

CLUBS & ORGANIZATIONS

ART, DANCE & SOCIAL

A Capella Plus	Val Duthie	754-1094
Art Gallery/Nanaimo	www.nanaimogallery.ca	740-6350
Art Gallery/Nanaimo Downtown	www.nanaimogallery.ca	754-1750
Art Group of Nanaimo	Dorothy Sevcov	758-8496
Arts Alive	Vince Katnich	390-1466
Arts Festivals Society/V.I.	Kim Smythe	754-3378
Ballroom Dance Society/Nanaimo	Keith Wilson	751-1899
Beta Sigma Phi	Ali MacMillan	751-6510
Celtic Dance/Brigadoon Dance	info@brigadoonacademy.com	756-3661
Children's Festival/International/V.I.	Kim Smythe	754-3378
Circles & Squares	Marge Nestibo	248-8711
Cloggers/Bastion City	Larry & Barb Guenette	722-2953
Crimson Coast Dance Society	Holly Bright	716-3230
Duplicate Bridge Club/Nanaimo	Henry Lust	756-6135
EverybodySings! (EBS!)	Shirley Whitelaw	729-6135
Federation of Canadian Artists	Helen Webster	758-8641
Folk Festival/International	Subhardra Ghose	758-3585
Fiddlers/Nanaimo	Trish Clair-Peck nanaimofiddlers@me.com	
Gladiola & Dahlia Society/Nanaimo	Vern & Judy Stephens	755-1412
Highland Dance/Brigadoon Dance	info@brigadoonacademy.com	756-3661
Island Bel Canto Singers	www.islandbelcanto.com	756-2228
Island Consort	Bruce Farquharson	729-8910
Island Gems Round Dancing	Pauline Morgan	751-3021
JuBellation Hand Bell Choir	Cara Beirnes	758-6977
Machine Knitting/Nanaimo Club	Pat Fitzpatrick	756-6163
Malaspina Choir	Sara Frisch	245-1466
Mid-Island Early Music	Deborah Vandergoes	250-591-0875
Music Festival/Upper Island	(www.nanaimomusicfestival.com)	758-6961
Nanaimo Arts Council	www.nanaimoartscouncil.ca	729-3947
Nanaimo Chamber Orchestra	Bruce Farquharson	722-2047
Nanaimo Community Band	Ted Dawe	722-3088
Nanaimo Concert Band	Shari Barker	741-1977
	www.nanaimoconcertband.com/nanaimoconcertband@gmail.com	
Nanaimo Conservatory of Music		754-4611
Nanaimo Design Nerds Society	www.nanaimo.designnerds.org	
Nanaimo Folk Connection	Sue Averill	753-0314
Nanaimo Musicians Association Big Band	Bryan Stovell	390-4149
Nanaimo Quilter's Guild	Terri Askham	250-882-5108
Nanaimo Theatre Group	ntg@nanaimotheatregroup.com	758-7246
Nanaimo Ukulele Circle	www.ukecircle.ca	754-4982
Newcomers Club/Harbour City	harbourcitynewcomers.wordpress.com	
Newcomers Club for Women	https://nanaimonewcomersclub.org	
Orchid Society/Central V.I.	Bev Morrison	758-5361
Port Theatre (www.porttheatre.com)	Tickets/Admin 754-8550/754-4555	
Pottery Cooperative/Nanaimo	www.nanaimopottery.com	
Probus Club/Bastion City	https://www.bastioncityprobusclub.org	
Probus Club/Harbour City	harbourcityprobus@gmail.com	
Probus Club/Lantzville	lantzvilleprobus.org	
Probus Club/Nanaimo	probusnanaimo@gmail.com	
Probus Club/Nanaimo North	Keith Ruthman	250-390-1901
Scottish Country Dancers/Nanaimo	http://nanaimoscd.com/wp/	756-6182
Scottish Pipes & Drums/Nanaimo	John Bruce	616-3353
Singers/Bel Canto	Linda Dier	729-8676
Singers/Camerata	Jackie Russell	585-6112
Square Dance/Amalgam-Eighters	Marjorie Yarish, President	591-6565
Stitchery Group/Island	Vicky Dewar	594-5264
Sweet Adelines/Heart of the Island	Shirley Nicholson	722-3233
Symphony/Vancouver Island	www.vancouverislandsymphony.com	754-0177
Theatre One	www.theatreone.org	754-7587
Tidesmen Barbershop Chorus	Mike Patterson	585-3700
Tozan Cultural Society	Maureen Beardsley	245-4867
Traditional Rug Hooking	Wendy Halsall	390-4501
Travelling Squares	Barbara Caumartin	754-6460

