

## NEWS RELEASE

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### Westwood Lake lifeguards on duty starting Tuesday, June 29

#### Summary

After a year of being away due to the pandemic, the City of Nanaimo Parks, Recreation and Culture Department is pleased to announce that lifeguards will be back on duty at Westwood Lake Park daily from 12 pm to 6 pm starting June 29 until September 5, 2021, including Canada Day, BC Day and Labour Day (weather permitting).

Besides daily lifeguarding at Westwood Lake, Parks, Recreation and Culture staff will also be leading registered camps, including Junior Lifeguard Summer Camp, Mermaid Camp and Survivor Camp for ages 8 to 12. Swimming lessons will also be taking place between July 6 and September 2. Check the City of Nanaimo's online Activity Guide or call 250-756-5200 for information on these programs and others being offered at other locations.

*Strategic Link:* Having lifeguards at beaches enhances the livability of the Nanaimo community.

#### Key Points

- Lifeguards will be on duty at Westwood Lake daily from 12 pm to 6 pm starting June 29 until September 5, including Canada Day, BC Day and Labour Day.
- Swimming lessons are available in Westwood Lake from July 6 to September 2. There are three sessions to choose from and take place twice a week.

#### Quotes

"Nothing says summer in Nanaimo like swimming in Westwood Lake. It's great to have the lifeguards back this year after not being able to last year due to the pandemic. It's just another sign that life is getting back to normal in Nanaimo as more recreation opportunities return."

Leonard Krog  
Mayor  
City of Nanaimo

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