

## NEWS RELEASE

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### **Mark Your Calendars for Free Family Fun This Summer**

City of Nanaimo Parks and Recreation invites families to "take a moment" this summer and participate in the many free summer programs being offered.

"We're looking forward to another fun-filled summer in Nanaimo's parks," Deb Beck, Recreation Coordinator said, "This year's solid line up of events provides many opportunities for locals and visitors to enjoy our parks, get some exercise, fit in some family fun and learn something new."

Find the Golden Bucket kicked off in May and will run through to July 26. Each Wednesday morning, a clue to a new park where the bucket is hiding is posted. Once participants solve the location clue, they'll search for the bucket. Inside the bucket will be a question. Send answers to [parksandrecreation@nanaimo.ca](mailto:parksandrecreation@nanaimo.ca) to be entered to win weekly prizes and a grand prize of a kayak experience for six people.

Celebrate Oceans Day at Maffeo Sutton Park on June 8 from 2 - 4 pm. There will be marine touch tanks, a Snuneymuxw fishing wier demo, interactive games and much more.

Family Fishing Day take place in Colliery Dam Park on Sunday, June 17 from 10 am - 2 pm. Learn to fish, make some crafts, play games and help with a trout release.

The Summer Playground Program will run from July 4 - August 29 and is designed for children between the ages of 5 - 12 years old to participate with their parents between 10 am and 3:30 pm. This program, consisting of crafts, games, sports and other activities, will run Monday through Friday in six of Nanaimo's parks and is fun for the whole family.

Three Family Fun Nights are being held in June, July and August. Similar to the Playground Program, families can join in on games, music, crafts and other activities between 4-7 pm.

The Concerts in the Park series kicks off July 4 with lunchtime and evening performances in Maffeo Sutton Park and at the Bowen Park Amphitheatre. With an exciting line up of entertainers to watch and many different music styles to pick from, there is a show for everyone.

Coast Capital Savings has brought back their Random Acts of Recreation Kindness this year with free swims and skates. Once a month an everyone welcome skate and swim are scheduled at various City facilities throughout the summer. Be sure to check the events page at [www.nanaimo.ca](http://www.nanaimo.ca) for dates, times and locations.

Last but not least, don't forget the Water Parks are running between 9 am - 8 pm now until September.

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Continued... Mark Your Calendars for Free Family Fun This Summer

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