Ukulele/Peer Support Playing	Debbie	754-0741
VanIsle fiddlers	Trish Clair www.crosscanadafiddle.com	
Vesna Ukrainian Dancers	Jeanne Rudy	758-1561
Weavers and Spinners Guild/Mid Island	http://miwsguild.blogspot.com	
Word Strong Society of the Arts	Ann Walker anngrahamwalker@anon.com	
Widows Support Group/Nanaimo	Mary / Joan	758-4843 / 722-3353
Yellow Point Singers	Daphne	daphnest@shaw.ca
Yellowpoint Drama Group (www.geocities.com/yellowpointdramagroup)		245-7882

COMMUNITY SERVICES

A.L.S. Society/BC (Lou Gehrig's Disease)	Glenda Reynolds	244-3791
Alcoholics Anonymous Nanaimo	753-7513	www.nanaimoaa.org
Al-Anon Family Groups		www.bcyukon-al-anon.org 1-888-425-2666
Addiction Services/Discovery Youth & Family		739-5790
AIDS Vancouver Island/Nanaimo		753-2437
Alzheimer Society of BC	Jane Hope	734-4170
Archives Society/Nanaimo Community	Christine Meutzner	753-4462
Arthritis Society		1-800-321-1433
Autism Society of BC - Nanaimo Branch	www.autismbc.ca	250-714-0801
AVI Health Centre		754-9111
BC Gov't Retired Employees	Lawrence Johnson	760-0113
BC Old Age Pensioners Branch 4	oap4@shaw.ca	585-5748
Better Breathers Club & BC Lung Assoc.	Bernie LaFrance	753-2529
Block Watch	Cst. Gary O'Brien	754-2345
Brain Injury Society/Nanaimo	www.nbis.ca	753-5600
Building Better Babies	admin@tillicumhaus.ca	753-6578
C.P.R. Society	Trish Crumpton	758-0777
Canadian Calorie Counters	Lorraine Cosmacini	754-7693
Canadian Cancer Society	www.cancer.ca	741-8180
Canadian Mental Health Association	Anne Hodge	244-4042 Ext. 153
Canucks Autism Network	canuckautism.ca	604-685-4049
Cedar Family Playgroup	Michelle Hartwich	722-2162
Cedar Heritage Centre	Darlene Plaxton	722-2100
Cedar Women's Institute	Janice Grinnell	245-4016
Central VI Multicultural Society	Mikael Torres	info@cvims.org 753-6911
Chase River Community Association	Mike Parker	754-5592
Child Development Centre	www.nanaimocdc.com	753-0251
Chronic Pain Support Group	James Carr	802-7749
Citizen's Advocacy	D.R.J. McGladrey	753-2321
CNIB (Canadian National Institute for the Blind)		751-2342
Clay Tree Society for People with Developmental Disabilities		753-5322
Coast Emergency Communications Association		www.va7eca.ca
Community Futures Central Island	admin@cfnanaimo.org	250-591-7499
Community Gardens	Jessica Snider	722-2292
Community Kitchens (www.nanaimocommunitykitchens.org)		753-7470
Community Policing/Crime Prevention	Community Policing Officer	755-3208
Cooperative Auto Network	Chad Henderson	754-2554
Counselling/Island Counselling	islandcounselling@shaw.ca	754-9988
(Anxiety Support Group/Women's Support)		
Counselling/Island Counselling Soc.	www.islandintegratedcounselling.com	
Crisis Pregnancy Centre of Nanaimo	cpcns@islandnet.com	714-2191
Crossroads Crisis Pregnancy Centre	pregnancynanaimo@gmail.com	716-1633
Cystic Fibrosis Foundation	Debra Tuck	753-1597
Deaf & Hard of Hearing Centre/Island	www.idhhc.ca	1-877-424-3323
Deaf Association/Mid Island	Message Service	1-800-855-0511
Diabetes Association/Nanaimo & District	www.diabetes.ca	758-4223
Disability Resource Centre	info@ndrc.info	758-5547
Dragon Boat Society/Nanaimo	Bonita Price	248-8802
Edgewood Chemical Dependency	Jerry Blackburn	751-0111
FASD Society (Fetal Alcohol Spectrum Disorder)		758-8525
Fibromyalgia Support Group	James Carr	802-4863
First Open Heart Society/Vancouver Island	Susan Berube	753-0143

