



Meal Schedule - Drop in

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Salvation Army Breakfast Delivery 110 Wall Street/ Downtown Locations 8:30 - 10:30 am	Salvation Army Breakfast Delivery 110 Wall Street/ Downtown Locations 8:30 - 10:30 am	Salvation Army Breakfast Delivery 110 Wall Street/ Downtown Locations 8:30 - 10:30 am	Salvation Army Breakfast Delivery 110 Wall Street/ Downtown Locations 8:30 - 10:30 am	Salvation Army Breakfast Delivery 110 Wall Street/ Downtown Locations 8:30 - 10:30 am		
	7-10 Club Bagged Lunches 110 Wall Street/ Downtown 8:30 - 9:30 am	7-10 Club Bagged Lunches 110 Wall Street/ Downtown 8:30 - 9:30 am	7-10 Club Bagged Lunches 110 Wall Street/ Downtown 8:30 - 9:30 am	7-10 Club Bagged Lunches 110 Wall Street/ Downtown 8:30 - 9:30 am	7-10 Club Bagged Lunches 110 Wall Street/ Downtown 8:30 - 9:30 am		
LUNCH	St. Paul's Anglican Church/ Nanaimo Foodshare Community Lunch 100 Chapel Street 12 - 1 pm	Snuneymuxw Hulit Lelum - Health Centre Hot Lunch 1 Port Drive 12 - 2 pm	St Andrew's United Church Coffee Group 315 Fitzwilliam 9:30 - 11:30am	St. Andrew's Presbyterian Church Community Lunch 4235 Departure Bay Rd 11 - 12:30 pm			St Paul's Anglican Church Hot Lunch 100 Chapel Street 12:30 pm
	Snuneymuxw Hulit Lelum - Health Centre Hot Dinner 1 Port Drive 4:30pm - 5:30pm		Snuneymuxw Hulit Lelum - Health Centre Hot Dinner 1 Port Drive 4:30pm - 5:30pm		Snuneymuxw Hulit Lelum - Health Centre Hot Dinner 1 Port Drive 4:30pm - 5:30pm		Harvest Church 6553 Portsmouth Rd Dinner 5 pm