | All treatment is provided by dental students who are supervised by licensed faculty and dentists. |
| Address   | <a href="#">900 Fifth Street</a>  |
| Bus Route | #5, #6, #8, #15, #15A, #25, #40   |