WESTWOOD LAKE PARK / TRAIL

MAFFEO SUTTON PARK / HARBOUR WALKWAY

DEPARTURE BAY

BOWEN PARK CONCERT

WESTWOOD LAKE

Quick Reference Destinations

In Nanaimo, we love exploring our parks and trails! Below we have listed a few of our most popular places, including some suggested walking destinations. Look at the **symbol and number** in the list below. **It will correspond with the icons** on the **map & amenities grid** locating that **listed destination**. Take a moment to discover **Nanaimo's parks and trails!**

Top Walking Destinations (easy to moderate level)

1. **Beban Park** - Nanaimo's premier recreation hub has the Participark with meandering soft surface trails totalling 2.1 kilometres or a perimeter trail of 1 kilometre. A paved trail is found encircling the artificial turf fields and the golf course which is approximately 1.2 kilometres.
2. **Bowen Park** - one of Nanaimo's main destination parks, trails of various types are found throughout, including paved and gravel. Approximate distance from one end of the park to the other is 3 kilometres (from parking lot off Wall Street to Bowen West Field).
3. **Colliery Dam Park** - located in Nanaimo's south end, trails are found around both the Upper Lake (0.9 kilometres) and Lower Lake (1.2 kilometres).
4. **E&N Trail** - located along the E&N Rail Corridor and along the Island Highway, this paved, multi-use trail is approximately 8 kilometres.
5. **Lost Lake Park** - the distance around the lake is 1 kilometre with boardwalks and some stairs.
6. **Neck Point Park** - the trail from the parking lot around the park is approximately 3 kilometres. Parts of the trail are flat while other parts have stairs. Beach access available from the main parking lot.
7. **Parkway Trail** - following along the Parkway, challenge yourself with this distance trail of over 20 kilometres from end to end. The entire trail is paved.
8. **Pipers Lagoon Park** - the trail distance is 1.6 kilometres that includes accessible beach access.
9. **Waterfront** - arguably the most popular walking destination, the waterfront trail is paved, flat and accessible. It extends 2.2 km from around Cameron Island, through Maffeo Sutton Park, across the Lions Great Bridge and along the Queen Elizabeth II Promenade towards the Nanaimo Yacht Club.
10. **Westwood Lake Park** - the perimeter trail is approximately 5.6 kilometres with several trail off-shoots found throughout.
11. **Linley Valley Park** - a wilderness park located between Departure and Hammond Bay. The network of trails within the park will take you through various landscapes from forested trails to valleys, fields and rocky knolls. The city managed portion of the parkland includes groomed trails and maintained boardwalks.

Numbers correspond with icon numbers on the activity grid to the right & the map on the reverse side.

BF Bike Friendly

* There are many parks that are great for young riders to develop their riding skills.

Top Family Playground Destinations

1. **Altrusa Playground** at Beban Park,
2. **Harewood Centennial Park**
3. **Harbourside Playground** at Maffeo Sutton Park
4. **Mansfield Park**
5. **Oliver Woods Playground**

Water / Spray Parks

1. **Departure Bay Centennial Park**
2. **Deverill Square Gyro Park**
3. **Harewood Centennial Park**
4. **Mansfield Park**

Nanaimo Pools

1. **Beban Park Pool** (lane pool, leisure area, slides, child area, hot tub)
2. **Kin Pool** at Bowen Park (outdoor pool)
3. **Nanaimo Aquatic Centre** (largest indoor facility with full amenities)

Nanaimo Ice Arenas

1. **Frank Crane Arena** at Beban Park
2. **Cliff McNabb Arena** at Beban Park
3. **Nanaimo Ice Centre** (2 ice sheets)

Community Gardens

1. **The Beaufort Park Commons**
2. **Beban Urban Garden Society** (BUGS)
3. **Forest Drive Gyro Park**
4. **Pawson Park**
5. **Smugglers Park**, Protection Island

