

NEWS RELEASE

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Bike to Work Week cycles into Nanaimo for another year

Summary

It's that time of year again to dust off those helmets and tune up those bikes, Nanaimo. Monday, May 30 kicks off the annual Bike to Work and Bike + Walk to School Week; a week to promote and encourage commuting by bicycle. A variety of events have been planned including celebration stations and a Wrap-Up BBQ at Woodlands Secondary School on Friday, June 3.

Visit Nanaimo's Bike to Work Week page for more information and to register as a participant.

Strategic Link: Bike to Work Week falls under the Transportation and Mobility Priority in the City of Nanaimo's Strategic Plan to reduce car dependency and increase active transportation.

Key Points

- Both Bike to Work Week and Bike + Walk to School Week run from May 30 - June 5.
- Participants and students can visit the daily Celebration Stations to enjoy refreshments, mini bike tune-ups and enter to win daily prizes including a chance to win one of two grand prizes of a new bike courtesy of Arrowsmith Bikes and Rock City Cycles which will be drawn at the June 3 Wrap-Up BBQ.
- Register online for Bike to Work Week and enter to win a cycling trip in Vietnam and other prizes.

Quotes

"This event just continues to grow with more residents discovering the awesome benefits of cycling as an alternative form of commuting. It's going to be another great year to get on our bikes and ride to work and school in Nanaimo!"

Rob Lawrance
Environmental Planner
City of Nanaimo

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Contact:

Deborah Beck
Recreation Coordinator
City of Nanaimo
deborah.beck@nanaimo.ca
250-756-5203



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