Foodshare Society/Nanaimo	info@nanaimofoodshare.ca	753-9393	Schizophrenia Society/BC	Office	753-9923
Foster Parent Support Services Society	www.fosterhope.ca	390-9686	Search & Rescue Society	Carole Wright	390-2595
Gardens/Beban Learning Gardens	pat.w@shaw.ca		Search & Rescue/CASARA	Rick Henry	754-4993
Grandparents Raising Grandchildren Support	www.parentsupportbc.ca	1-800-345-9777	Seniors/Nanaimo Harbour City		755-7501
Greater Nanaimo Cycling Coalition	www.bikesense.org	244-3418	Seniors Outreach Team		755-3301
Green Communities Nanaimo	Chad Henderson	754-2554	Seniors Society/Nanaimo Community		754-1708
Grief Support Program for Kids (Rainbows)	www.rainbowsnanaimo.ca	751-7888	Seniors Society/Paradise Isle		754-9566
Harewood Community Schools	http://schools.sd68.bc.ca/hfcs	740-2026	Smoking Intervention Clinic/Central Island	Derek Poteryko	714-9164
Harewood Neighbourhood Association	Heather Campbell jc7125@telus.net		South End Community Services	Douglas Hardie	754-0677
Hepatitis C Society/Mid-Island	Bryan	729-0315	St. John Ambulance Society	Bill Bass	729-8889/954-1774
Haven Society/Haven House Shelter	Office/Crisis	756-2452/756-0616	T.O.P.S. (Take Off Pounds Sensibly)	Wilma	390-1943
Health Unit/Central V.I.		755-6200	Team Nanaimo	Camela Tang	758-6860
Heart & Stroke Foundation	Marica Benvin	1-888-754-5274	Telephone Visiting Society	www.ntvs.ca	756-9455
Heart Fitness Club	Bob Uden	753-4597	The Compassionate Friends (for bereaved parents)		756-1842
Home Learners/Nanaimo	www.nanaimocommunityhomelearners.org		United Way (www.uwcnvi.ca)	Office	591-8731
Home Support Association	Office	754-3351	Vancouver Island Crisis Society	www.vicrisis.ca	753-2495/1-888-494-3888
Island Crisis Care Society	Violet Hayes	778-441-4227	Volunteer Nanaimo	Marjorie	758-7121
John Howard Society/Nanaimo Region	Barbara Rumney	754-1266	War Brides/Nanaimo	Alma Legg	756-4909
Kidney Foundation of Canada	Ron Walker	756-4338	Welcome Wagon	Linda Sendey	756-9794
La Leche League	Bridget Deighton	754-5853	Wellington Community Association	Dave Scott	758-9812
Library/V.I. Regional Harbourfront branch	Anthony Martin	753-1154	Western Canada Wilderness Committee	Annette Tanner	716-9292
Library/V.I. Regional Wellington branch	Lara Wright	758-5544	Wisteria Community Association	Tanya Hintz	591-6443
Literacy Nanaimo	www.literacynanaimo.org	754-8988	Women's Centre/Nanaimo	Charlene Riches	753-0633
Loaves & Fishes Community Food Bank		754-8347	Youth Employment Services	www.nysa.bc.ca	754-1989
Meals on Wheels	Sandra Coulter	753-1300			
Mental Health Centre	Office	755-3361			
Mental Health Recovery Partners, Central Island	www.mhrpci.com	760-6031	African Heritage Society	www.nanaimoafricanheritagesociety.com	729-9332
Morrell Nature Sanctuary	Paul O'Dell	753-5811	Nanaimo British Club	www.nanbritclub.ca	
MS Society/Client Services		722-2214	Cavalotti Italian Lodge	Frank Casagrande	753-1085
MS Society/Central Island Chapter		754-6321	Chinese Cultural Society/The Nanaimo	Limin Yu	739-0162
Museum/Nanaimo District	Debbie Trueman	753-1821	Danish Canadian Club/Vancouver Island	https://danishclubnanaimo.weebly.com	
NOVI - Social Support Group for the Vision Impaired	novi-group@shaw.ca		First Filipino Cultural Society	Tessie Fumerton	390-1230
Nanaimo & Area Land Trust	Paul Chapman	714-1990	Francophones/L'Association Des		729-2776
Nanaimo & District Hospital Foundation	ndhf@viha.ca	755-7690	German Culture/Canadian Society of	Ron Schuster	756-3855
Nanaimo Assoc. for Community Living	nacl.office@nanaimoad.com	741-0224	Hungarian Cultural Society	Steven Kabai	250-585-7231
