

NEWS RELEASE

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Practice Physical Distancing While in the Parks and on the Trails

To Stop the Spread of COVID-19

Summary

To stop the spread of COVID-19, the City of Nanaimo is reminding residents to always practice physical distancing while in Nanaimo's parks and while on the trails. Physical distancing is defined as being at least two metres (6 feet) away from anybody who is not part of your household.

To help remind citizens of this important practice, signs have been produced and have been installed in parks and at trailheads. These signs provide a list of "do's" and don'ts" while recreating in the outdoors, including using these areas only if you are healthy and without any symptoms of the virus.

Strategic Link: The City of Nanaimo is committed to the safety and well-being of its residents.

Key Points

- Social/physical distancing has been shown to be effective in preventing the community spread of COVID-19.
- City of Nanaimo facilities, playgrounds, fields, tennis courts, pickle ball courts, gated dog off-leash areas and other amenities remain closed to prevent the spread of COVID-19.

Quotes

"We understand how important getting fresh air and exercise are during this time of social isolation, but we need residents to always practice physical distancing while in the parks and trails. We ask that residents take the time to read the signs and follow their guidelines to keep us all healthy and safe."

Art Groot
Director, Facility & Parks Operations
City of Nanaimo

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Contact:

Art Groot
Director, Facility & Parks Operations
City of Nanaimo
250-755-7542



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