Boat Launch

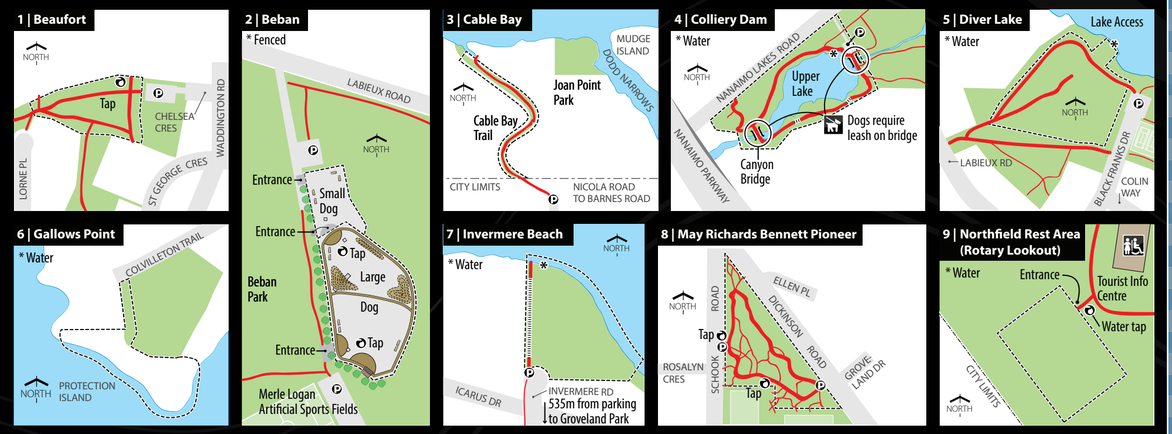
1. **Brannen Boat Ramp**
2. **Brechin Boat Ramp**
3. **Charlaine Boat Ramp**
4. **Fillinger Waterfront Park 1**
5. **Westwood Lake Park**
6. **Diver Lake Park**
7. **Morningside Park**
8. **Kinsmen Park**

Nanaimo's Sports Fields

1. **Barney Moriez Park**
2. **Merle Logan Field** at Beban Park (1st Artificial Turf Sport Field)
3. **2nd Artificial Turf Sport Field** at Beban Park
4. **Gyro Sport Fields (4)** at Beban Park
5. **Bowen West Sports Field**
6. **Caledonia Sports Field**
7. **Comox Gyro Park**
8. **Departure Bay Centennial Park**
9. **Deverill Square Gyro Park**
10. **Diver Lake Park**
11. **Elaine Hamilton Park**
12. **Groveland Sports Field**
13. **Sherry Fields** - Harewood Centennial Park
14. **Harry Wipper Sports Field**
15. **Mansfield Park**
16. **May Richards Bennett Pioneer Park**
17. **McGirr Sports Complex** - (4)
18. **Pleasant Valley Sports Field**
19. **Robins Park**
20. **Rotary Bowl**
21. **Serauxmen Stadium**
22. **Sid Clark Gyro Park**
23. **Third Street Park** - Serauxmen Sports Fields
24. **Old Harewood School Sports Fields**
25. **NDSS Community Sports Field**

Dog Parks

The City of Nanaimo's parks and trails are multi-use and are for everyone. There are 12 established off-leash locations to exercise dogs leash free. Each site has unique characteristics.



Please be responsible by:

1. Being considerate
2. Honouring bylaw rules
3. Allowing your dog off-leash only within the designated off-leash areas
4. Keeping restricted dogs leashed and muzzled at all times
5. Training your dog to respond to voice and signal commands
6. Immediately putting your dog on a leash if it acts hostile towards people, dogs or wildlife
7. Picking up after your dog and depositing into a receptacle
8. Protecting your dog and other dogs by vaccinating
9. Holding back dogs from chasing wildlife
10. Carrying a leash on every walk
11. Sharing on-leash parks and trails with others

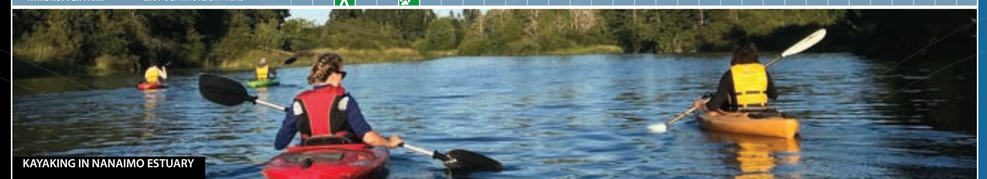
Search Amenities

For more detail, please visit our website at www.nanaimo.ca and use our "parks search tool".