Nanaimo Auxiliary to N.R.G.H.	info@nrghauxiliary.ca	250-585-0409	Iceland Club/Central Vancouver Island	Gerri McDonald	729-9949
Nanaimo Family Life Association	Deborah Hollins	754-3331	Central Vancouver Island Japanese Canadian Society	www.sevenpotatoes.com	
Nanaimo Foundation	www.nanaimofoundation.com	753-1124	Nanaimo Aboriginal Centre		250-585-0947
Nanaimo Citizens on Patrol (COPS)-	www.nanaimocops.com		Risebridge Collective	risebridgeproject@gmail.com	714-0889
Nanaimo Community Hospice Society	www.nanaimohospice.com	591-8811	Sons of Norway	Kathy Furness	756-9830
Nanaimo Harbour Watch	Cst Diane Floyd	754-2345	Tillicum Lelum	Management Team	753-6578
Nanaimo Men's Centre		716-1551	Ukrainian Catholic Women's League	Donna Kaminsky	756-2536
Nanaimo Org. of the Vision Impaired	www.novi-aebc.ca	716-9053	Ukrainian Cultural Society	leona.ca@shaw.ca	754-2646
Nanaimo Pride Association	www.nanaimopride.ca	778-269-0232			
Nanaimo Ratepayers Association	Jim Taylor	753-6019			
Nanaimo Search and Rescue	Kevin McNeill	591-3336 (SAR Hall)	Altrusa Club/Nanaimo	nanaimo.altrusa@gmail.com	740-0215
Nanaimo Unique Kids Assoc.	Teresa	585-6856	Ashlar Masonic Lodge #3	Jason Barudin	668-2203
Narcotics Anonymous	www.cviana.ca	1-800-494-2404	CFUW Nanaimo	www.cfuwnanaimo.org	
Native Alcohol/Drug Support	Stephanie	740-2337	Fraternal Order of Eagles	Office	753-8023
Old City Quarter Association	www.oldcityquarter.com	754-8787	Fraternal Order of Eagles/L.A.	Thelma Redmond	390-9098
Options for Sexual Health (www.optionsforsexualhealth.org)		753-9511	Gyro Club of Nanaimo	www.nanaimogyro.com	
Overeaters Anonymous	oananaimo@gmail.com	www.aa.org	I.O.O.F. Black Diamond Lodge #5	Sheldon Smith	758-9635
PDQ Flyers (Radio Controlled Model Aircraft)	www.PDQFlyers.com		Kiwanis Sunrisers	nanaimo.sunrisers@gmail.com	
Pacific Gardens Co-Housing Community	Judy Delogne	754-3060	Knights of Columbus Holy Trinity #9990		390-2612
PacificCARE Childcare Resource & Referral	Dianne Nagor	756-2022	Knights of Columbus Mid-Island #3842	Greg Large	753-6091
Paraplegic Association/BC	Bert Abbott	741-9889	Lioness Club/Harbour Lites	Linda Wiltse	390-3725
Parent Assoc. for School & Comm. Living	Gudrun Cave	756-2983	Lions Club/Cedar	Kellie Avender tkavender@gmail.com	
Parent Support Circles	www.parentsupportbc.ca	1-877-345-9777	Lions Club/Gabriola Island	Betsy Banford gebelionbetsy@gmail.com	
Parkinson's Support Group	Janet Irvine	754-2129	Lions Club/Hub City	Art Davis sadavis76@shaw.ca	
Post Polio Awareness Group	Janet Mason	758-5463	Lions Club/Nanaimo	Larrie Taylor larriet@shaw.ca	
Protection Island Ratepayers	Liam Taylor	714-0989	Lions Club/Nanooose Bay	Phil Wilson pbwilson@shaw.ca	
RCMP Cedar Community Police Office	www.rcmp.ca	722-3486	Lions Club/Protection Island	Rick Biller billerrick60@gmail.com	
RCMP Community Centre (Downtown/Harbourfront)		753-3777	Moose Lodge #1052	Office	754-2853
Recovery Inc.	Phyllis Slatnik	751-3798	Newcastle Women's Institute	Phillis Lamoureux	390-3837
Red Cross Medical Equipment Loans	Diane Marwick	756-9363	Order of the Eastern Star	Marilyn Prichard	758-2852
Red Cross Society		756-9363	Order of the Eastern Star/Crescent Chapter #10	Diane	758-8155
S.P.C.A.	www.spc.bc.ca/nanaimo	758-8444	Rotary Club/Daybreak	contact@daybreakrotary.ca	
Salvation Army Church	Maj. Robin & Yvonne Borrows	753-8834	Rotary Club/Lantzville	Barry Sparkes brsparkes@telus.net	
Salvation Army Community Services	Office	753-8021	Rotary Club/Nanaimo	rotarynanaimo@shaw.ca	
Samaritan House	Ronell Bosman	753 1474			

