

# **Community Resources and Services**



## **First Nations**

#### M'AKOLA HOUSING SOCIETY

Phone 250-756-4217 or

After Hours Emergencies: 1-877-384-1423 EXT. 2

Hours Tuesday - Thursday 9 am - 4 pm

Email info@makola.bc.ca

Address #22- 3201 Shenton Road (Nanaimo Regional Office)

Services Provides homes primarily for indigenous people where

they can feel connected to traditional values and

community.

Website www.makola.bc.ca

Bus Route #30

### MID-ISLAND METIS NATION

Phone 250-585-7441

Hours Tuesday - Friday 10 am - 4 pm

Email office.mimn@shaw.ca

Address #26- 1708 Bowen Road

Services Protects and promotes Métis culture through developing

and implementing training, cultural programming, education, and economic opportunities while ensuring effective communication to all members on Central

Vancouver Island.

Website www.midislandmetis.com

Bus Route #40
Social

### ABORIGINAL CHILD & FAMILY SERVICES

Phone 250-741-5734 or Toll Free: 1-866-722-2235

Hours Monday- Friday 9 am- 4 pm (closed from 12- 1 pm)

Address #301- 190 Wallace Street

Services Services offered include family service team, investigations

into claims of abuse and neglect, child and youth special

needs.

Website www2.gov.bc.ca

Bus Route #1, #20, #30, #50

#### ISLAND URBAN INDIGENOUS WELLNESS SOCIETY

Email admin@iuiws.ca

Address 2595 McCullough Road

Services Offers a variety of education programs/schooling services

for students in grades K-12. Operates one housing complex

Nuutsumuut Lelum (1406 Bowen Road). Programs/ services/community activities are open to all Nanaimo

residents and visitors.

Bus Route #30, #40, #50



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SNUNEYMUXW FIRST NATION - HEAD OFFICE

Phone 250-740-2300 or Toll free 1-888-636-8789

Email <u>mail@snuneymuxw.ca</u>

Hours Monday- Friday 8 am- 4 pm (closed 12- 1 pm)

Address 668A Centre Street

Services Offer many services and programs including social

assistance, family based programs, training, housing and

more.

Website <u>www.snuneymuxw.ca</u>

Bus Route #7

SNUNEYMUXW FIRST NATION - TRADITIONAL MEDICINES CLINIC

Phone 250-740-2323

Hours Monday- Thursday 9 am- 12 pm and 1- 4 pm

Address 1984 Woobank Road

Services Offering traditional treatments for maternal and child

health issues, sleep, anxiety, physical pain and depression.

Website www.snuneymuxw.ca

Bus Route #8

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE

Phone 250-753-4417

Services Promotes justice, fairness, and equality for aboriginal

people through a holistic approach to programming and

services.

Website www.tillicumlelum.ca

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE -

**EDUCATION CENTRE** 

Phone 250-753-8291

Hours Monday- Friday 9 am- 5 pm

Address 927 Haliburton Street

Bus Route #7

TILICUM LELUM ABORIGINAL FRIENDSHIP CENTRE -

HEALTH CENTRE

Phone 250-753-6578

Hours Monday- Friday 9 am- 5 pm

Address 602 Haliburton Street

Bus Route #7