

NEWS RELEASE

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Family Day activities with Parks, Recreation and Culture

Free events for the community

Summary

The City of Nanaimo Department of Parks, Recreation and Culture has announced the many activities available on Family Day at three recreation facilities. Supported by the Province of British Columbia, the following free family-friendly events will take place on Monday, Feb. 19:

Oliver Woods Community Centre, 9 a.m. - 3 p.m.

- Bouncy castles
- Arts, crafts, face painting
- Scavenger hunt
- Story Time with Miss Lynn (please pre-register for a session)
- Family Yoga with Gypsy (please pre-register for a session)
- Basketball, 9-11 am
- Floor hockey and soccer, 11 am-1 pm
- Open gym, 1-3 pm
- Food trucks on site
- StoryWalk®
- Photo booth

Skating at Frank Crane Arena

- Stick 'n' Puck, 11:30 am-1 pm
- Everyone Welcome Skate, 1:15-3:15 pm (sponsored by Lisa Marie Barron, MP Nanaimo-Ladysmith)
- StoryWalk®

Nanaimo Aquatic Centre, 12-5 pm

- Family fun activities in the Jack Little Room
- Everyone Welcome Swim
- StoryWalk®

More information and registration details for the Story Time and Family Yoga can be found at www.nanaimo.ca.

Strategic Link: Providing free and low cost recreation activities supports a livable community.

Key Points

- These events are free thanks to support from the Province of British Columbia.
- Events take place at Oliver Woods Community Centre, Frank Crane Arena and Nanaimo Aquatic Centre.

Quotes

"Thanks to the support from the Province of British Columbia, the City of Nanaimo is able to offer a variety of free activities for our community. I invite you to participate in one or all of the activities as we celebrate Family Day allowing families to spend quality time together and engage in activities that promote togetherness and bonding."

Leonard Krog
Mayor
City of Nanaimo

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