

NEWS RELEASE

Distributed October 13, 2017

Workplace Bullying Awareness Week is October 15 to 21

Bringing awareness to the importance of healthy and safe work environments

The City of Nanaimo has proclaimed October 15 to 21 Workplace Bullying Awareness Week. This week is aimed to provide British Columbians with education and awareness of how workplace bullying affects our lives and our work.

The goal of this week is to help employers and employees develop healthy and safe work environment practices, minimize isolation, and prevent and decrease harm. John Van Horne, the City's Director of Human Resources, states, "Building awareness of this issue, and of our rights and responsibilities to each other in our workplace, is an important step to fostering the positive, safe and healthy work environment that the City of Nanaimo strives to provide for its employees."

Spearheaded by the Alberta Bullying Research, Resources & Recovery Centre Inc. (ABRC), their website www.abrc.ca offers a number of resources geared towards bringing awareness to issues of bullying in the workplace. Trish Scoular, ABRC's representative for Vancouver Island, says, "We are excited to work together with our communities so that we can educate and make available resources and tools that will support employers and employees in the workplace."

Workplace Bullying Awareness Week marks the start of a nationwide campaign aimed at bringing awareness to the variety of resources available to assist employers and employees.

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