

## NEWS RELEASE

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### **Nanaimo celebrates 2023 Youth Week**

*Events planned from May 1-7*

#### **Summary**

The City of Nanaimo is pleased to present the 2023 Youth Week celebrations. Activities are planned from May 1 to May 7, all with the intent of celebrating youth in Nanaimo.

Highlights include youth drop-in sessions (Spare Blox and Youth Lounge), a variety of workshops, including Food Securities, Youth Empowerment, Financial Literacy and Mental Health, as well as a Buttertubs Tour and a Learn to Fish session. Most activities offered during Youth Week are free, and details can be found on the YOUTH Nanaimo Facebook page and on the City of Nanaimo website, [www.nanaimo.ca](http://www.nanaimo.ca).

*Strategic Link:* Youth Week aims to connect and engage with youth in our community.

#### **Key Points**

- Youth Week events are geared to youth between the ages of 11 and 18 years.
- There are various events scheduled over seven days from May 1-7, 2023.
- Some activities are drop-in while others require pre-registration with Parks, Recreation and Culture.

#### **Quotes**

"The cliché is true. The youth are our future! Youth Week is a great chance to celebrate the young citizens in our community and to remember all the energy, enthusiasm, as well as the contributions they make to enhance our City. I invite all youth to participate in activities that happen from May 1 to 7."

Leonard Krog  
Mayor  
City of Nanaimo

#### **Quick Facts**

- Youth Week is celebrated across BC and Canada annually from May 1-7.

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