

## NEWS RELEASE

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### Lifeguards on Duty at Westwood Lake

#### Summary

The City of Nanaimo would like to remind residents and visitors that lifeguards are on duty daily from 12 - 6 pm at Westwood Lake.

Throughout the summer, the City will be offering a number of swimming lessons and day camps in Westwood Lake Park. In August, join staff for an afternoon of Hawaiian-themed games with the Hawaiian Holiday Aquatic Event. More information on summer programs and events can be found in the Spring and Summer Activity Guide.

*Strategic Link:* Cultural Vitality; Taking Responsibility to be an Excellent Municipal Government

#### Key Points

- As of June 25 Lifeguards have been on duty at Westwood Lake daily from 12:00 pm to 6:00 pm and will be there until September 4, including Canada Day, BC Day and Labour Day. Weather dependant.
- To register for swimming lessons, Mermaid Camp, Survivor Swim Camp, Discover Paddleboarding class and more visit [ireg.nanaimo.ca](http://ireg.nanaimo.ca) or call 250-756-5200.
- Hawaiian Holiday, a free special event, will be held at Westwood Lake Park from 1:00 pm to 3:00 pm on Friday, August 4.

#### Quotes

"We have a fantastic line up of events and activities planned at Westwood Lake this summer! We encourage you to join us at this beautiful park and enjoy outdoor aquatics."

Taz Hartwick  
Recreation Coordinator - Aquatics  
City of Nanaimo

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