CULTURAL

FRATERNAL & SERVICE

Nanaimo North	lrassess@telus.net	
Rotary Club/Oceanside	bev.j.hilton@gmail.com	
Royal Canadian Legion Branch 10	Office	753-4442
Royal Canadian Legion Brach 256	Office	250-754-8128
Royal Canadian Legion Br. 257	Anne Marie Smith	390-2108
Serauxmen Service Club	Mike Harrison	714-4781
Shrine/Nanaimo & District	Ralph Rayner	756-4952
Travellers/Associated Canadian	Fred Graves	758-2057
Women of the Moose	Kathy Dodds	754-9607
Women's Aglow	Joan Williams	754-6568
Zonta/Nanaimo	Corinne Stewart	754-5226

GOVERNMENT

Snuneymuxw First Nations	Dean White	754-1300
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SPECIAL INTEREST

Amnesty International Group	Deborah Ferens	247-8335
Beagle/VI Beagle Association	Zach	join us on Facebook
Bee Club/Nanaimo		www.nanaimobeekeepers.com 722-3849
Beekeepers Club of Nanaimo	Kathleen Silvey	716-0695
Boat Modellers/Nanaimo	John Pineau	753-2594
Bobbin Lacing	Melanie Morrison	753-2941
Buttertubs Marsh Committee/Nanaimo Field	Naturalists	758-1801
Camra Nanaimo Campaign for Real Ale	Stephen Burchart	751-8717
Car Club/Central Island Old English	Al Thompson	756-0452
Car Club/Island Dwarf	John Peter	754-4363
Chaine Des Rotisseurs	Stephen Burchart	751-8717
Coin Club/Mid Island	info@midislandcoinclub.com • https://midislandcoinclub.com	
Computer Club/Nanaimo	Steve Wawrykow	754-3650
Corrie Club (Fans of Coronation Street)	Jackie Russell	realbrit@shaw.ca
Duke of Edinburgh Awards	Mitzi Arthur	753-0464
Empire Days Celebration Society	Bob Sears	616-3984
Executive Association/Nanaimo	Don Bonner	741-8483
Equestrian/Nanaimo Assoc.	www.nanaimoequestrians.com	619-9983
Fish and Game Club/Nanaimo & District	www.nanaimofishandgame.com	
Fish Pond & Water Garden Assoc./Nanaimo	Nicole Gosselin	756-9761
Flyfishers/Island Waters	treasurer@iwff.ca	prfident@iwff.ca
Georgia Strait Alliance		www.georgiastrait.org
Global Village		gvnanaimo@gmail.com
Historical Society/Nanaimo	Sue Creba	250-758-5757
Horticultural Society/Nanaimo		www.nanaimohort.org
		nanaimohort@hotmail.com
Int. Asso. of Administrative Professionals	Linda Brandmeier	753-4146 (221)
Kennel Club of Nanaimo		www.nanaimokennelclub.ca
Loyal Nanaimo Bathing Society		www.bathingclub.com
Makerspace Nanaimo		materspacenanaimo.org
Mid Isl. Vintage Tractor & Equipment Club	Will Simon	722-3072
Motorcycle Cruisers/Nanaimo	http://cmcnanaimo.com	619-7861
Nanaimo Ambassador Program	Gloria Stevens	754-9772
Nanaimo Astronomy Society		www.nanaimoastronomy.com
Nanaimo Downtown		
Farmer Market Society (www.nanaimofarmersmarket.com)		753-3070
Nanaimo Family History Society		https://nanaimofamilyhistory.ca
NanGo Grannies	Sue Creba	250-753-3371
Newcastle Island Marine Park		www.newcastleisland.ca 754-7893
Photography Club/Harbour City		www.hcpclub.ca
Pony Club/Harbour City	Mern Pinneo	758-0615
Power Squadron/Nanaimo	www.nanaimocps.org	758-6707
Radio/CHLY 101.7 FM	email_admin@chly.ca	716-3410
Radio/Amateur Assoc./Nanaimo		cranton@shaw.ca
Real estate Investors Club/Nanaimo	Jeff White	http://www.nanaimorei.com
Rhododendron Society	Paul Lawry	390-2370
Rid Roads of Impaired Drivers	www.rrid.org	753-8836
Sidewinders 4-Wheel Drive Club (http://nanaimosidewinders.com)		756-4462
Stamp Club/Nanaimo	nanaimostampclub@gmail.com	250-756-0348

