NEWS RELEASE

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Westwood Lake mountain bike trails expand

Three Bears opens on November 22

Summary

Mountain biking enthusiasts will soon have a new trail to explore at Westwood Lake Park with the opening of Three Bears, a new 1.1-kilometre flow trail that expands the park's diverse network of mountain biking opportunities. Westwood Lake Park is one of Nanaimo's most popular year-round recreation destinations and is home to an extensive and formally managed mountain bike trail network.

Three Bears is the first machine-built flow trail in Westwood Lake Park and within the City of Nanaimo's trail network. Designed as a blue-rated trail for intermediate riders, the 1.1-kilometre flow trail features a smooth, graded surface with sweeping turns and minimal roots creating a flowing riding experience that differs from the more traditional hand-built single-track trails found throughout the park. This new portion of the mountain bike trails opens on Sunday, Nov. 22.

The project was completed at a cost of $40,000, and further enhances the already popular mountain biking area that attracts riders from across the region. Nanaimo Mountain Bike Club partnered with the City on this project by offering design expertise.

Since 2019, the City of Nanaimo and the Nanaimo Mountain Bike Club have worked together to formalize and enhance mountain bike trails at Westwood Lake Park. Through this partnership, the NMBC conducts ongoing trail inspections and maintenance while collaborating with the City on trail planning and development.

The mountain bike trails within Westwood Lake Park connect directly to trail networks owned and managed by the Regional District of Nanaimo within Mount Benson Regional Park.

For more information on Westwood Lake Park, visit the City website [https://www.nanaimo.ca/parks-search/parks/32-Westwood-Lake-Park].

Strategic Link: The project supports the City's Integrated Action Plan objective to expand and diversify single-track trail opportunities at Westwood Lake Park.

Key Points

- Three Bears is a new 1.1-kilometre flow trail at Westwood Lake Park. It is rated blue and designed for intermediate level riders. It will open on Nov. 22.
- Three Bears is the first machine-built mountain bike trail in the park. The total project budget was $40,000.
- The trail features a smooth, graded surface with flowing turns and minimal roots.

Quotes

"Three Bears adds a new style of riding experience to Westwood Lake Park and is another example of what can be achieved through strong partnerships with community organizations like Nanaimo Mountain Bike Club. This new trail expands recreational opportunities for mountain bikers while supporting the continued growth and sustainability of Nanaimo's trail network."

Leonard Krog
Mayor
City of Nanaimo

Quick Facts

- Westwood Lake Park is one of Nanaimo's most popular park destinations and a year-round recreation hub located in the foothills of Mount Benson.
- Westwood Lake Park is home to Nanaimo's largest concentration of sanctioned mountain bike trails, ranging from beginner-friendly routes to advanced technical trails.
- The City of Nanaimo holds a maintenance agreement with NMBC. Other formally managed trails in the park include Westwood Loop Trail, K2, Binx, Brothers Five, Kilpatrick and Sempiternal.

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View the online edition for more information -
https://www.nanaimo.ca/NewsReleases/NR261119WestwoodLakeMountainBikeTrailsExpand.html