

## NEWS RELEASE

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### Nanaimo Youth Resource Guide Released

#### Summary

The Nanaimo Youth Resource Guide is now available to all community members. After undergoing a full redesign in 2015, the guide has been updated and is now ready for distribution as a digital file.

The Youth Resource Guide aims to centralize information on services available to young people in Nanaimo. Types of services included are: support for drug and alcohol abuse, employment services, housing, mental health, access to low cost/no cost food, drop-in programs, and recreation opportunities. New features include QR codes which link young people to public transit schedules and to the City of Nanaimo's Parks and Trails guide. Over 50 organizations are represented on the guide, which is produced by the Youth Advocates Committee.

The digital-only format allows community organizations and young people to print the guide on an as-needed basis.

*Strategic Link:* Social Equity - Creating an inclusive, supportive community for all citizens.

#### Key Points

- The Youth Resource Guide will be available digitally through a number of organizations, and can be found on the City of Nanaimo's website.
- Organizations who would like to be included in future versions of the guide, or are interested in the Youth Advocates Committee are encouraged to email [youth@nanaimo.ca](mailto:youth@nanaimo.ca).

#### Quotes

"The Youth Advocates Committee is very excited to re-launch the Youth Resource Guide. This update has been in the works for quite some time, and we believe the re-designed document offers a valuable resource for both young people and youth workers alike."

Megan Lum  
Recreation Coordinator  
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