Tangled Threads (Youth Embroidery Guild)	Carol Grant-Powell	716-0580
T-Bird Club/Island Vintage	Joe Fort	754-7138
Toastmasters/Chamber Sunrisers	Harvey Drdul	751-5204
Toastmasters/Enterprising	Eileen Hooyberg	758-3668
Toastmasters/Harbour City	Andrea	harbourcitytm@gmail.com
Toastmasters/Ladysmith	Chris Iverson	246-2899
Toastmasters/On the Hill	Julian La Flam	758-3227
Toastmasters/Malaspina	Harvey Drdul	751-5204
Toastmasters/Mid-Island Advanced	Eileen Hooyberg	758-3668
Toastmasters/Uplands Lunch Bunch	PJ Brooks	729-0904
Toastmasters/Woodgrove	A.J. Murch	758-4587
Tutor/Volunteer Program	Amy	volunteertutorcoordinator@viu.ca
United Services Institute of Nanaimo	W.J. McCullough	756-0223
Vancouver Island Jack Russell Terrier Club	www.vjrtc.com	751-8252
Vancouver Island Exhibition	info@viex.ca	758-3247
Velo/Mid Island Association (MIVA)	www.bikeracing.ca	
Vintage Car Club/Nanaimo Chapter	Ray Koch	616-6317
Young Professionals of Nanaimo	Adam Hawryluk	info@YPNanaimo.com

SPORTS GROUPS

Aikikai (Aikido) Club of Nanaimo	Mike Provencher	758-0143
Badminton Club/Nanaimo	Janice Walker	756-0727
Badminton Club/Oddfellows	Chris Pearce	(sharonfp@shaw.ca) 751-1141
Badminton/Tuesday Night	kelvinmarnie@shaw.ca	
Ball Hockey/Harewood Youth League	Tania Brzovic	740-2792
Baseball/Nanaimo Minor Association	Dawn Borrelli	756-4615
Basketball Association/Nanaimo (NBA)	Faress Barraquais	797-9519
Basketball/Friday Nite		www.athletesinaction.com/fnbl
Basketball/Mid Island Wheelchair	Bert Abbott	741-9889
Basketball/Nanaimo Official's Association	Hung Tang	755-7806
BC Senior Games - Zone 2	Sheila Solmie	390-2954
Bicycle/Nanaimo Low Rider Club	Bradley Stuart	753-8855
Blind Sports and Recreation Assoc./BC	Shirley Cole	758-1266
BMX Club/Nanaimo		756-1087
Boxing/Nanaimo Amateur Club	Barry Creswell	390-2350
Canoe & Kayak Club/Nanaimo Paddlers	Joan Hume	758-6258
Canoe & Kayak Club/Nanaimo	nckc.ca	758-4052
Cricket Club/Nanaimo	Craig Hasell	752-7300
Curling Club/Nanaimo (www.nanaimocurlingclub.com)		753-3474
Curling Club/Nanaimo Visually Impaired	Rob Williams	w-ranch@shaw.ca
Cycling/Greater Nanaimo Coalition	Leo Boon	www.bikesense.org
Disc Golf/Nanaimo Club	NanaimoDiscGolf@gmail.com	
	nanaimodgc.com	
Dragon Boat Festival Society/Nanaimo	nanaimodragonboat.com	668-4521
Dragonboating/Breast of Life	Pat Lough	756-0439
Dragonboating/Ergondragons	Denise	616-9727
Boating & Fitness Club		www.ergondragons.club
Fastball & Softball - Nanaimo Breakers		www.nanaimobreakers.com
Fastball/Ladies Rec. League/Nanaimo	Camille Smith	751-5994
Fastball/Men's Senior League	Gord Mainwaring	
Fastball/Nanaimo & District Minor		www.nanaimofastball.org
Field Hockey/Nanaimo Women's	Nanaimofieldhockey@gmail.com	
Football Nanaimo	Rick Keen	390-4417
Football/Southside Minor Assoc	Rob Stevenson	716-1697
Gymnastics/Nanaimo School		www.nanaimogymnastics.ca
Gymnastics/Rhythmic Sportive	Eileen Hooyberg	758-3668
Hiking/Island Mountain Ramblers	http://islandmountainramblers.com	
Hockey/Female	www.nanaimoislanders.ca	nifhakim@shaw.ca
Hockey/Nanaimo & District Minor		www.hockeynanaimo.com
Hockey/Nanaimo Casual League	Kevin Vokins	618-6186
Hockey/Nanaimo Clippers Jr. A	Liza Taylor	751-0593
Hockey/NOHL 35+ & 45+ League	nohl@shaw.ca	www.nohl.ca
Hockey/Old Timer's	nohl@shaw.ca	www.nohl.ca
Hockey/Recreational League	www.nohl.ca	jcboehm@telus.net
Hunter/Jumper Association	Debbie Forbes	758-8297
I Can Swim Program	Scott Flood	714-1800

