

## NEWS RELEASE

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### Run, walk or wheel for the 36th Annual Terry Fox Run

#### Summary

On Sunday, September 18, 2016, join Canadians across the country in the 36th Annual Terry Fox Run as they run, walk or wheel to keep Terry's dream alive, and raise funds in support of cancer research.

This year's run will start in Bowen Park with registration beginning at 9:00am in the Bowen Park Complex and the run starting at 10:00am. Registration is free and pledge forms can be picked up in advance at most City recreation facilities.

*Strategic Link:* Recreation, Culture, Sports, and Tourism; Community Wellness; An Active Lifestyle

#### Key Points

- The Terry Fox Run will start at 10:00am on Sunday, September 18 at the Kin Pool parking lot in Bowen Park.
- The 5km route circles Buttertubs Marsh and the 2km route circles the Bowen West Field.
- Participants can donate upon registration on site the day of the race.

#### Quotes

"Like many Canadians, I remember raising money in Terry Fox's very first Marathon of Hope. He was an inspiration to us all and people around the world. I am pleased to see our community continue Terry's legacy year after year."

Bill McKay  
Mayor  
City of Nanaimo

"I feel privileged to be a small part in helping Terry's dream come true and proud to be a member of Nanaimo's great community where The Terry Fox Run is powered fully by this area's generous donations and volunteers."

Kathleen Van Doorn  
Nanaimo Run Organizer  
Terry Fox Run

#### Quick Facts

- Since Terry's Marathon of Hope in 1980, the Terry Fox Foundation has raised over \$650 million worldwide in Terry's name. Nanaimo remains a strong supporter of the Terry Fox Run; with more than 350 participants in 2015, generating more than \$25,000 for the cause.

Continued... Run, walk or wheel for the 36th Annual Terry Fox Run

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