

NEWS RELEASE

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Its Emergency Preparedness Week May 1st to May 7th

Are you ready?

Summary

As we go about our everyday lives, emergencies may seem like a distant possibility. Emergencies, however, can happen anytime and anywhere. Preparing an emergency kit, having an emergency plan and knowing the risks are crucial to minimize the impact. Being prepared is important and something the whole family can do. By taking a few simple steps, you can be ready to face a range of emergencies that can occur and minimize the impact on you and your loved ones.

Mark Emergency Preparedness Week by making a kit. For more information about how you can prepare for emergencies visit www.nanaimo.ca and visit the Emergency Management page. Here you will find information and links on how you can prepare your families and workplace for emergencies.

On May 28th, the City of Nanaimo along with major sponsors Insurance Bureau of Canada, Woodgrove, Island Radio and the BC Quake Alliance will be hosting the Emergency Preparedness Expo at Woodgrove. On site will be the "Quake Zone" earthquake simulator where residents can find out what it feels like to be in an earthquake as well as receive valuable information on how to prepare for an emergency.

Strategic Link: The City is committed to Public Safety.

Key Points

- Emergency Preparedness Week is a national event coordinated by Public Safety Canada.
- The City of Nanaimo is encouraging residents to make a kit during this week or check their kits if you already have one.
- Emergency Preparedness Expo at Woodgrove on May 28 will feature an earthquake simulator where residents can experience what it feels like to be in an earthquake.

Quotes

"Emergency Preparedness Week is a reminder of the unpredictability of emergency situations and the importance of being prepared as individuals and as a community. In a disaster affecting a community, some services we take for granted might be unavailable for several days or even longer. Families should be prepared to take care of themselves at the very minimum for 72 hours, however, due to Nanaimo's location on an island it is recommended that we all prepare for 7 days."

Karen Lindsay
Emergency Program Manager
City of Nanaimo

Quick Facts

- There are over 5000 earthquakes in Canada per year.
- Approximately 85% of Canadians agree that having an emergency kit is important in ensuring their and their family's safety, yet only 40% have prepared or bought an emergency kit.

Continued... Its Emergency Preparedness Week May 1st to May 7th

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