Jiu Jitsu/Amnis/Frederiksen Combative Judo Club/Nanaimo	Ole Frederiksen	619-9349	Ultimate Frisbee Assoc./Nanaimo VIU Athletics & Recreation	www.nanaimoultimate.ca	740-5241
Judo/Vancouver Island Academy	www.nanaimojudoclub.ca		Volleyball/Mariners Club	gomariners.ca	250-740-6418
Karate/Renshikan/Cedar	www.vija.ca	751-2018	Volleyball/Men's Int. (Noon Group)	www.marinersvolleyballclub.ca	
Karate/Shito-ryu Trad. Japanese Karate	www.nanaimokarate.com	722-7020	Volleyball/Nanaimo Sport	Reg Warren	758-7653
Karate/Shotokan Do	Robert Sheeley	751-5519	Volleyball/Nanaimo Women's Association	nanaimosport.com	751-2605
Karate/Shima School	www.nska.ca	585-4771	Walking Club/Bastion City Wanderers Club	Janet Savrta	754-1484
Kickboxing/Boxing/Tomari Club	Brenda Nordli	756-1055	Wallyball League/Mid Island	www.volkssportingbc.ca	756-9796
Lacrosse/Field	Don Arnott	751-3657	Warriors Kung Fu & Tai Chi Club	Michael Kossey	390-9038
Lacrosse/Men's Field	Tammy McDougall	751-0944	Weightlifting Club (Crossfit Nanaimo)	www.warriors.us	716-1007
Lacrosse/Nanaimo & District Minor	Joel Cocarvell	618-3882	Wheelchair Sport Club/Mid Island	info@nanaimocrossfit.ca	667-5937
Lacrosse/Nanaimo Masters	www.nanaimolacrosse.ca	722-7067		Bert Abbott	741-9889
Lawnbowling Club/Beban Park	Farren Ferguson	758-8971			
Lawnbowling Club/Nanaimo	Harvey Hodgins	758-2718			
Lawnbowling Club/Visually Impaired	Paul Roughton	390-0379			
Martial Arts/Kenpo	Shirley Cole	758-1266			
Martial Arts/Nanaimo Mixed	www.kenpo-martial-arts.com				
Martial Arts/Nanaimo School of Internal	John Punt	741-1624/618-3327			
McGirr Sports Fields	Josh Crossley	753-7241			
Motorcross Association/Nanaimo	Sandra Tellman	756-1173			
Mountain Bike Club/Nanaimo	www.nanaimobmx.com				
Nanaimo Ultimate Association	Bill McMillan	758-9904			
Nanaimo Paddling Centre	Amy Tabata	740-5241			
PacificSport Vancouver Island	www.nanaimopaddling.com	754-1991			
Pickleball/Nanaimo Club	Catherine Edwards	250-754-6200			
Pony Club South/Nanaimo (Ages 6-21)	nanaimopickleball.org				
Quarterhorse Club	www.canadianponyclub.org				
Ringette Association/Nanaimo	Debbie MacLean	390-2080			
Rock Climbing Club/Romper Room	Jill Christie	739-2327			
Roller Derby/Brass Knuckle Derby Dames	Aaron Hamilton	751-7625			
Roller Derby/Candy Crushers Junior	Bridgette Duckett	751-5810			
Roller Derby/Harbour City Rollers	Amanda Gould	751-0096			
Rowing Club/Nanaimo	harbourcityrollers.com	714-4821			
Rugby/Nanaimo Hornets	Don Rinald	756-0570			
Rugby/Nanaimo Hornet Mini Youth	www.nanaimohornetsrfc.ca				
Running/Bastion Club	Christine De Vries	722-4682			
Sailing Co-op/Van Isle	www.bastionrunning.ca				
Skating Club/Nanaimo	www.visail.ca	751-1016			
Ski Club/Mt. Washington	www.nanaimoskatingclub.com	668-4758			
Slo Pitch/Men's & Mixed	Patricia Adams	758-5935			
Slo-Pitch Recreational League 50+	Mike Woods	756-4627			
Sno-Blazers Association/Mid Island	Mike Hunt	755-7052			
Soccer/Adult Co-ed	Blake Erickson	758-5440			
Soccer/Nanaimo & District Youth Assoc.	www.nanaimorecsoccer.com				
Soccer/Nanaimo United	Shawn Fiddick	729-9400			
Soccer/Upper Island Assoc.	Al Jorgansen	740-7206			
Softball/Ladies' Coffee League	www.uisoccer.ca				
Softball/Nanaimo & District	Teri-Dawn Wells	245-1341			
Softball/Nanaimo Minor Assoc.	Doug Cawthorne	754-1677			
Softball/Nanaimo Mixed	www.nanaimosoftball.ca				
Softball & Fastball - Nanaimo Breakers	Duane Spencer	754-6840			
Special Olympics	www.nanaimobreakers.com				
Squash Club/Nanaimo	www.sobcnanaimo.com				
Swim Club/Diamonds Synchronized	www.nanaimosquash.com	754-3123			
Swim Club/Master Ebbtides	nanaimodiamonds@outlook.com				
Swim Club/Riptides	Steve Ricketts	751-1506			
Swim Club/White Rapids	Scott Flood	714-1800			
Swim Team/BC Senior Games Zone 2(55+)	www.nanaimowhiterapids.ca	753-8176			
Table Tennis Club of Nanaimo	Jim Scantland	756-4849			
Tae-Kwon-Do Club of Nanaimo	Dan Ford	756-2147			
Tae-Kwon-Do/World Academy	Young Kim	760-0119			
Tai Chi/Mid-Island Club of Nanaimo	www.midislandtaichi.org	778-971-9233			
Tai Chi/Nanaimo Association	nanaimotaichi.org				
Tai Chi/Taoist Society	www.taoist.org	753-6905			
Tennis Club/Bowen Park	Sherri Loewen	758-4575			
Todo Kai Iaido Club	sds007@shaw.ca	www.todokai.ca			
Triathlon Club/Harbour City	Ross Palfery	758-9242			
Track & Field/Nanaimo Club	Sue Little	754-9266			

