Welcome to our Parks and Trails...

Some of Nanaimo’s most popular destinations are in parks and playgrounds. With over 800 kilometres of trails and over 170 kilometres of beaches, the City has an abundance of places to walk, bike, hike, beachcomb or picnic and to discover Nanaimo’s exceptional natural beauty, unique charm, and abundance of nature found within an urban setting. Take a moment to explore the many parks and trails found all around you!

Things to Know

Parks Hours:
- October to March: 6 am to dusk
- April to September: 6 am to dusk
- Please know that many of our parks are gated and will be locked at the closing times.

SIGE: Parks
- FlexibleSIGs are permitted in parks area (except during fireworks)

Feeding Wildlife
- Wildlife doesn’t need handouts to survive. In fact, when you feed them in the park, it can cause overcrowding and disease.

Smoking
- All City of Nanaimo parks, playgrounds, community centres, fields, beaches and other City-managed public spaces are smoke free.

Alcohol:
- The consumption of alcohol is prohibited.

Please remember to tread lightly
Take nothing but photos
Leave nothing but footprints.

Department of Parks and Recreation
250.756.5200  www.nanaimo.ca  parksandrecreation@nanaimo.ca

Nanaimo’s 23 Sportgrounds
1 Barney Moriez Park
2 Merle Logan Field at Beban Park
3 Civic Park at Beban Park
4 Bowen West Field
5 Cotton Park
6 Departure Bay Sports Field
7 Diver Square Park
8 Diver Lake Park
9 Elk Trail
10 Water tap

Nanaimo’s 20 Beaches
1 Northumberland Strait Beach
2 Mayne Island Beach
3 Harewood Centennial Park Beach
4 Le Page Bay Beach
5 Mayne Island North Beach
6 Neck Point Beach
7 Invermere Beach
8 May Richards Bennett Pioneer Park Beach
9 Clearwater Beach
10 Water tap

Nanaimo’s 15 Playgrounds
1 The Beaufort Park Commons
2 Cliff McNabb Arena at Beban Park
3 Nanaimo Aquatic Centre
4 Mansfield Park
5 Centennial Park
6 Manor House Park
7 Cedar Grove Park
8 Highlands Park
9 Serauxman Sport Fields
10 Playgrooves Dog Off-Leash Area
11 Barney Moriez Park
12 Barney Moriez Park
13 Barney Moriez Park
14 Barney Moriez Park
15 Barney Moriez Park
16 Barney Moriez Park
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20 Barney Moriez Park
21 Barney Moriez Park
22 Barney Moriez Park
23 Barney Moriez Park

Nanaimo’s 17 Dog Parks
1 Beban Park
2 Diver Square Park
3 Forest Drive Gym Park
4 Barney Moriez Park
5 Barney Moriez Park
6 Barney Moriez Park
7 Barney Moriez Park
8 Barney Moriez Park
9 Barney Moriez Park
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16 Barney Moriez Park
17 Barney Moriez Park

Nanaimo’s 20 Nature Reserves
1 Nanaimo’s SIAH Reserve
2 Nanaimo’s SIAH Reserve
3 Nanaimo’s SIAH Reserve
4 Nanaimo’s SIAH Reserve
5 Nanaimo’s SIAH Reserve
6 Nanaimo’s SIAH Reserve
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Top Walking Destinations
- easy to moderate level
1. Beban Park - Fenced off-leash park
2. Beban Park - Fenced off-leash park
3. Beban Park - Fenced off-leash park
4. Beban Park - Fenced off-leash park
5. Beban Park - Fenced off-leash park
6. Beban Park - Fenced off-leash park
7. Beban Park - Fenced off-leash park
8. Beban Park - Fenced off-leash park
9. Beban Park - Fenced off-leash park
10. Beban Park - Fenced off-leash park

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Destination Parks

Some of Nanaimo’s most popular destinations are its parks and trails. With over 130 hectares of parkland and over 170 kilometres of trails, the City has an abundance of places to walk. Take a stroll through tranquil, trail, cycle, e-bike trails. Find out more about parks and the newcomer Nanaimo’s exceptional beauty, unique characteristics and abundance of nature found within an urban setting. Take a moment to explore the many parks and trails found all around you!