* Popular destinations

Places		Accessible	Washroom	Pedestrian Routes	Playgrounds	Water Park	Dog Off Leash Areas	Community Garden	Pool	Arena	Sport Field	Interpretive Content	Beach Access	View Points	Picnic Area / Shelter	Boat Ramp	Disc Golf	Sport Court	Tennis	Pickleball	Lacrosse	Horse Shoes	Lawn Bowling	Volley Ball	Drinking Fountain	Skatepark	Gym / Fitness Area	Fishing	Kayaking	Swimming	Diving	Waterfront, Lake, Stream	Bike Friendly
APPLEGREEN PARK	309 APPLEWOOD AVENUE																																
ARBUTUS PARK	291 ROVERE PLACE																																
BARNEY MORIEZ PARK	450 POPLAR STREET										1																						* BF
BEACH ESTATES PARK	2140 DEPARTURE BAY ROAD																															F	
* BEAUFORT PARK	69 LORNE PLACE						1	1																									* BF
* BEBAN PARK	2300 BOWEN ROAD		1		1		2	2	1	1,2	2,3,4																1						* BF
* BOWEN PARK	500 BOWEN ROAD		2						2		5															6						F	* BF
BRACKENWOOD PARK	2331 BRIARWOOD PLACE																																
BROOKWOOD PARK	5740 BROOKWOOD DRIVE																																
* CABLE BAY TR & JOAN PT PARK	NICOLA ROAD & 1080 PHOENIX WAY						3																									0	
* CALEDONIA PARK	110 WALL STREET										6																						
CHASE RIVER ESTUARY PARK	1160 ISLAND HIGHWAY SOUTH																															0F	
CINNABAR VALLEY PARK	2004 CINNABAR VALLEY DRIVE																																
* COLLIERY DAM PARK	635 WAKESIAH AVENUE		3				4																									0	BF
COLINWOOD PARK	5388 COLINWOOD DRIVE																																
COUNTRY HILLS PARK	1899 WHITE BLOSSOM WAY																																
COTTLE CREEK PARK	605 NOTTINGHAM DRIVE																															F	
CRYSTAL BROOK PARK	2449 CRYSTAL BROOK WAY																																
DEPARTURE BAY CENTENNIAL	1413 WINGROVE STREET					1					6																						
* DEVERILL SQUARE GYRO PARK	200 IRWIN STREET					2					7																						BF
* DIVER LAKE PARK	2430 BLACK FRANK DRIVE						5				8																					F	
* ELAINE HAMILTON PARK	1631 NAYLOR CRESCENT										9																						
E & N TRAIL	ALBERT ST. TO WELLINGTON ROAD			4																													
* FOREST DRIVE GYRO PARK	2035 FOREST DRIVE							3																									* BF
GALLOWS POINT PARK	208 COLVILLETON TRAIL						6																									0	
GROVELAND GYRO PARK	6239 GROVELAND DRIVE										12																						* BF
* HAREWOOD CENTENNIAL	740 HOWARD AVENUE			2		3					13																						BF
OLD HAREWOOD SCHOOL SPORTS FIELD	502 HOWARD AVENUE										24																						
* HARRY WIPPER SPORTS FIELD	5050 HAMMOND BAY ROAD										14																						
HAWTHORNE PARK	638 SARUM RISE WAY																																
INVERMERE BEACH PARK	6420 INVERMERE ROAD						7																									0	
JANES PARK	859 BROOKFIELD DRIVE																																
JESTERS WAY PARK	1392 JESTERS WAY																																
