



PROCLAMATION

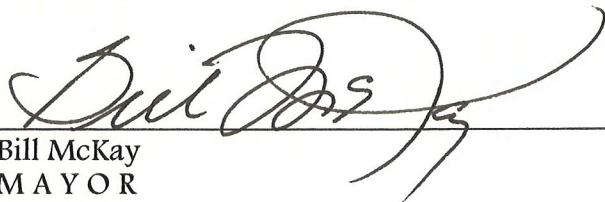
"WORLD MENTAL HEALTH DAY" OCTOBER 10/2016

- WHEREAS: over 450 million individuals around the world are living with mental illness that could benefit from early diagnosis and appropriate and adequate treatment and support; and
- WHEREAS: fewer than one-half of those who could benefit from early diagnosis and treatment for mental illness receive any treatment or care at all; and
- WHEREAS: mental illnesses, such as anxiety disorders; major depressive disorder; bipolar disorder; and schizophrenia, are leading causes of poor work performance, family disruption, and even suicide, and contribute greatly to the global burden of disease; and
- WHEREAS: these startling health statistics and the human toll they represent are often given little attention or concern by the general public, the general healthcare system, and elected and appointed public policy makers, resulting in inadequate priority being given to those disorders; and
- WHEREAS: the World Federation for Mental Health has designated these for World Mental Health Day 2016 and urges increased effort and action intended to improve mental health services and ready access to services by those experiencing serious mental health problems and disorders.

NOW, THEREFORE, I, Bill McKay, Mayor of the City of Nanaimo, do hereby proclaim that October 10, 2016, be known as:

"WORLD MENTAL HEALTH DAY"

in the City of Nanaimo.


Bill McKay
MAYOR

DATED THIS 4TH DAY OF OCTOBER, 2016.

