

# **NEWS RELEASE**

Distributed July 15, 2015

# Drowning Prevention Week to kick off with event at Westwood Lake

## **Summary**

July 19 kicks off National Drowning Prevention Week. The City of Nanaimo Parks, Recreation and Environment department invites the public to a fun day focusing on water safety. The kick-off event runs from 1:00 pm to 3:00 pm in Westwood Lake Park. Activities include Swim to Survive skills demonstrations, games and contests.

Strategic Link: Taking Responsibility to be an excellent municipal government

## **Key Points**

- A Drowning Prevention Week kick-off event will be held in Westwood Lake Park on Sunday, July 19 from 1:00 pm to 3:00 pm.
- National Drowning Prevention Week (July 19-25) raises awareness of the need for drowning prevention.

#### **Quotes**

"The most important water skill one can learn is drowning prevention. Join us on Sunday for some fun activities with an emphasis on water safety."

Michial Seginowich Recreation Coordinator - Aquatics City of Nanaimo

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