




**PROCLAMATION
EATING DISORDER AWARENESS WEEK
FEBRUARY 1 – 7/2015**

WHEREAS: eating disorders are the number one cause of death among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability. Stigma and secrecy still surround eating disorders, causing many people who are suffering to refrain from seeking help, and to struggle in silence; and

WHEREAS: Eating Disorder Awareness Week (EDAW) seeks to raise awareness of the prevalence and impacts of eating disorders, to shed light on the dangerous myths that surround them and to celebrate the natural diversity of bodies; and

WHEREAS: the National Eating Disorder Information Centre (NEDIC) is Canada's oldest national organization dedicated to helping those with eating disorders and was a founding member of the international drive to institute EDAW. NEDIC provides education and information as well as support and referrals for those with eating disorders, their families, friends and health care professionals.

NOW, THEREFORE, I, Bill McKay, Mayor of the City of Nanaimo, do hereby proclaim February 1 – 7, 2015 as Eating Disorder Awareness Week throughout Nanaimo and encourage citizens to learn more about eating disorders and food and weight preoccupation.



Bill McKay
MAYOR



DATED THIS 16TH DAY OF DECEMBER, 2014.