KEIGHLEY PARK	2019 BAY STREET																																
* KINSMEN PARK	2730 DEPARTURE BAY ROAD																															0	
KNOWLES PARK	76 RAINER STREET																																
LINLEY POINT GYRO PARK	5074 LINLEY VALLEY DRIVE																															F	
* LINLEY VALLEY PARK	3669 ROCK CITY ROAD																															F	
LOST LAKE TRAIL	4877 LOST LAKE ROAD			5																												F	
LOUDON PARK AND WALKWAY	4295 VICTORIA AVENUE																															F	
* MAFFEO SUTTON PARK	2 CLIFF STREET				3																											F	BF
* MANSFIELD PARK	800 ST. ANDREWS STREET				4	4					15																						
MAY RICHARDS BENNETT PIONEER PARK	6700 DOVER ROAD						8				16																						
MCGIRR COMMUNITY PARK	6277 MCGIRR ROAD																																
MCGIRR SPORTS COMPLEX	6175 MCGIRR ROAD										17																						
MCGREGOR PARK	108 FRONT STREET																															0	
* NANAIMO AQUATIC CENTRE	741 THIRD STREET								3																								
* NANAIMO ICE CENTRE	750 THIRD STREET									3																							
* NECK POINT PARK	1055 MORNINGSIDE DRIVE			6																												0	BF
NOB HILL PARK	400 MILFORD CRESCENT																																
NORASEA PARK	5651 NORASEA ROAD																																
NORTHFIELD ROTARY LOOKOUT	2450 NORTHFIELD ROAD						9																										
OCEANVIEW PARK	5310 LAGUNA WAY																																
PLEASANT VALLEY PARK	6150 DOUMONT ROAD										18																						
* OLIVER WOODS COM. CENTRE	6000 OLIVER ROAD				5																												
* PARKWAY TRAIL	ALONG THE PARKWAY HWY			7																													
PAWSON PARK	410 MACHLEARY STREET							4																									
* PIPERS LAGOON PARK	3600 PLACE ROAD			8																												0	BF
PLANTA PARK	3455 STEPHENSON PT ROAD																																
QUEEN ELIZABETH II PROM	R.O.W. NEWCASTLE AVENUE																															0	
ROBINS PARK	620 PARK AVENUE										19																						
ROBIN'S DEN PARK	END OF PRINCE JOHN WAY																																
ROCKRIDGE PARK	3849 JINGLE POT ROAD																																
ROXANNE PARK	4780 ROXANNE DRIVE																																
SID CLARK GYRO PARK	850 WENTWORTH STREET										22																						
SMUGGLERS PARK	86 CAPT MORGANS BOULEVARD							5																									
ST GEORGE RAVINE	280 ST GEORGE STREET						10																										
SUGARLOAF MOUNTAIN PARK	3160 MARION WAY																																
THIRD STREET PARK	1651 JINGLE POT ROAD										23																						BF
* WATERFRONT WALK	NANAIMO HARBOUR			9																												0	BF
WESTDALE / LESLIE PARK	5409 WESTDALE ROAD																																
WESTHAVEN PARK (BAYSHORE)	5323 BAYSHORE DRIVE																																
* WESTWOOD LAKE PARK	381 WESTWOOD ROAD			10			11																									F	
* WARDROPPER PARK	2957 DEPARTURE BAY ROAD						12																										

