

# TERRY FOX RUN

FOR CANCER RESEARCH

SUNDAY SEPT 18, 2016

*"The answer is to try and help others"*

— TERRY FOX



**Walk/Run Start:** 10:00 AM - **Registration:** 9:00 AM

**Distances:** 2K family walk and 5K run/walk

**Participate by:** Getting sponsors, making a donation or just come out to support Terry's dream

**Location:** Bowen Park Complex, 500 Bowen Road, Nanaimo  
Come and enjoy the fun and support Terry's dream.

Fresh CUPCAKES, fruit and certificates for all participants.

Sponsor sheets at most City of Nanaimo Buildings and Frontrunners.

**TERRYFOX.ORG / 1.888.836.9786**



**THE TERRY FOX  
FOUNDATION**