



## First Nations

### M'AKOLA HOUSING SOCIETY

Phone 250-756-4217 or After Hours Emergencies: 1-877-384-1423 EXT. 2

Hours Tuesday - Thursday 9 am - 4 pm

Email [info@makola.bc.ca](mailto:info@makola.bc.ca)

Address [#22 - 3201 Shenton Road](#) (Nanaimo Regional Office)

Services Provides homes primarily for indigenous people where they can feel connected to traditional values and community.

Website [www.makola.bc.ca](http://www.makola.bc.ca)

Bus Route #30

### MID-ISLAND METIS NATION

Phone 250-585-7441

Hours Tuesday - Friday 10 am - 4 pm

Email [office.mimn@shaw.ca](mailto:office.mimn@shaw.ca)

Address [#26 - 1708 Bowen Road](#)

Services Protects and promotes Métis culture through developing and implementing training, cultural programming, education, and economic opportunities while ensuring effective communication to all members on Central Vancouver Island.

Website [www.midislandmetis.com](http://www.midislandmetis.com)

Bus Route #40

Social 

### ISLAND URBAN INDIGENOUS WELLNESS SOCIETY

Email [admin@iuiws.ca](mailto:admin@iuiws.ca)

Address [2595 McCullough Road](#)

Services Offers a variety of education programs/schooling services for students in grades K-12. Operates one housing complex Nuutsumut Lelum (1406 Bowen Road). Programs/ services/community activities are open to all Nanaimo residents and visitors.

Bus Route #30, #40, #50



First Nations

SNUNEYMUXW FIRST NATION - HEAD OFFICE

Phone 250-740-2300 or Toll free 1-888-636-8789

Email [mail@snuneymuxw.ca](mailto:mail@snuneymuxw.ca)

Hours Monday - Friday 8 am - 4 pm (closed 12 - 1 pm)

Address [668A Centre Street](#)

Services Offer many services and programs including social assistance, family based programs, training, housing and more.

Website [www.snuneymuxw.ca](http://www.snuneymuxw.ca)

Bus Route #7

SNUNEYMUXW FIRST NATION - TRADITIONAL MEDICINES CLINIC

Phone 250-740-2323

Hours Monday - Thursday 9 am - 12 pm and 1 - 4 pm

Address [1984 Woobank Road](#)

Services Offering traditional treatments for maternal and child health issues, sleep, anxiety, physical pain and depression.

Website [www.snuneymuxw.ca](http://www.snuneymuxw.ca)

Bus Route #8

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE

Phone 250-753-4417 Promotes justice, fairness, and equality for

Services aboriginal people through a holistic approach to programming and services.

Website [www.tillicumlelum.ca](http://www.tillicumlelum.ca)

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE - EDUCATION CENTRE

Phone 250-753-8291

Hours Monday - Friday 9 am - 5 pm

Address [927 Haliburton Street](#)

Bus Route #7

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE - HEALTH CENTRE

Phone 250-753-6578

Hours Monday - Friday 9 am - 5 pm

Address [602 Haliburton Street](#)

Bus Route #7