Icon numbers correspond with listed destinations to the left & locations on the map on the reverse side.


KAYAKING IN NANAIMO ESTUARY

CITY OF NANAIMO
THE HARBOUR CITY
250.756.5200 www.nanaimo.ca parksandrecreation@nanaimo.ca

PARKS & TRAILS

2020

Nanaimo Parks, Recreation and Culture

Welcome to our Parks and Trails...

Some of Nanaimo's most popular destinations are its parks and trails. With over 1000 hectares of parks and open space and over 180 kilometres of trails, the City has an abundance of places to visit. Take a moment to walk, hike, cycle, roller blade, beachcomb or picnic and to discover Nanaimo's exceptional beauty, unique characteristics and abundance of nature found within an urban setting. Take a moment to explore the many parks and trails found all around you!

Things to Know

Parks Hours - Unless Otherwise Posted:

- October to March 6 am to 9 pm
- April to September 6 am to 11 pm
- Please know that many of our parks are gated and will be locked at the closing times.

BBQs in Parks

- Portable gas BBQs are permitted in picnic areas EXCEPT during fire bans

Feeding Wildlife

- Wildlife doesn't need a handout to survive. In fact, when you feed them it can cause overcrowding and disease. Please refrain from feeding wildlife.

Smoking & Vaping:

- All City of Nanaimo parks, playgrounds, community centres, fields, beaches and other city-managed public spaces are smoke free and vape free.

Alcohol:

- The consumption of alcohol is prohibited.

Please remember to tread lightly

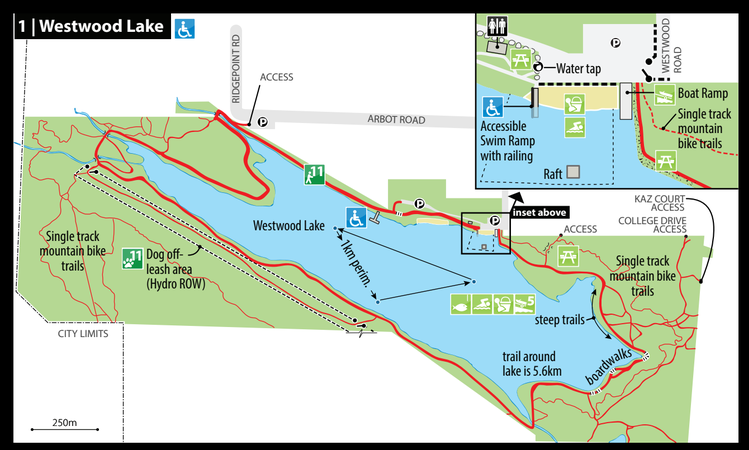
Take nothing but photos

Leave nothing but footprints

Department of Parks, Recreation and Culture.

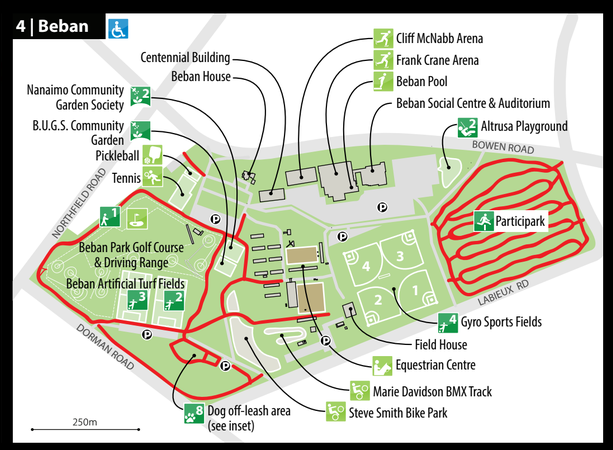
CITY OF NANAIMO
THE HARBOUR CITY

250.756.5200 parksandrecreation@nanaimo.ca www.nanaimo.ca


1 | Westwood Lake
RIDGEPOINT RD
ACCESS
ARBOT ROAD
Water tap
WESTWOOD ROAD
Boat Ramp
Single track mountain bike trails
Accessible Swim Ramp with railing
Raft
inset above
KAZ COURT ACCESS
COLLEGE DRIVE ACCESS
ACCESS
Westwood Lake
1km perim.
Single track mountain bike trails
Dog off-leash area (Hydro ROW)
Single track mountain bike trails
steep trails
trail around lake is 5.6km
boardwalks
CITY LIMITS
250m

2 | Third Street
Vancouver Island University
SD68 / City of Nanaimo Co managed recreation area
Larry McNabb Sports Zone
Rotary Field House
Parkway Trail
Miner's Cottage
Rotary Bowl
NDSS Community Field
Serauxmen Stadium
Serauxmen Sports Fields Baseball & Soccer
Buttertubs Marsh (Nature Trust)
THIRD STREET
WAKESIAH AVENUE
BIRD SANCTUARY DRIVE
WILDLIFE PLACE
BERKINGER BLVD
Nanaimo Aquatic Centre
Taylor Place Park
Nanaimo Ice Centre
JINGLE POT ROAD
Hawthorne Park
250m

3 | Bowen
Bowen West Field
Salmon Side Channel
Kin Outdoor Pool
BOWEN ROAD
MILLSTONE RIVER
Disc Golf
Millstone River Trail
Outdoor Classroom & Amphitheatre & wedding location
WALL STREET
Bowen Complex Department Administration
Curling Club
Caledonia Park
To Waterfront & Downtown
To E&N Trail
250m


