

## NEWS RELEASE

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### Join the ParkIt Challenge

#### Summary

This July and August, join the City of Nanaimo's Parks, Recreation and Culture ParkIt Challenge to discover the parks in your own neighbourhood from the list below. PARK your car and then WALK, RIDE your bike or SCOOT to the area and then participate in some activities (pack a picnic, kick a soccer ball, play "tag", bird watch...just some ideas) for a chance to win some prizes.

Let us know what you did by sending us a photo through Instagram (@nanaimoparksandrecreation) using the hashtag #ilovemyparksandrec or emailing us your photo to parksandrecreation@nanaimo.ca. Be creative, and share with us what you did to discover your neighbourhood parks! At the same time, you may learn some interesting things about the parks all around you. For example, did you know that Westwood Lake used to be a dairy farm and that remnants of that farm still sit at the bottom of the lake? Did you know that Pawson Park is one of the oldest established parks in the City and was named after Major John Pawson?

Here are the neighbourhood parks to check out this summer:

**SOUTH END PARKS:** Bowen Park, Cariboo Park, Cinnabar Valley Park, Comox Park, Country Hills Park, Janes Park, Pawson Park, Petroglyph Park, Ranchview Park, Westwood Lake Park

**CENTRAL PARKS:** Beban Park, Brackenwood Park, Diver Lake Park, Forest Drive Park, Hawthorne Park, Keighley Park, Maffeo Sutton Park, Mansfield Park, Staffordshire Park, Westwood Lake Park

**NORTH END PARKS:** Brookwood Park, Carmanah Park, Cottle Creek Park, Daynes Park, Groveland Park, Kenwill Park, Linley Point Gyro Park, Roxanne Park, Westdale/Leslie Park, Westhaven Park

Our Parks, Recreation and Culture Quest Team will be visiting these parks randomly throughout the summer to give out swag and meet you. They will also be doing random acts of kindness on Wednesday, July 29, 6 pm at Maffeo Sutton Park and on Wednesday, August 19, 6 pm at Neck Point Park.

*Strategic Link:* The City of Nanaimo is committed to enhancing the livability of its residents.

#### Key Points

- By visiting your local neighbourhood parks and showing us that you were there, you will be entered into a draw for some great prizes.
- COVID-19 guidelines will be followed by the Quest Team as they do random acts of kindness.

#### Quotes

"This summer, discover all of the parks right in your own neighbourhood. Nanaimo is lucky to have so many parks. Visit a new park and discover what it has to offer. Each time you do, send us your photo, and you will be entered into a draw for a prize."

Cheryl Krytor  
Recreation Coordinator  
City of Nanaimo

Continued... Join the ParkIt Challenge

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