

PROCLAMATION

HEART MONTH FEBRUARY/2014

WHEREAS:

the Heart and Stroke foundation is a community-based organization

whose mission statement is:

"The Heart and Stroke Foundation, a volunteer-based health charity, leads in eliminating heart disease and stroke and reducing their impact through the advancement of research and its application, the

promotion of healthy living, and advocacy"; and

WHEREAS:

the Heart and Stroke Foundation funds pioneering scientific research,

which has saved the lives of countless Canadians; and

WHEREAS:

February is Heart Month in Canada, during which time dedicated Heart and Stroke Foundation *Person to Person* volunteers join together with their neighbours to raise vital funds for the Foundation's work;

and

WHEREAS:

we commend and celebrate the committed researchers, staff, and volunteers of the Heart and Stroke Foundation for their dedication to

the battle against heart disease and stroke.

NOW THEREFORE, I, John Ruttan, Mayor of the City of Nanaimo, proclaim that the month of February be observed as "Heart Month" in the City of Nanaimo and I urge all citizens to contemplate their own heart health and to give as generously as they can to the Heart and Stroke Foundation Person to Person Campaign. Together, we can give

Canadians more time and more life.

John Ruttan MAYOR

DATED THIS 19TH DAY OF DECEMBER, 2013.