4 | Beban
Centennial Building
Beban House
Cliff McNabb Arena
Frank Crane Arena
Beban Pool
Beban Social Centre & Auditorium
Nanaimo Community Garden Society
B.U.G.S. Community Garden
Pickleball
Tennis
Altrusa Playground
BOWEN ROAD
NORTHFIELD ROAD
Participark
Beban Park Golf Course & Driving Range
Beban Artificial Turf Fields
LABIEUX RD
Gyro Sports Fields
Field House
DORMAN ROAD
Equestrian Centre
Marie Davidson BMX Track
Steve Smith Bike Park
Dog off-leash area (see inset)
250m

North
0
1.0
Kilometre
1 | Westwood Lake
Westwood Lake Park
Trail Distance 5.6km
Morrell Nature Sanctuary
Colliery Dam Park
Trans-Canada Trail Continues
Reservoir Park
Harewood Centennial Park
Janes Park
Kinette Evergreen
Greenaway
Cinnabar Valley
Ranch View
Richards Marsh Park
Country Hills
Elaine Hamilton Park
The Parkway Trail
Applegreen Park
Cambie Park
Nova Covered Multi-Purpose Sport Court
Old Harewood School Sports Field
Nanaimo Aquatic Centre
Nanaimo Ice Centre
Connaught / Railway Park
Robins Park
Knowles
Petroglyph Park (Provincial)
Chase River Estuary Park
Trumpeter Park
John Weeks
Welcome To Nanaimo Sign
Airport (13.5km)
TRANS CANADA HIGHWAY
Nanaimo Harbour
Pacific Estuary Conservation Program
Deverill Square Park
Nob Hill
Comox
Queen Elizabeth II Promenade
Maffeo Sutton Park
McGregor Park
Inset below
Icon numbers correspond with listed destinations & icons on the amenity grid on the reverse side.
2 | Third Street
SD68 / City of Nanaimo Co managed recreation area (See Above)
Hawthorne Park
Emery
3 | Bowen Park
Caledonia Park
Mansfield Park
Buttertubs Marsh Conservation Area (Trail Distance 2.4km)
Valley Oak Park
West Marsh
Royal Oak Park
East Wellington Park
The Parkway Trail (Trail Distance 20.0km)
Beaufort Park
Bob-O-Link
Hospital
Forest Drive Gyro
Latimer Playground
Davies Lane
4 | Beban Park
Public Works
Country Club
Keighley
The E & N Trail (Trail Distance 8.0km)
Beach Estates Park Trail Distance 0.9km
Barney Moriez Park
St George Ravine
Kinsmen Park
Departure Bay Beach
Departure Bay Ferry Terminal
Brechin Boat Ramp
Saysutshun Newcastle Island
Saysutshun (Newcastle Provincial Park)
Protection Island
Pirates Park
Gallows Point Park
Smugglers Park
Foot Ferry to Protection
Foot Ferry to Newcastle
Newcastle Island Channel
Departure Bay
Brandon Island
Jesse Island
Ferry to Jesse Island
Kanaka Bay
Mallard Lake
Mark Bay (Echo Bay)
Northfield Rotary Lookout
Tourism Centre
Diver Lake Park
Theresa Terrace
Brackenwood
Camcrest
Northfield Nature Park
Crystal Brook
Mollys Marsh
Rock Ridge
Brannen Lake
Brannen Boat Launch
Colinwood
Everest Drive
Green Lake
Pleasant Valley
5 | Oliver Woods Park
Lakeview Park
Loudon Park And Walkway
Brookwood Park
Orchard Circle
Linley Point Gyro Park
Rutherford Park
Kenwill
Kerry Lane
Daynes
Southhampton
McGirr Sports Complex
Saxer Park
Groveland Gyro Park
May Richards Bennett Pioneer Park
Seabold Rotary Park
Parksville
Sealand Park
Invermere Beach Park
Arbutus
