

NEWS RELEASE

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Register for fall programs with Parks, Recreation and Culture

Summary

The City of Nanaimo, Department of Parks, Recreation and Culture is offering recreation and culture programs for the upcoming fall season. This includes swimming and skating lessons and courses in art, music, cooking, dance, fitness, yoga, first aid and more. In addition, there will be information on community events, including Rivers Day and a Family Fishing Challenge. The fall Activity Guide features information and fun facts on pools - how staff are trained and how much water it really takes to fill the pool.

Registration for programs begins on Wednesday, August 16.

Residents can look for program offerings in the following ways:

- View an online PDF of the Fall Activity Guide starting on Friday, August 11
- Pick up a hard copy of our program guide at Bowen Park, Beban Park Social Centre, Oliver Woods Community Centre and Nanaimo Aquatic Centre starting on Monday, August 14 (for those who do not have online access; limited copies available)
- Visit recreation.nanaimo.ca and choose "Register for a Program" to search programs by various categories and key words (for the best user experience, please choose Chrome as the browser)

Register online through recreation.nanaimo.ca (accounts should be set up in advance of registration day), by telephone at 250-756-5200 or in-person at Beban Park, Bowen Complex, Oliver Woods Community Centre and Nanaimo Aquatic Centre.

Strategic Link: The City of Nanaimo is offering programs that improve the health, wellness and livability of its citizens in our community.

Key Points

- Registration for fall programs begins on Wednesday, August 16.
- The online guide is available for viewing on Friday, August 11.
- The Fall Activity Guide has information on recreation and culture programs, events, facility updates and other community services.

Quotes

"This fall season, the Department of Parks, Recreation and Culture's new tagline is 'Make a Move'. This is a way to encourage citizens to participate in a variety of recreation and culture programs, attend a special event or to visit the many parks and trails in our community. The Fall Activity Guide is full of ways to get you moving and helping you stay active this fall season and year round."

Leonard Krog
Mayor
City of Nanaimo

Continued... Register for fall programs with Parks, Recreation and Culture

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