

## NEWS RELEASE

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### City to host Family Day weekend activities

#### Summary

This Family Day holiday weekend, the City of Nanaimo is celebrating family play with special family-focused events. On Sunday, February 12, Oliver Woods will be offering Gym Pals from 10:00 am to 2:00 pm for the price of \$1.50 per child in recognition of Canada's 150th Birthday. Gym Pals is available for kids between the ages 1-4 with parent participation required. Activities provided encourage climbing, riding, jumping and playing. Both gyms will be open and prizes will be given out.

On Monday, February 13, a Family Fun Day swim will be held at the Nanaimo Aquatic Centre (NAC) and the Nanaimo Ice Centre (NIC) will host a variety of family skates. Please check the Public Schedules on the City website for more information.

*Strategic Link:* This priority supports a healthy, active, thriving community for the benefit and enjoyment of residents and visitors alike.

#### Key Points

- Family Day Everyone Welcome swim will be on Monday, February 13 from 12-6 pm with family-oriented activities led by aquatic staff offered between 1-3 pm at NAC.
- Family Day Skates at NIC on Monday, February 13. Everyone Welcome 12-1:30 pm, Parent & Tot 1:30-2:30 pm, Everyone Welcome 1:45-3:15 pm, Stick 'n' Puck 12:15-1:15 pm and again 2:45-3:45 pm.
- Regular admission rates apply.
- All other City facilities and offices will be closed on Monday, February 13 for the Family Day holiday.

#### Quotes

"We would like to wish everyone a fantastic Family Day weekend and invite you to come join us for some swimming and skating fun in NAC & NIC."

Michial Seginowich  
Recreation Coordinator  
City of Nanaimo

#### Quick Facts

- British Columbia began observing Family Day on the second Monday of February in 2013.

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<http://cnan.ca/2kisjbW>