Norasea
Parkway
Malibu Terrace
Westdale / Leslie
Oceanview
Westhaven
Lost Lake Park
Harry Wipper Park
Linley Valley (Cottle Lake) Park
(Walley Creek Trail) Trail Distance 1 Km
Fillinger 1
Morningside Park
Eagleview Park
Planta Park
McKinnon
Charlaine Boat Ramp
Hammond Bay
3 Lagoon Islands (Shack Islands)
6 | Pipers Lagoon Park
7 | Neck Point Park
Sandy Beach
Pipers Lagoon
Biggs Park & Jack Point
Trail Distance 2.5km
Underpass To Trail
Northumberland Channel
Duke Point Ferry Terminal
Duke Point To Tsawwassen
CITY OF NANAIMO
Cable Bay Trail Trail Distance 1.8km
Joan Point Park
Dodd Narrows
Mudge Island
Gabriola Island
Legend
PEDESTRIAN ROUTES
800m
10 MINUTES IS CONSIDERED THE "AVERAGE TIME" TO WALK 800m.
MULTI USE ROUTES HARD SURFACE TRAILS
OTHER ROUTES & TRAILS
OTHER TRAILS MAINTAINED BY OTHERS
BIKE ROUTES
TRANS CAN TRAIL
LOCATION
ACCESSIBLE
WASHROOM
PEDESTRIAN ROUTES
PLAYGROUNDS
WATER PARK
DOG OFF LEASH AREAS
COMMUNITY GARDEN
POOL
ARENA
SPORTS FIELD
PLACE OF INTEREST
PARKING
SEA PLANE TERMINAL
FERRY TERMINAL
MARINA
ACTIVITIES
PARK
INTERPRETIVE
BEACH ACCESS
VIEW POINTS
PICNIC AREA
BOAT RAMP
DISC GOLF
SPORT COURT
OTHER AREAS OF INTERST
TENNIS
PICKLEBALL
LACROSSE
HORSESHOES
LAWN BOWLING
VOLLEYBALL
CURLING
SKATE PARK
GYM / FITNESS
FISHING
KAYAKING
SWIMMING
DIVING
WATERFRONT
GEONANAIMO SELF-GUIDED TOUR
LOOK FOR THE GEONANAIMO LOGO AT EACH PARK ENTRANCE AND IN THE PARKS BROCHURE INDICATING IT AS A GEO-PARK.
YOU WILL FIND POINTS OF GEOLOGICAL INTEREST WITH INTERPRETATIVE SIGNS AND ADVICE ON WHERE FURTHER INFORMATION CAN BE FOUND.
Downtown
Pipers Park
Military Museum
Port Theatre
Diana Krall Plaza
WHARF ST
Commercial Street: Nanaimo Museum, Conference Centre, Shopping, Arts, Dining
Shopping Centre
Stairs
McGregor Park
Bastion
CHURCH ST
Cenotaph
CHAPEL STREET
Court House
CLIFF ST
Boat Basin
Foot Ferry to Protection Island
Pioneer Plaza
FRONT STREET
Catherine Gisborne Gardens
Georgia Park
Underpass
Millstone River
Pearson Park
TRANS CANADA HIGHWAY - TERMINAL AVENUE
Lions Great Bridge
Spirit Square
Water Tap, Dog Guzzler
Lions Pavilion
Maffeo Sutton Park
Harbourside Playground
Rotary Centennial Garden
Sway-A-Lana Lagoon
Zipline
Harbourside
Walkway
Cameron Island
PROMENADE DR
Ferry to Gabriola Island
Visiting Vessel Pier
Pedestrian Fishing Pier Crabbing, Fishing, Harbour Experience
Foot Ferry to Newcastle Island
Queen Elizabeth II Promenade Park
Nanaimo Yacht Club
250m
5 | Oliver Woods
Outdoor Wellness Park Featuring a variety of outdoor exercise equipment.
Tree House Playground - lookout towers, bridges, spider web climbing, structure & more
Oliver Woods Community Centre - two gymnasiums, preschool room, wellness room, multi-purpose rooms
25m
5 | Pipers Lagoon
Pipers Lagoon
Shack Island
250m
6 | Neck Point
rough, steep trails
HAMMOND BAY ELEMENTARY
Sunset Beach
Finn Beach
Last Beach
Indian Beach
boathouse lookout
Neck Point
250m
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