

## **NEWS RELEASE**

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# Fall GoByBike Week returns to Nanaimo with events, prizes and community spirit

Register now!

### **Summary**

Fall GoByBike Week is back from Sept. 27 to Oct. 3, 2025. Interested Nanaimo residents can register for free and take part in events, win prizes, cut emissions and get active with others in the community. Whether biking to work, school, errands or just for fun, every ride helps build a healthier, more sustainable Nanaimo.

Stop by celebration stations throughout the week, hosted by generous local sponsors. Participants can plan their bike routes accordingly to stop at the stations and enter to win prizes.

Numerous biking events are planned during Fall GoByBike and everyone is welcome. Kick things off at the launch event on Sept. 27 from 4 to 9 p.m. at Maffeo Sutton Park, with food, drinks, giveaways as well as a firework show as part of the Mid-Autumn Festival. Celebration stations will be located at the following locations throughout the week:

- Sept. 28, 9 to 11 a.m. NRGH (Dufferin entrance)
- Sept. 29, 7 to 9.30 a.m. Metral Drive & Mostar
- Celebration stations are paused on Sept. 30 in recognition of National Day for Truth and Reconciliation
- Oct. 1, 9 to 11 a.m. E&N trail, Giggleswick
- Oct. 2, 4 to 6 p.m. Museum Way (across from the Port Theatre)
- Oct. 3, 3 to 6 p.m. Wrap-up event, Maffeo Sutton Park

There will also be a film festival on Oct. 5 at the Malaspina Theatre starting at 5 p.m. For more information and to register, visit <u>GoByBike Nanaimo's page</u>.

Strategic Link: GoByBike Weeks support a green and connected Nanaimo as outlined in City Plan: Nanaimo Relmagined.

#### **Key Points**

- GoByBike Week is a province-wide initiative that encourages people of all ages to ride instead of drive.
  Participation is free, just register at www.gobybikebc.ca. GoByBike BC is also offering exciting prizes, so be sure to visit their website for full details.
- From friendly competition to community-driven fun, GoByBike Week keeps gaining momentum thanks to the passion of riders, volunteers, local sponsors and partners. Be part of the movement and help shape Nanaimo into a city that embraces sustainable travel one ride at a time.

#### **Quotes**

"GoByBike Week is more than a celebration of cycling, it's a movement toward a healthier, greener and more connected Nanaimo. Whether you're commuting, running errands, or just enjoying the ride, every pedal stroke counts. We're proud to support this province-wide initiative and grateful to the volunteers, sponsors and community members who make it possible. Let's keep the momentum going. Register, ride and inspire others to join in!"

Madeleine Koch Active Transportation Project Specialist City of Nanaimo

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#### Contact:

For media enquiries, please contact: Communications City of Nanaimo media.requests@nanaimo.ca 250-754-4251



View the online edition for more information -

https://www.nanaimo.ca/NewsReleases/NR250917FallGobybikeWeekReturnsToNanaimoWithEventsPrizesAndCommunitySpi