NEWS RELEASE

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Hockey Teammates Save Players Life Using AED

AED's save lives

Summary

On Thursday, November 20th during a Nanaimo Oldtimers hockey league game a 34 year old player went into cardiac arrest on the players bench.

Teammate Clayton Wilcox and Darren Chadwick, a goal tender for opposing team responded immediately. After assessing the condition and finding no pulse Darren started CPR and Clayton retrieved the on site Automated External Defibrillator. 911 was called and Nanaimo Fire Rescue responded immediately. The player was conscious when transported to NRGH.

Early reports indicate that the player is doing well and will recover without any permanent damage.

Strategic Link: Taking Responsibility

Key Points

- AED stands for Automated External Defibrillator. It is a simple to use device which shocks the heart of a person in cardiac arrest back into a rhythm, greatly increasing their chance of survival. The City of Nanaimo began installing AED's in many of its public facilities in 2008.
- This is the third time an AED has been deployed in the Nanaimo rinks. At Nanaimo Ice Centre in 2009 and at Cliff McNabb Arena in 2010. The AED combined with ice users (members of the public) have successfully saved lives.

Quotes

"The City is committed to ensuring public safety in our recreation facilities. Having AED's located in our arenas, as well as the public being made aware of their location, has directly contributed to saving lives."

Darcie Osborne
Arena Manager
City of Nanaimo

"Early CPR and the right equipment on hand is super important. With these two things people will survive. I have experience but you don't need it if you have the right equipment. The AED made a difference, every little bit just makes it easier."

Darren Chadwick
Goal tender, paramedic
Member of the Community

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