YOUTH CLUBS

4-H Club/Gabriola Island	Sue Boulton	247-9202
Air Cadets/Nanaimo	Captain Susan Morgan	390-2289
Al-Anon Alateen		754-3909
Army Cadets/2422	https://2422armycadets.ca	250-667-4706
Basketball/Friday Nite	Joan Hiemstra	758-3773
Boys and Girls Club/Central V.I.	Ian Kalina	754-3215
Canadian Girls In Training	Janice Grinnell	245-4016
Canadian Scottish (2422) Army Cadets		755-5361
Canoe/Kayak Club, Junior Racing Team	Ashley Rowe	758-4052
Central Island Youth Soccer Academy	Nick Brandstaetter	info@ciysa.ca
Choir/Nanaimo Youth	Marian Smith	758-2861
Curling Club/After School Junior Program		753-3474
Explorers/Cedar (8-11 yrs)	Janice Grinnell	245-4016
Girl Guides/Nanaimo	www.girlguides.ca	
Job's Daughters/International Order of	Jane Bourke	753-5203
Mind's Eye Youth Newspaper	mindseye@nysa.bc.ca	754-1989 Ext. 239
Nanaimo Breakers Softball & Fastball	www.nanaimobreakers.com	
Nanaimo Unique Kids Organization (Special Needs)	www.nuko.ca	585-6856
Navy League Cadets	65jpbell@gmail.com	753-3797
Rock Climbing Club/Romper Room	Aaron Hamilton	751-7625
Royal Canadian Army Cadets	Commanding Officer	755-5361
Scouts of Canada		1-888-726-8876
Sea Cadets of Nanaimo (12-18 yrs)	136sea@cadets.gc.ca	753-3797
Softball/Nanaimo Minor Assoc.	www.nanaimosoftball.ca	
St. John Ambulance Cadets		729-8889
Tillicum Lelum Aboriginal Friendship Center	educationcentre@tillicumlelum.ca	
Volleyball Club/Youth Girls/Nanaimo	http://members.shaw.ca/nanaimovolleyball/	
Young Naturalists Club/Nanaimo	Elke Wind	716-1119
Youth Alive Nanaimo	youthalivenanaimo.org	
Youth Services/One Stop	www.nysa.bc.ca	754-1989



Please note: Help us keep this list accurate and up-to-date by notifying us of any contact changes within your club or organization.

Please call 250-755-7510 to have your non profit club or organization listing updated or parksandrecreation@nanaimo.ca.