

HOLIDAY SWIMMING SCHEDULE

December 19, 2021-January 1, 2022

NANAIMO AQUATIC CENTRE

PROGRAM	Sun, Dec 19	Mon, Dec 20	Tue, Dec 21	Wed, Dec 22	Thu, Dec 23	Fri, Dec 24	Sat, Dec 25
Everyone Welcome	6-9 am 2-10 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-4 pm	CLOSED
50 Metre Lane Swim			6-9 am		6-9 am		
25 Metre Lane Swim <small>*Bulkheads moved from 9-9:15 am on weekdays; no lanes available.</small>	6-9 am 2-10 pm	6 am-2 pm* 2:45-10 pm	9:30 am-10 pm*	6 am-2 pm* 2:45-10 pm	9:30 am-10:30 pm*	6 am-4 pm*	
Waves	2-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-4 pm	
Waterslides	2-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-4 pm	
CLEANING CLOSURE - POOL UNAVAILABLE	9 am-2 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	
Weight Room	6 am-10 pm	6 am-10 pm	6 am-10 pm	6 am-10 pm	6 am-10 pm	6 am-4 pm	
AQUAFIT **							
Therapy Aquafit (1 hr)		8:30-9:30 am		8:30-9:30 am		8:30-9:30 am	CLOSED
Shallow Water Aquafit (45 min)		10:15-11 am		10:15-11 am		10:15-11 am	
Deep Water Aquafit (45 min)		7:15-8 pm	10:15-11 am	7:15-8 pm	10:15-11 am		
PROGRAM	Sun, Dec 26	Mon, Dec 27	Tue, Dec 28	Wed, Dec 29	Thu, Dec 30	Fri, Dec 31	Sat, Jan 1
Everyone Welcome	12-5:30 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-2 pm 2:45-10 pm	6 am-8 pm	CLOSED
50 Metre Lane Swim			6-9 am		6-9 am		
25 Metre Lane Swim <small>*Bulkheads moved from 9-9:15 am on weekdays; no lanes available.</small>	12-5:30 pm	6 am-2 pm* 2:45-10 pm	9:30 am-10 pm*	6 am-2 pm* 2:45-10 pm	9:30 am-10 pm*	6 am-8 pm*	
Waves	12-5:30 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-7 pm	
Waterslides	12-5:30 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-9 pm	11 am-7 pm	
CLEANING CLOSURE - POOL UNAVAILABLE		2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	
Weight Room	12-5:30 pm	6 am-10 pm	6 am-10 pm	6 am-10 pm	6 am-10 pm	6 am-8 pm	
AQUAFIT **							
Therapy Aquafit (1 hr)		8:30-9:30 am		8:30-9:30 am		8:30-9:30 am	CLOSED
Shallow Water Aquafit (45 min)		10:15-11 am		10:15-11 am		10:15-11 am	
Deep Water Aquafit (45 min)		7:15-8 pm	10:15-11 am	7:15-8 pm	10:15-11 am		

****Due to the popularity of aquafit classes, pre-registration up to 8 days in advance is required to secure a spot.**



BEBAN PARK POOL

PROGRAM	Sun, Dec 19	Mon, Dec 20	Tue, Dec 21	Wed, Dec 22	Thu, Dec 23	Fri, Dec 24	Sat, Dec 25
Everyone Welcome No main pool or lap swimming available		6-11 am	6-11 am	6-11 am	6-11 am	6-11 am	CLOSED
Waterslides		Available upon request					
Weight Room		6-11 am	6-11 am	6-11 am	6-11 am	6-11 am	
PROGRAM	Sun, Dec 26	Mon, Dec 27	Tue, Dec 28	Wed, Dec 29	Thu, Dec 30	Fri, Dec 31	Sat, Jan 1
Everyone Welcome No main pool or lap swimming available		6-11 am	6-11 am	6-11 am	6-11 am	6-11 am	12-5 pm* *Activate 2022 Event
Waterslides		Available upon request					
Weight Room		6-11 am	6-11 am	6-11 am	6-11 am	6-11 am	12-5 pm

recreation.nanaimo.ca
250-756-5200

