

## NEWS RELEASE

Distributed August 11, 2015

### Fall and winter Activity Guide available starting August 19

#### Summary

With summer holidays winding down and a new school year coming up, the City of Nanaimo Fall and Winter Activity Guide will be available for viewing on the City's website August 19 and ready to pick up starting August 22.

The guide features a variety of programs and events for all ages at facilities and parks throughout Nanaimo as well as information on other community programs. Starting Wednesday, August 26, registrants can sign up for programs such as prenatal yoga, rookie boot camp, indoor tennis lessons, bike maintenance, beginner violin, musical theatre, cheese making, Aloha hula, Chinese conversation, Rivers Day tours, drop-in swimming lessons and skating lessons.

For online registration login information, contact the City at 250-756-5200.

*Strategic Link:* The Fall/Winter Activity Guide supports the Cultural Vitality pillar in the 2012-2015 Corporate Strategic Plan by promoting a broad concept of culture encompassing creativity/innovation, arts, heritage, ethnicity, sport, recreation and leisure lifestyles.

#### Key Points

- The Fall and Winter Activity Guide will be out Saturday, August 22 and can be picked up at City of Nanaimo recreation facilities, local grocery stores, malls and libraries.
- The Fall and Winter Activity Guide will be available for viewing online starting Wednesday, August 19.

#### Quotes

"With a wide variety of programs, special events and community information, the Fall and Winter Activity Guide really meets the needs and interests of Nanaimo residents. Pick up your copy today and see for yourself."

Ian Thorpe  
Councillor and Chair of Parks & Recreation Commission  
City of Nanaimo

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