



Health Services



Medical Clinics

AIDS VANCOUVER ISLAND

Phone 250-754-9111 or toll free at 1-877-311-7400

Hours Monday 9 am - 2 pm
Tuesday - Thursday 9 am - 5 pm

Address [102 - 55 Victoria Road](#)

Services Provides integrated services such as education, advocacy, and client support to individuals with HIV/AIDS, Hepatitis C, and other communicable diseases. Provides education and harm reduction information to schools, the broader community, and target populations.

Website www.avi.org

Bus Route #7, #70, #78

BC CANCER SCREENING

Phone 250-716-5904

Hours Monday - Thursday 8:30 am - 4 pm
Friday 8:30 am - 3:30 pm
Every Second Saturday 8:30 am - 12:35 pm

Address [1804B Bowen Road](#)

Website www.bccancer.bc.ca

Bus Route #30


CANADIAN DIABETES ASSOCIATION

Phone 1-800-226-8464

Hours Monday - Friday 10 am - 2 pm

Services Diabetes Canada is the nation's most trusted provider of diabetes education, research, resources, and services.

Website www.diabetes.ca

Social 


CANADIAN CANCER SOCIETY

Phone 1-888-939-3333

Email info@cancer.ca (for information and support) or connect@cancer.ca (general inquiries)

Services Provides emotional and practical support and assistance to cancer patients, arranges out-of-town transport for cancer patients during treatment. Wigs, hats, scarves, bras, prosthesis, brochures, books, videos, and appointments for the wig and hair stylist are available at no cost. Register for the Look Good Feel Better Program online (lookgoodfeelbetter.ca) or by telephone 1-800-914-5665.

Website www.cancer.ca

Social 



Medical Clinics

CENTRAL NANAIMO URGENT AND PRIMARY CARE CENTRE

Phone 1-833-688-8722 for same day (within 12-24 hour) appointment

Hours 8 am to 8 pm, 7 days a week

Address [3260 Norwell Drive](#)

Services Medical services which are routinely available in a primary care doctor's office such as common illnesses, minor injuries, reproductive and sexual health. Not an emergency facility or an essential service.

Website www.islandhealth.ca

Bus Route #1, #20, #20A, #25, #30, #40, #72

COMMUNITY OUTREACH DENTAL ENDEAVOUR (CODE)

Phone 250-591-0771

Email codedental@shaw.ca

Address [201 - 489 Wallace Street](#)

Services Not for Profit Dental Clinic. Patients are asked to make a donation to the clinic for their treatments. Check website or call for hours of operation.

Website www.connective.ca

Bus Route #5, #6

COMMUNICABLE DISEASE CLINIC

Phone 250-740-2615

Hours Monday - Friday 8:30 am - 4:30 pm

Address [1665 Grant Avenue](#)

Services Counselling and treatment for sexually transmitted infections, testing and referral for communicable diseases and TB, and central island viral hepatitis service. Appointments required.

Bus Route #30

HEALTH INSURANCE BC

Phone 1-800-663-7100

Services General information about the Medical Services Plan and Pharma Care benefits and services

Website www2.gov.bc.ca

HEALTH LINK BC

Phone 811

Services Free-of-charge provincial health information and advice phone line available in British Columbia.

Website www.healthlinkbc.ca



Medical Clinics

HEALTH MATTERS CLINIC

Phone 250-753-6759

Hours Monday - Thursday 8:30 am - 5:30 pm

Address [103 - 1450 Waddington Road](#)

Services Provides free and confidential STI, Hep C, and Rapid HIV testing and treatment. The clinic is located on the main floor at the end of the hall on your left side in suite #103. Call or Text: 250-753-6759 for an appointment.

Bus Route #30

MEDICAL ARTS URGENT AND PRIMARY CARE CENTRE

Phone 778-776-5144 for same day (within 12-24 hour) appointment

Hours Monday - Friday: 8 am to 9 pm
Saturday & Sunday: 9 am to 6 pm

Address [103 - 650 South Terminal Avenue](#)

Services Medical services which are routinely available in a primary care doctor's office such as common illnesses, minor injuries, reproductive and sexual health. Not an emergency facility or an essential service.

Website www.islandhealth.ca

Bus Route #1, #5, #6, #70, #20, #25, #30, #40, #70, #72, #78

MOBILE HEALTH OUTREACH

Phone Toll free 1-844-482-4239 or text 250-510-3637

Hours Friday and Saturday 1:30 pm - 9:30 pm

Services Free and confidential safer sex and drug use supplies, HIV testing, referral, overdose prevention and harm reduction. Mobile Health Outreach provides harm reduction supplies, information and referral on a confidential basis in the Cowichan Lake, Duncan, Ladysmith, Nanaimo and Parksville areas.

Website www.narsf.org

Bus Route #1, #20, #30, #50

NANAIMO PUBLIC HEALTH UNIT

Phone 250-755-6200

Email NanaimoPublicHealth@islandhealth.ca

Hours 7 days a week 8:30 am - 4:30 pm

Address [1665 Grant Avenue](#)

Bus Route #30

website www.islandhealth.ca

Social 

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| Services | Public Health Nursing | 250-755-3388 |
| | Primary Care Memory Clinic | 250-755-3301 |
| | Immunization Appointments | 250-755-3342 |
| | Adult & Youth Health Clinic | 250-755-3345 |
| | Infant, Child & Family Intake | 250-755-3388 |
| | Postpartum Depression Support | 250-755-3388 |
| | Hearing Services Appointment | 250-755-6269 |
| | Speech Services | 250-739-6827 |
| | Dental Health Program | 250-739-5845 |
| | Nutrition Services | 250-739-5845 |



Medical Clinics

NANAIMO REGIONAL GENERAL HOSPITAL

Phone 250-755-7691
Hours 24/7
Address 1200 Dufferin Crescent
Website www.islandhealth.ca
Bus Route #30
Social [Facebook] [Twitter]

OPTIONS FOR SEXUAL HEALTH

Phone 250-753-9511
Hours Monday - Wednesday 5 pm - 8 pm
Address #8 - 1599 Dufferin Crescent
Services Reproductive health services including birth control information and supplies, fertility awareness, pregnancy testing information and counselling, sexually transmitted infections testing and treatment. Appointments preferred.
Bus Route #30
Social [Facebook] [Twitter]

PRINCESS ROYAL FAMILY CENTRE HEALTH UNIT (SOUTH END PUBLIC HEALTH)

Phone 250-739-5845
Hours Monday - Friday 8:30am - 4:30pm, hours may vary
Address 80 Chapel Street
Services Offers a range of services to promote health and wellness in the community including dental health, nutrition programs, prenatal and parenting education, access to a Public Health Nurse, immunizations, parent and child support services, sexual health, youth support and speech and language services.
Website www.islandhealth.ca
Bus Route #1, #20, #20A, #25, #30, #72
Social [Facebook]

VIU DENTAL CLINIC

Phone 250-740-6240
Services All treatment is provided by dental students who are supervised by licensed faculty and dentists.
Address 900 Fifth Street
Bus Route #5, #6, #8, #15, #15A, #25, #40

